

# A multicenter randomised study comparing the efficacy of adefovir dipivoxil versus pegylated interferon alpha-2a plus placebo versus adefovir dipivoxil plus peglyated interferon alpha-2a for the treatment of chronic delta hepatitis

<b>Submission date</b> 03/08/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 09/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 02/02/2011	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
3388

## **Study information**

**Scientific Title**

**Acronym**

Delta Study

**Study objectives**

Peg-interferon alpha-2a or adefovir lead to sustained virological response in 20-40% of the cases in chronic delta hepatitis.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Adults with chronic delta hepatitis

**Interventions**

A: Adefovir dipivoxil, 10 mg, orally (po) for 48 weeks  
versus

B: Pegylated interferon alpha-2a, 180 µg subcutaneously (sc), plus placebo for 48 weeks  
versus

C: Pegylated interferon alpha-2a, 180 µg sc, plus adefovir dipivoxil, 10 mg po for 48 weeks; biopsy at the end of treatment

## **Intervention Type**

Drug

## **Phase**

Not Specified

## **Drug/device/biological/vaccine name(s)**

Peg-interferon alpha-2a, adefovir dipivoxil

## **Primary outcome measure**

Response rate of normal ALT and HDV RNA negativity at the end of treatment (ETR)

## **Secondary outcome measures**

1. Response rate of normal ALT and HDV RNA negativity at the end of follow-up (EOF)
2. Suppression of hepatitis B virus (HBV) DNA below  $1 \times 10^5$  copies/ml at ETR and EOF
3. Paired biopsy comparison
4. HBsAg levels, loss of HBsAg and HBs Antibodies at ETR and EOF
5. HBV and HDV specific T cell response
6. Safety (adverse events, vital signs, clinical laboratory parameters)

## **Overall study start date**

01/04/2004

## **Completion date**

01/10/2004

# **Eligibility**

## **Key inclusion criteria**

1. Age >18 years
2. Positive Hepatitis B surface Antigen (HBsAg)
3. Positive anti-hepatitis D virus (HDV) antibodies
4. Positive HDV-Ribonucleic Acid (RNA) by Polymerase Chain Reaction (PCR)
5. Serum alanine aminotransferase (ALT) >upper limit of normal (ULN) but <10 x ULN
6. Liver biopsy demonstrating liver disease consistent with chronic hepatitis
7. Liver imaging for patients with cirrhosis or marked fibrosis to rule out hepatic carcinoma
8. Negative urine or serum pregnancy test
9. Willingness to give written informed consent

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

69

**Key exclusion criteria**

1. Antiviral therapy in previous six months
2. Positive tests for hepatitis A virus (HAV) Immunoglobulin M (IgM) antibodies, hepatitis C virus (HCV) RNA or HCV antibodies or Human Immunodeficiency Virus (HIV) antibodies
3. Serum total bilirubin >2 x ULN
4. Decompensated liver disease Child B-C
5. Other reasons for chronic liver disease
6. Haemoglobin <11.5 g/dl for females and <12.5 g/dl for males
7. White blood cell count (WBC) <3000 cells/mm<sup>3</sup>
8. Serum creatinine >1.5 x ULN
9. Relevant psychiatric diseases
10. Drug or alcohol abuse within one year of entry
11. Other evidence or history of severe illness
12. Thyroid disease poorly controlled
13. Alpha-fetoprotein (AFP) >100 ng/ml

**Date of first enrolment**

01/04/2004

**Date of final enrolment**

01/10/2004

**Locations****Countries of recruitment**

Germany

**Study participating centre**

Medizinische Hochschule Hannover

Hannover

Germany

30625

**Sponsor information****Organisation**

Hannover Medical School (MHH) (Germany)

**Sponsor details**

Kompetenznetz Hepatitis (Hep-Net e.V.)  
Department for Gastroenterology, Hepatology and Endocrinology  
Carl-Neuberg-Str. 1  
Hannover  
Germany  
30625

**Sponsor type**

University/education

**Website**

<http://www.kompetenznetz-hepatitis.de>

**ROR**

<https://ror.org/00f2yqf98>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Network of competence for hepatitis (Kompetenznetz Hepatitis [Hep-Net e.V.]), c/o Hannover Medical School (Medizinische Hochschule Hannover [MHH]) (Germany)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	27/01/2011		Yes	No