# The effect of ear acupressure on primary insomnia

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
23/06/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
12/07/2006	Completed	Results
Last Edited	Condition category	Individual participant data
12/07/2006	Mental and Behavioural Disorders	☐ Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

Protocol serial number CMRPG340501

# Study information

Scientific Title

**Acronym** 

#### **EEAPI**

### **Study objectives**

Traditional Chinese Medicine (TCM) ear acupuncture theory

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approved by the Institutional Review Board of Chang Gung Memorial Hospital (IRB/CGMH) reference number: 94-435

### Study design

Single-blind, placebo-controlled study

### Primary study design

Interventional

### Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Insomnia

#### **Interventions**

Non-invasive ear acupoint acupressure versus placebo

### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Actigraphy records

### Key secondary outcome(s))

Sleep diary

### Completion date

30/11/2006

# **Eligibility**

### Key inclusion criteria

Primary insomnia patients

### Participant type(s)

Patient

# Healthy volunteers allowed

No

# Age group

Adult

#### Sex

All

### Key exclusion criteria

Pregnancy

### Date of first enrolment

01/12/2005

### Date of final enrolment

30/11/2006

# Locations

### Countries of recruitment

Taiwan

# Study participating centre

No.123 Dinghu Road

Taoyuan County Taiwan 333

# Sponsor information

# Organisation

Chang Gung Memorial Hospital (Taiwan)

### **ROR**

https://ror.org/02verss31

# Funder(s)

# Funder type

Hospital/treatment centre

# Funder Name

Chang Gung Memorial Hospital

# **Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration