

# A multicenter randomised study comparing the efficacy of adefovir dipivoxil versus pegylated interferon alpha-2a plus placebo versus adefovir dipivoxil plus pegylated interferon alpha-2a for the treatment of chronic delta hepatitis

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
03/08/2005	No longer recruiting	<input type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
09/09/2005	Completed	<input checked="" type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
02/02/2011	Infections and Infestations	

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Michael P Manns

### Contact details

Medizinische Hochschule Hannover  
Department for Gastroenterology, Hepatology and Endocrinology  
Carl-Neuberg-Str. 1  
Hannover  
Germany  
30625  
+49 5115323306  
manns.michael@mh-hannover.de

## Additional identifiers

### Protocol serial number

## Study information

### Scientific Title

### Acronym

Delta Study

### Study objectives

Peg-interferon alpha-2a or adefovir lead to sustained virological response in 20-40% of the cases in chronic delta hepatitis.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Adults with chronic delta hepatitis

### Interventions

A: Adefovir dipivoxil, 10 mg, orally (po) for 48 weeks  
versus

B: Pegylated interferon alpha-2a, 180 µg subcutaneously (sc), plus placebo for 48 weeks  
versus

C: Pegylated interferon alpha-2a, 180 µg sc, plus adefovir dipivoxil, 10 mg po for 48 weeks;  
biopsy at the end of treatment

### Intervention Type

Drug

### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

Peg-interferon alpha-2a, adefovir dipivoxil

### Primary outcome(s)

Response rate of normal ALT and HDV RNA negativity at the end of treatment (ETR)

**Key secondary outcome(s)**

1. Response rate of normal ALT and HDV RNA negativity at the end of follow-up (EOF)
2. Suppression of hepatitis B virus (HBV) DNA below  $1 \times 10^5$  copies/ml at ETR and EOF
3. Paired biopsy comparison
4. HBsAg levels, loss of HBsAg and HBs Antibodies at ETR and EOF
5. HBV and HDV specific T cell response
6. Safety (adverse events, vital signs, clinical laboratory parameters)

**Completion date**

01/10/2004

## Eligibility

**Key inclusion criteria**

1. Age >18 years
2. Positive Hepatitis B surface Antigen (HBsAg)
3. Positive anti-hepatitis D virus (HDV) antibodies
4. Positive HDV-Ribonucleic Acid (RNA) by Polymerase Chain Reaction (PCR)
5. Serum alanine aminotransferase (ALT) >upper limit of normal (ULN) but <10 x ULN
6. Liver biopsy demonstrating liver disease consistent with chronic hepatitis
7. Liver imaging for patients with cirrhosis or marked fibrosis to rule out hepatic carcinoma
8. Negative urine or serum pregnancy test
9. Willingness to give written informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Antiviral therapy in previous six months
2. Positive tests for hepatitis A virus (HAV) Immunoglobulin M (IgM) antibodies, hepatitis C virus (HCV) RNA or HCV antibodies or Human Immunodeficiency Virus (HIV) antibodies
3. Serum total bilirubin >2 x ULN
4. Decompensated liver disease Child B-C
5. Other reasons for chronic liver disease
6. Haemoglobin <11.5 g/dl for females and <12.5 g/dl for males
7. White blood cell count (WBC) <3000 cells/mm<sup>3</sup>

8. Serum creatinine >1.5 x ULN
9. Relevant psychiatric diseases
10. Drug or alcohol abuse within one year of entry
11. Other evidence or history of severe illness
12. Thyroid disease poorly controlled
13. Alphafetoprotein (AFP) >100 ng/ml

**Date of first enrolment**

01/04/2004

**Date of final enrolment**

01/10/2004

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

**Medizinische Hochschule Hannover**

Hannover

Germany

30625

## Sponsor information

**Organisation**

Hannover Medical School (MHH) (Germany)

**ROR**

<https://ror.org/00f2yqf98>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Network of competence for hepatitis (Kompetenznetz Hepatitis [Hep-Net e.V.]), c/o Hannover Medical School (Medizinische Hochschule Hannover [MHH]) (Germany)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	27/01/2011		Yes	No