# The Incredible Years Ireland study

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
22/01/2011		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
21/04/2011	Completed	☐ Results		
Last Edited	Condition category	Individual participant data		
21/04/2011	Mental and Behavioural Disorders	☐ Record updated in last year		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Sinead McGilloway

#### Contact details

Mental Health and Social Research Unit Department of Psychology National University of Ireland Maynooth Ireland N/A +353 (0)1 708 4765 Sinead.McGilloway@nuim.ie

# Additional identifiers

**Protocol serial number** N/A

# Study information

#### Scientific Title

An evaluation of the effectiveness of the Incredible Years BASIC parent training and small group DINA programmes for children with symptoms of attention deficit hyperactivity disorder (ADHD)

# Study objectives

The Incredible Years BASIC parent training and small group DINA programmes will affect (short-term) emotional and behavioural outcomes for children with symptoms of attention deficit hyperactivity disorder (ADHD).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

- 1. NUI Maynooth Social Research Ethics Sub-Committee approved in November 2010
- 2. Health Service Executive Linn Dara and Beechpark Ethics Committee approved in January 2011

## Study design

Small-scale multicentre community based parallel group randomised controlled trial

## Primary study design

Interventional

### Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Hyperkinetic disorders

#### **Interventions**

- 1. Incredible Years DINA programme: 18 22 week small-group (6 children) weekly training programme
- 2. Incredible Years BASIC parent training programme: 18 20 week programme which involves weekly 2 2.5 hour group sessions

Following baseline assessments, parents and children will be randomly allocated on a 2:1 ratio to an intervention or waiting-list control group.

## Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome(s)

- 1. Werry-Weiss Peters Activity Rating Scale
- 2. Conners Parent Rating scale Revised short form

All measures will be administered at baseline, February 2011 (prior to randomisation) and approximately 6 months later, August 2011.

## Key secondary outcome(s))

- 1. Arnold et al. Parenting scale
- 2. Parent Stress Index
- 3. Strengths and Difficulties Questionnaire

All measures will be administered at baseline, February 2011 (prior to randomisation) and approximately 6 months later, August 2011.

### Completion date

31/12/2011

# **Eligibility**

## Key inclusion criteria

- 1. The parent must have a child aged 3 6 years, either sex
- 2. The parent must want the training
- 3. The parent must agree to participate in both the research and the BASIC parent training
- 4. The identified child must score above the cut-off on a standardised ADHD screening measures (see below)
- 5. The parent must be willing to be placed on a waiting list for the parent training for approximately 6 months
- 6. The parent and child must not have previously taken part in any Incredible Years training programme
- 7. The child must not be taking ADHD-related medication for the duration of the trial

## Participant type(s)

**Patient** 

### Healthy volunteers allowed

No

#### Age group

Child

## Lower age limit

3 years

### Upper age limit

6 years

#### Sex

Αll

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/02/2011

#### Date of final enrolment

31/12/2011

# Locations

## Countries of recruitment

Ireland

Study participating centre Mental Health and Social Research Unit Maynooth Ireland N/A

# Sponsor information

# Organisation

Archways Ltd (Ireland)

# Funder(s)

# Funder type

Charity

#### **Funder Name**

Archways Ltd (Ireland) [Atlantic Philanthropies and Dormant Accounts Fund]

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes