The Incredible Years Ireland study

| Submission date 22/01/2011 | Recruitment status No longer recruiting | Prospectively registered Protocol |
|------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Registration date 21/04/2011 | Overall study status Completed | Statistical analysis plan Results |
| Last Edited 21/04/2011 | Condition category Mental and Behavioural Disorders | Individual participant data Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Study website

http://www.iyirelandstudy.ie/

Contact information

Type(s) Scientific

Contact name Dr Sinead McGilloway

Contact details

Mental Health and Social Research Unit Department of Psychology National University of Ireland Maynooth Ireland N/A +353 (0)1 708 4765 Sinead.McGilloway@nuim.ie

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N/A

Study information

Scientific Title

An evaluation of the effectiveness of the Incredible Years BASIC parent training and small group DINA programmes for children with symptoms of attention deficit hyperactivity disorder (ADHD)

Study objectives

The Incredible Years BASIC parent training and small group DINA programmes will affect (shortterm) emotional and behavioural outcomes for children with symptoms of attention deficit hyperactivity disorder (ADHD).

Ethics approval required

Old ethics approval format

Ethics approval(s)

1. NUI Maynooth Social Research Ethics Sub-Committee approved in November 2010 2. Health Service Executive Linn Dara and Beechpark Ethics Committee approved in January 2011

Study design

Small-scale multicentre community based parallel group randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Other

Study type(s) Quality of life

Participant information sheet http://iyirelandstudy.ie/faq-s.html

Health condition(s) or problem(s) studied

Hyperkinetic disorders

Interventions

1. Incredible Years DINA programme: 18 - 22 week small-group (6 children) weekly training programme

2. Incredible Years BASIC parent training programme: 18 - 20 week programme which involves weekly 2 - 2.5 hour group sessions

Following baseline assessments, parents and children will be randomly allocated on a 2:1 ratio to an intervention or waiting-list control group.

Intervention Type

Other

Phase Not Applicable

Primary outcome measure

- 1. Werry-Weiss Peters Activity Rating Scale
- 2. Conners Parent Rating scale Revised short form

All measures will be administered at baseline, February 2011 (prior to randomisation) and approximately 6 months later, August 2011.

Secondary outcome measures

- 1. Arnold et al. Parenting scale
- 2. Parent Stress Index
- 3. Strengths and Difficulties Questionnaire

All measures will be administered at baseline, February 2011 (prior to randomisation) and approximately 6 months later, August 2011.

Overall study start date

01/02/2011

Completion date

31/12/2011

Eligibility

Key inclusion criteria

- 1. The parent must have a child aged 3 6 years, either sex
- 2. The parent must want the training
- 3. The parent must agree to participate in both the research and the BASIC parent training

4. The identified child must score above the cut-off on a standardised ADHD screening measures (see below)

5. The parent must be willing to be placed on a waiting list for the parent training for approximately 6 months

6. The parent and child must not have previously taken part in any Incredible Years training programme

7. The child must not be taking ADHD-related medication for the duration of the trial

Participant type(s)

Patient

Age group Child

Lower age limit

3 Years

Upper age limit

6 Years

Sex Both

Target number of participants 72 parents and 18 children

Key exclusion criteria Does not meet inclusion criteria

Date of first enrolment 01/02/2011

Date of final enrolment 31/12/2011

Locations

Countries of recruitment Ireland

Study participating centre Mental Health and Social Research Unit Maynooth Ireland N/A

Sponsor information

Organisation Archways Ltd (Ireland)

Sponsor details

Unit 2B Nangor Road Business Park Nangor Road Clondalkin Dublin Ireland D12

Sponsor type Charity Website http://www.archways.ie

Funder(s)

Funder type Charity

Funder Name Archways Ltd (Ireland) [Atlantic Philanthropies and Dormant Accounts Fund]

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary Not provided at time of registration