

The psychological effects of exercise therapy in clinically obese children

Submission date 31/05/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
Registration date 17/08/2005	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 21/09/2009	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
2402/957

Study information

Scientific Title

Study objectives

Exercise intervention will impact psychological health outcomes

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Obesity

Interventions

1. Exercise
2. Placebo-control
3. Control comparison

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Physical self perceptions
2. Depression
3. Fitness
4. BMI

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/04/2002

Completion date

30/09/2005

Eligibility

Key inclusion criteria

Children aged 11-16 years diagnosed with clinical obesity

Participant type(s)

Patient

Age group

Child

Lower age limit

11 Years

Upper age limit

16 Years

Sex

Both

Target number of participants

80

Key exclusion criteria

Body mass index (BMI) less than 30

Date of first enrolment

01/04/2002

Date of final enrolment

30/09/2005

Locations

Countries of recruitment

England

United Kingdom

Study participating centre
Primary Care and General Practice
Birmingham
United Kingdom
B15 2TT

Sponsor information

Organisation
Sheffield Hallam University (UK)

Sponsor details
The Centre for Sport and Exercise Science
Sheffield Hallam University
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S10 2BP
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Sponsor type
University/education

ROR
<https://ror.org/019wt1929>

Funder(s)

Funder type
Charity

Funder Name
The Health Foundation (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	31/10/2005		Yes	No
Results article	results	01/11/2006		Yes	No
Results article	results	01/09/2008		Yes	No