# Improving positive interaction between depressed mothers and their infants: an effect study on a preventive program for mother and child

Submission date	Recruitment status	Prospectively registered
27/01/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
27/01/2006	Completed	[X] Results
<b>Last Edited</b> 17/08/2009	Condition category  Mental and Behavioural Disorders	[] Individual participant data

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

#### Secondary identifying numbers

**NTR457** 

# Study information

#### Scientific Title

#### **Study objectives**

- 1. The mother baby intervention positively affects the quality of the mother-child interaction, particularly the mothers sensitivity towards her child and the childs responsiveness and involvement
- 2. The intervention positively affects the child's attachment security and socio-emotional functioning

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Received from local medical ethics committee

#### Study design

Multicentre randomised single blind placebo controlled parallel group trial

#### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

# Study type(s)

Prevention

## Participant information sheet

# Health condition(s) or problem(s) studied

Depressive disorders

#### **Interventions**

Intervention: the mother-baby program comprising 8-10 home visits by an experienced prevention therapist

Control condition: 3-month parenting support comprising three telephone contacts with a child therapist

All mothers concurrently received separate treatment by a psychiatrist or psychologist for their depressive symptoms.

#### Intervention Type

#### Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Quality of the mother-child interaction

#### Secondary outcome measures

Infant attachment security and socio-emotional functioning

#### Overall study start date

01/01/2000

#### Completion date

31/12/2005

# **Eligibility**

#### Key inclusion criteria

Mothers with an infant not older than 12 months, who met the Diagnostic and Statistical Manual of Mental Disorders fourth edition (DSM-IV) criteria for a major depressive episode or dysthymia and/or exhibited elevated levels of depressive symptoms (Beck Depression Inventory [BDI] >14). Psychiatric comorbidity was allowed.

#### Participant type(s)

Patient

#### Age group

Adult

#### Sex

Female

#### Target number of participants

71

#### Key exclusion criteria

- 1. Comorbid psychotic disorders
- 2. Manic depression
- 3. Substance abuse

#### Date of first enrolment

01/01/2000

#### Date of final enrolment

31/12/2005

# Locations

#### Countries of recruitment

Netherlands

## Study participating centre Radboud University Nijmegen

Nijmegen Netherlands 6500 HE

# Sponsor information

#### Organisation

University Medical Centre St. Radboud (Netherlands)

#### Sponsor details

Department of Clinical Psychology P.O. Box 9104 Nijmegen Netherlands 6500 HE

### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/05wg1m734

# Funder(s)

#### Funder type

Research organisation

#### **Funder Name**

Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

#### Alternative Name(s)

Netherlands Organisation for Health Research and Development

#### **Funding Body Type**

Private sector organisation

## **Funding Body Subtype**

Other non-profit organizations

#### Location

Netherlands

#### **Funder Name**

Dutch Foundation for Childrens Welfare Stamps (Stichting Kinderpostzegels Nederland [SKN]) (Netherlands)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2008		Yes	No