

The psychological effects of exercise therapy in clinically obese children

Submission date	Recruitment status	<input type="checkbox"/> Prospectively registered
31/05/2005	No longer recruiting	<input checked="" type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
17/08/2005	Completed	<input checked="" type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
21/09/2009	Nutritional, Metabolic, Endocrine	

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Amanda Daley

Contact details

Primary Care and General Practice
University of Birmingham
Edgbaston
Birmingham
United Kingdom
B15 2TT
+44 (0)121 414 3762
a.daley@bham.ac.uk

Additional identifiers

Protocol serial number

2402/957

Study information

Scientific Title

Study objectives

Exercise intervention will impact psychological health outcomes

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Obesity

Interventions

1. Exercise
2. Placebo-control
3. Control comparison

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Physical self perceptions
2. Depression
3. Fitness
4. BMI

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/09/2005

Eligibility

Key inclusion criteria

Children aged 11-16 years diagnosed with clinical obesity

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

11 years

Upper age limit

16 years

Sex

All

Key exclusion criteria

Body mass index (BMI) less than 30

Date of first enrolment

01/04/2002

Date of final enrolment

30/09/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

Sponsor information

Organisation

Sheffield Hallam University (UK)

ROR

Funder(s)

Funder type

Charity

Funder Name

The Health Foundation (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	01/11/2006		Yes	No
<u>Results article</u>	results	01/09/2008		Yes	No
<u>Protocol article</u>	protocol	31/10/2005		Yes	No