# The effect of ear acupressure on primary insomnia

| Submission date   | Recruitment status               | Prospectively registered      |
|-------------------|----------------------------------|-------------------------------|
| 23/06/2006        | No longer recruiting             | ☐ Protocol                    |
| Registration date | Overall study status             | Statistical analysis plan     |
| 12/07/2006        | Completed                        | Results                       |
| Last Edited       | Condition category               | Individual participant data   |
| 12/07/2006        | Mental and Behavioural Disorders | ☐ Record updated in last year |

### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Heng-Hong Chang

#### Contact details

No.123 Dinghu Road Guishan Shiang Taoyuan County Taiwan 333 +886 3 3196200 tcmchh@adm.cgmh.org.tw

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

CMRPG340501

# Study information

### Scientific Title

### Acronym

**EEAPI** 

### Study objectives

Traditional Chinese Medicine (TCM) ear acupuncture theory

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Approved by the Institutional Review Board of Chang Gung Memorial Hospital (IRB/CGMH) reference number: 94-435

### Study design

Single-blind, placebo-controlled study

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Insomnia

#### **Interventions**

Non-invasive ear acupoint acupressure versus placebo

### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Actigraphy records

# Secondary outcome measures

Sleep diary

# Overall study start date

01/12/2005

# Completion date

30/11/2006

# **Eligibility**

# Key inclusion criteria

Primary insomnia patients

# Participant type(s)

Patient

### Age group

Adult

### Sex

Both

# Target number of participants

60

# Key exclusion criteria

Pregnancy

# Date of first enrolment

01/12/2005

# Date of final enrolment

30/11/2006

# **Locations**

# Countries of recruitment

Taiwan

# Study participating centre

No.123 Dinghu Road

Taoyuan County Taiwan

333

# Sponsor information

### Organisation

Chang Gung Memorial Hospital (Taiwan)

### Sponsor details

5 Fu-Hsing Street Kuei Shan Hsian Tauyang Hsien Taiwan 33375

### Sponsor type

Hospital/treatment centre

### Website

http://www.cgmh.org.tw/index.htm

#### **ROR**

https://ror.org/02verss31

# Funder(s)

# Funder type

Hospital/treatment centre

#### **Funder Name**

Chang Gung Memorial Hospital

# **Results and Publications**

### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration