# Effects of SUlodexide on damaged endothelial Glycocalyx in pAtients with diabetes Mellitus type two: Reversing damage

Submission date Recruitment status Prospectively registered 28/12/2006 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 28/12/2006 Completed [X] Results [ ] Individual participant data Last Edited Condition category Nutritional, Metabolic, Endocrine 05/11/2010

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr L N Broekhuizen

#### Contact details

Academic Medical Center (AMC) Amsterdam Department of Vascular Medicine, F4-142 P.O. Box 22660 Amsterdam Netherlands 1100 DD L.N.Broekhuizen@amc.uva.nl

### Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Acronym

**SUGAR** 

#### Study objectives

Primary Objective:

Aim of the study is to investigate whether sulodexide treatment reverses damage of the systemic glycocalyx in patients with Diabetes Mellitus type two (DM type II). The effect of sulodexide will be addressed in this prospective cross-over study measuring systemic and local glycocalyx volume, vascular permeability as well as endothelial function in patients with DM type II who have microalbuminuria and in patients with DM type II who do not have microalbuminuria.

#### Secondary Objective(s):

The second objective of the present study is to measure the effect of sulodexide on biochemical parameters, including micro-albuminuria and HBA1c, in patients with DM type II with and without microalbuminuria.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The study has been approved by the medical ethics commission of the Academic Medical Centre on December 20, 2006 (ref: MEC 06/ 228).

#### Study design

Randomised, placebo controlled, crossover, single blinded trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Diabetes Mellitus type two (DM type II)

#### **Interventions**

Sulodexide versus placebo.

Patients with DM type II and healthy volunteers will visit the hospital on four occasions:

- 1. Screening-inclusion visit
- 2. End of study period I
- 3. End of washout visit
- 4. End of study period II

At the end of each study period, we will evaluate glycocalyx volume and vascular permeability using dextran-40 and albumine-I125 for estimation of perm- versus charge selectivity. In addition, we will evaluate vascular function as well as routine laboratory parameters, including micro-albuminuria and safety parameters.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Sulodexide

#### Primary outcome measure

The difference in systemic glycocalyx volume after sulodexide and after placebo treatment.

#### Secondary outcome measures

- 1. The difference in systemic glycocalyx volume after sulodexide and after placebo treatment in local sublingual glycocalyx volume, vascular permeability and endothelial function in all patients.
- 2. The percentage change from baseline to end of the study in microalbuminuria in patients with DM type II who have microalbuminuria.

#### Overall study start date

01/11/2006

#### Completion date

01/12/2007

# Eligibility

#### Key inclusion criteria

- 1. Male
- 2. Age between 18 and 65 years

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Male

#### Target number of participants

26

#### Key exclusion criteria

- 1. Smoking
- 2. Immunosuppressive drugs
- 3. Serious previous illnesses
- 4. Coagulation disorders
- 5. Primary dyslipidemias
- 6. Body Mass Index (BMI) more than 30 kg/m^2
- 7. Hypertension (systolic more than 140 mmHg or diastolic more than 90 mmHg)

#### Date of first enrolment

01/11/2006

#### Date of final enrolment

01/12/2007

#### Locations

#### Countries of recruitment

Netherlands

# Study participating centre Academic Medical Center (AMC) Amsterdam

Amsterdam Netherlands 1100 DD

# Sponsor information

#### Organisation

Academic Medical Center (AMC) (The Netherlands)

#### Sponsor details

Department of Vascular Medicine P.O. Box 22660 Amsterdam Netherlands 1100 DD

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.amc.uva.nl/#http://www.amc.uva.nl/

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

#### Funder type

Industry

#### Funder Name

Alfa Wassermann (Italy)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2010		Yes	No