

The psychological effects of exercise therapy in clinically obese children

Submission date

31/05/2005

Recruitment status

No longer recruiting

☐ Prospectively registered

☒ Protocol

Registration date

17/08/2005

Overall study status

Completed

☐ Statistical analysis plan

☒ Results

Last Edited

21/09/2009

Condition category

Nutritional, Metabolic, Endocrine

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

2402/957

Study information

Scientific Title

Study objectives

Exercise intervention will impact psychological health outcomes

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Obesity

Interventions

1. Exercise
2. Placebo-control
3. Control comparison

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Physical self perceptions
2. Depression
3. Fitness
4. BMI

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/09/2005

Eligibility**Key inclusion criteria**

Children aged 11-16 years diagnosed with clinical obesity

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

11 years

Upper age limit

16 years

Sex

All

Key exclusion criteria

Body mass index (BMI) less than 30

Date of first enrolment

01/04/2002

Date of final enrolment

30/09/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

Sponsor information

Organisation

Sheffield Hallam University (UK)

ROR

<https://ror.org/019wt1929>

Funder(s)

Funder type

Charity

Funder Name

The Health Foundation (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2006		Yes	No
Results article	results	01/09/2008		Yes	No
Protocol article	protocol	31/10/2005		Yes	No