

Public health emergency SOLIDARITY trial of treatments for COVID-19 infection in hospitalized patients

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| Submission date 25/03/2020 | Recruitment status No longer recruiting | <input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol |
| Registration date 25/03/2020 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results |
| Last Edited 30/09/2022 | Condition category Infections and Infestations | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol

Background and study aims

COVID-19 is a condition caused by the coronavirus (called SARS-CoV-2) that was first identified in late 2019. This virus can infect the respiratory (breathing) system. Some people do not have symptoms but can carry the virus and pass it on to others. People who have developed the condition may develop a fever and/or a continuous cough among other symptoms. This can develop into pneumonia. Pneumonia is a chest infection where the small air pockets of the lungs, called alveoli, fill with liquid and make it more difficult to breathe.

In 2020, the virus has spread to many countries around the world and neither a vaccine against the virus or specific treatment for COVID-19 has yet been developed. As of March 2020, it is advised that people minimize travel and social contact, and regularly wash their hands to reduce the spread of the virus.

Groups who are at a higher risk from infection with the virus, and therefore of developing COVID-19, include people aged over 70 years, people who have long-term health conditions (such as asthma or diabetes), people who have a weakened immune system and people who are pregnant. People in these groups, and people who might come into contact with them, can reduce this risk by following the up-to-date advice to reduce the spread of the virus.

There are currently no available vaccines or treatments for COVID-19. Although there have been some suggestions for untested treatments that could be added to the usual care in hospitals, none is known to help. The World Health Organization (WHO) is, therefore, organizing a study in many countries in which some of these untested treatments are compared with each other, to discover whether any do help. The study treatments are remdesivir, chloroquine or hydroxychloroquine, lopinavir plus ritonavir, and interferon-beta. Some are given as daily pills, and some as daily injections.

Who can participate?

Adults (aged over 18 years) hospitalized with definite COVID-19 and not already receiving any of the study drugs. Patients invited to join the study will be those who are admitted to a collaborating hospital. It is not possible for people to volunteer themselves or their relatives to participate.

What does the study involve?

Patients diagnosed with COVID-19 and who have consented to be part of the study will be randomly allocated to receive either local standard care alone or local standard care and one of a list of study drugs. During the study, some treatments may get removed from this list, and others may be added to it. Each patient will only receive one of the treatments.

The patients will be followed up for the entire length of their hospital stay. Death from any cause will be recorded and this will be the main result used to determine whether a drug is effective. Length of hospital stay and time to first receiving ventilation (or intensive care) will also be recorded and used to determine the drug's effectiveness.

What are the possible benefits and risks of participating?

All of the drugs tested in this study have been shown to be reasonably safe. Other than remdesivir the study drugs are used routinely to treat other conditions. All participants will receive the usual care for people with COVID-19 in each location as well as the study drug. There are known side effects to each of the study medications. It is possible that unexpected serious side effects may occur as with any clinical trial of medicines. It is also possible that treatment with one or more of the test drugs worsens COVID-19 and increases the risk of severe illness or death.

It is possible that one or more of the drugs may reduce the severity of COVID-19, reduce need for ventilation, and reduce the risk of death.

Where is the study run from?

World Health Organization Headquarters (Switzerland)

When is the study starting and how long is it expected to run for?

March 2020 to March 2021

Who is funding the study?

Multiple funders including the World Health Organization (Switzerland)

Who is the main contact?

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Contact information

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Additional identifiers

EudraCT/CTIS number
Nil known

IRAS number

ClinicalTrials.gov number
Nil known

Secondary identifying numbers

0003361

Study information

Scientific Title

An international randomized trial of additional treatments for COVID-19 in hospitalized patients who are all receiving the local standard of care

Acronym

SOLIDARITY

Study objectives

The addition of treatment to the local standard of care reduces all-cause mortality in COVID-19 patients compared to the local standard of care alone.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approved 04/05/2020, WHO Research Ethics Review Committee (20, Avenue Appia – Ch-1211 Geneva 27 – Switzerland; +41 227573052; ercsec@who.int), ref: ERC.0003361

Study design

Open-label randomized multicountry clinical trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet.

