

# Quantification of the impact of pulmonary rehabilitation in patients with moderate and severe Chronic Obstructive Pulmonary Disease (COPD)

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 01/06/2009	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N/A

# Study information

## Scientific Title

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

The study protocol was approved by the East London and City Health Authority Ethics Committee and all patients gave written consent.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Respiratory tract diseases: Chronic obstructive pulmonary disease

## Interventions

1. Exercise plus education
2. Education alone (control)

Education and exercise programmes for the moderately disabled patients were carried out in a hospital out-patient setting. Severely disabled patients were all treated at home. Those in the exercise group received an individualised training programme.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/1995

**Completion date**

01/03/1998

## Eligibility

**Key inclusion criteria**

COPD patients

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/1995

**Date of final enrolment**

01/03/1998

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Academic Department of Respiratory Medicine**  
London  
United Kingdom  
E2 9JX

## **Sponsor information**

### **Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

### **Sponsor details**

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Physical and Complex Disabilities National Research and Development Programme (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/08/1998		Yes	No