# Diagnostic accuracy in pre-eclampsia using proteinuria assessment

Submission date	Recruitment status	[X] Prospectively registered		
15/10/2012	No longer recruiting	∐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
16/10/2012	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
17/12/2020	Pregnancy and Childbirth			

### Plain English summary of protocol

Background and study aims

We are carrying out a study of 3000 pregnant women with pre-eclampsia (high blood pressure, fluid retention and protein in the urine (proteinuria) in pregnancy) by collecting urine and comparing different diagnostic tests to find the most appropriate and effective method that predicts pre-eclampsia and its severity is needed to provide these women with the best possible care. Our aim is to find the most efficient assessment tool for diagnosing pre-eclampsia.

## Who can participate?

Pregnant women, aged between 18 and 45 years of age from participating hospital trusts across England.

# What does the study involved?

Participants will be invited to give a small urine sample when screened for pre-eclampsia, following 24 hour urine collection and at delivery. Woman will be asked to allow the researcher access to clinical data about them and their baby. At the end of the study the urine samples will be analysed in a laboratory using the current standard techniques for identifying pre-eclampsia.

# What are the possible benefits and risks of participating?

There will be no immediate direct benefit to those taking part, but the findings from the study should benefit to future women who have suspected pre-eclampsia. This study may also help the NHS to develop more cost effective diagnosis techniques. There are no known risks to the patients taking part.

# Where is the study run from?

Newcastle Upon Tyne Hospitals NHS Trust in collaboration with Newcastle University.

When is the study starting and how long is it expected to run for? Recruitment will start beginning of November 2012 and participants will be enrolled on the study for a period of their pregnancy.

Who is funding the study?

NIHR Health Technology Programme and Newcastle University (UK)

Who is the main contact?
Dr Jason Waugh
Jason.waugh@nuth.nhs.uk

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Jason Waugh

#### Contact details

Royal Victoria Infirmary Queen Victoria Road Newcastle Upon Tyne United Kingdom NE1 4LP

IVI

jason.waugh@nuth.nhs.uk

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers 6213; HTA 10/65/02

# Study information

#### Scientific Title

Spot protein creatinine ratio (SPCr) and spot albumin creatinine ratio (SACr) in the assessment of pre-eclampsia: a diagnostic accuracy study with decision analytic model based economic evaluation and acceptability analysis

#### Acronym

**DAPPA** 

# Study objectives

Investigations aimed at determining which method of measurement and which diagnostic thresholds are the most accurate in predicting not just preeclampsia but the clinical significant outcomes which will help inform clinicians on the correct clinical management of gestational hypertensive disorders during pregnancy. This in turn will improve the clinicians ability predict maternal and fetal outcomes.

More details can be found here: http://www.nets.nihr.ac.uk/projects/hta/106502 Further details can be found here: http://www.nets.nihr.ac.uk/\_\_data/assets/pdf\_file/0011/81677/PRO-10-65-02.pdf

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

NRES Committee North East - County Durham & Tees Valley, 21/09/2012, ref: 12/NE/0301

#### Study design

Multi-centre prospective cohort observation sample collection study

#### Primary study design

Observational

#### Secondary study design

Cohort study

#### Study setting(s)

Hospital

#### Study type(s)

Diagnostic

# Participant information sheet

The patient information sheet is available by contacting the Chief Investigator, Jason Waugh (jason.waugh@nuth.nhs.uk)

# Health condition(s) or problem(s) studied

Pre-eclampsia

#### **Interventions**

This study involves 3000 women who will provide urine samples during admission to hospital with suspected preeclampsia across England. Women will be in the study for the duration of pregnancy providing three urine samples.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Diagnostic accuracy of point of care and laboratory assessments of Spot Protein Creatine Ratio (SPCr) and Spot Albumin Creatine Ratio (SACr) compared with 24 hour urine protein measurement at different thresholds in diagnosing and predicting severe Pre-Eclampsia (PE)

#### Secondary outcome measures

- 1. To assess the accuracy of point of care assessments of SPCr and SACr at different thresholds in diagnosing PE compared to 24 hour urine protein measurement
- 2. To identify the most accurate laboratory assay method of 24 hour proteinuria in assessment of PE
- 3. To estimate the accuracy of both quantitative and point of care assessments of SPCr and SACr at different thresholds in predicting adverse fetal outcomes
- 4. To develop a decision analytic model to estimate the diagnostic utility potential of replacing the 24 hour protein with the SPCr or SACr
- 5. To assess the cost effectiveness of SPCr or SACr in comparison to the 24 hour urine protein measurement

# Overall study start date

01/11/2012

# Completion date

01/11/2014

# **Eligibility**

## Key inclusion criteria

- 1. Pregnant women aged between 16-45 years
- 2. More than 20 weeks gestation with confirmed gestational hypertension (systolic BP >140 mmHg and diastolic BP >90 mmHg)
- 3. Trace or more proteinuria on automated dipstick urinalysis. This is below the threshold of 1+ considered "test positive" by NICE and will thus allow exploration of the lower threshold for the index tests, i.e. below 300 mg/l protein
- 4. Ability of give informed consent

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Female

# Target number of participants

3000

#### Total final enrolment

959

#### Key exclusion criteria

- 1. Women with gestational hypertension but no proteinuria on automated dipstick urinalysis
- 2. Proteinuria before 20 weeks gestation
- 3. Pre-existing renal disease, pre-gestational diabetes and chronic hypertension
- 4. Those who are unable to provide informed consent
- 5. Those women who are already participating in a clinical trial of an investigational medicinal product (CTIMP)

# Date of first enrolment

01/11/2012

#### Date of final enrolment

01/11/2014

# **Locations**

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre Royal Victoria Infirmary

Newcastle Upon Tyne United Kingdom NE1 4LP

# Sponsor information

#### Organisation

Newcastle Hospitals NHS Foundation Trust (UK)

#### Sponsor details

Royal Victoria Infirmary Joint Research Office Queen Victoria Road Newcastle Upon Tyne England United Kingdom NE1 4LP

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.newcastle-hospitals.org.uk/

#### **ROR**

https://ror.org/05p40t847

# Funder(s)

# Funder type

Government

#### **Funder Name**

Health Technology Assessment Programme

# Alternative Name(s)

NIHR Health Technology Assessment Programme, HTA

# **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

01/06/2017

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2017	17/12/2020	Yes	No