Health condition(s) or problem(s) studied

COVID-19 (SARS-CoV-2 infection)

Interventions

Adults (aged ≥ 18 years) recently hospitalized, or already in the hospital, with definite COVID-19 and, in the view of the responsible doctor, no contra-indication to any of the study drugs will be randomly allocated between five groups:

1. Local standard of care alone

OR local standard of care plus one of

2. Remdesivir (daily infusion for 10 days)
3. Chloroquine or hydroxychloroquine (two oral loading doses, then orally twice daily for 10 days)
4. Lopinavir + ritonavir (orally twice daily for 14 days)
5. Lopinavir + ritonavir ((orally twice daily for 14 days) plus interferon-beta (daily injection for 6 days)

Follow-up is until death or discharge from hospital.

Randomization is performed at one central global location through an online portal.

Intervention Type

Drug

Phase

Phase III

Drug/device/biological/vaccine name(s)

Remdesivir, chloroquine or hydroxychloroquine, lopinavir + ritonavir (Kaletra), interferon-beta

Primary outcome measure

All-cause mortality, subdivided by the severity of disease at the time of randomization, measured using patient records throughout the study

Secondary outcome measures

Measured using patient records:

1. Duration of hospital stay (hours)
2. Time to first receiving ventilation (or intensive care) (hours)

Overall study start date

01/03/2020

Completion date

25/03/2021

Eligibility

Key inclusion criteria

1. Adults (aged ≥ 18 years) hospitalized with definite COVID-19
2. Not already receiving any of the study drugs
3. Without known allergy or contraindications to any of them (in the view of the physician responsible for their care)
4. Without anticipated transfer within 72 h to a non-study hospital

Patients invited to join the study will be those who are admitted to a collaborating hospital; no wider recruitment efforts are expected

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

No specific sample size is specified in this public health emergency core protocol. It is anticipated that at least several thousand patients will be recruited into the trial.

Total final enrolment

11266

Key exclusion criteria

Current exclusion criteria as of 21/04/2020:

1. Any of the available study drugs are contra-indicated (e.g. because of patient characteristics, chronic liver or heart disease, or some concurrent medication)
2. Declined to participate in the study

Previous exclusion criteria:

1. Any of the available study drugs are contra-indicated (e.g. because of patient characteristics, chronic liver or heart disease, or some concurrent medication)
2. Pregnant
3. Declined to participate in the study

Date of first enrolment

26/03/2020

Date of final enrolment

28/02/2021

Locations

Countries of recruitment

Argentina

Brazil

Canada

Germany

Honduras

India

Indonesia

Iran

Ireland

Israel

Italy

Kenya

Lebanon

Malaysia

Norway

Peru

Philippines

Qatar

Saudi Arabia

South Africa

Spain

Switzerland

Thailand

Study participating centre

Multiple hospital sites (to be confirmed)

Switzerland

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Sponsor information

Organisation

World Health Organization

Sponsor details

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Geneva

Switzerland

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+41 22712111
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Sponsor type

Government

Website

<https://www.who.int>

ROR

<https://ror.org/01f80g185>

Funder(s)

Funder type

Research organisation

Funder Name

World Health Organization

Alternative Name(s)

, , Всемирная организация здравоохранения, Organisation mondiale de la Santé, Organización Mundial de la Salud, WHO, , ВОЗ, OMS

Funding Body Type

Private sector organisation

Funding Body Subtype

International organizations

Location

Switzerland

Results and Publications

Publication and dissemination plan

This international collaboration is co-ordinated through the World Health Organization, which is also a sponsor of the trial. Any wholly reliable interim findings will be disseminated rapidly by the WHO. There will be group authorship recognizing the contribution of all national and local investigators and guided by the International Committee of Medical Journal Editors (ICMJE) recommendations.

Intention to publish date

31/12/2021

Individual participant data (IPD) sharing plan

The current data sharing plans for this study are unknown and will be available at a later date.

IPD sharing plan summary

Data sharing statement to be made available at a later date

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---|--|--------------|------------|----------------|-----------------|
| Interim results article | interim results in preprint | 15/10/2020 | 19/10/2020 | Yes | No |
| Results article | interim results for remdesivir, hydroxychloroquine, lopinavir and interferon | 11/02/2021 | 25/03/2021 | Yes | No |
| Results article | final results and updated meta-analyses | 02/05/2022 | 06/05/2022 | Yes | No |
| Protocol file | version 10 | 22/03/2020 | 30/09/2022 | No | No |