# Efficacy of mesalazine to prevent relapse in paediatric crohns disease

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
13/02/2008	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
10/03/2008	Completed	Results
Last Edited	Condition category	Individual participant data
10/03/2008	Digestive System	[] Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

# Contact information

#### Type(s)

Scientific

#### Contact name

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# Additional identifiers

#### Protocol serial number

Etude Pentacomp/90/91

# Study information

#### Scientific Title

Prevention of relapse by mesalazine (Pentasa®) in paediatric crohn's disease: a multicentric double-blind randomised placebo-controlled trial

## **Study objectives**

The trials primary objective was to compare the efficacy of mesalazine (Pentasa®, Ferring) versus placebo in maintaining remission in paediatric crohn's disease (CD) patients, when used after the successful treatment of an acute episode with either medication alone or parenteral /enteral nutrition techniques combined or not with medication.

### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethcis approval received from the Ethics Committee of Paris VII on the 10th January 1991 (ref: Etude Pentacomp/90/01).

#### Study design

A multicentric, double-blind, randomised, placebo-controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Paediatric crohn's disease

#### Interventions

At inclusion, patients were randomised per stratum, within each centre, using random permuted two to four sized-blocks (each centre did not know the size of their own block), to the following:

- 1. 50 mg/kg/day mesalazine dose
- 2. Placebo (identical tablets)

This was taken over a one-year period. Patients were monitored every three months over a one-year period or until endpoint.

The study treatment was initiated either one week after the interruption of parenteral or enteral nutrition, or at the end of a sulfalazine or metronidazole treatment, or if the prednisone dose during the steroid weaning period was below 0.2 mg/kg. After the study treatment began, only antispasmodic and antidiarrhoeal agents, as well as sedatives were to be given as possible additional medications.

Following the recruitment of 57 children from 1991 to 1993, trial results showed a trend favouring mesalazine. Recruitment was consequently resumed from 1996 to 1999.

#### Intervention Type

Drug

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Mesalazine (Pentasa®)

#### Primary outcome(s)

- 1. Clinical relapse (HB score greater than or equal to 5, if confirmed within two weeks)
- 2. Surgery for an acute complication of CD

Primary and secondary outcomes were measured either at one year of follow up with a medical visit every three months or when the primary or secondary outcomes occur during the one year follow up.

#### Key secondary outcome(s))

Treatment failure, defined as:

- 1. Relapse
- 2. Failure of steroid withdrawal (weaning failure)
- 3. Side-effects intolerance requiring treatment discontinuation
- 4. Worsening or aggravation of patient status requiring treatment interruption
- 5. Initiation of a new treatment as decided by the clinician

Primary and secondary outcomes were measured either at one year of follow up with a medical visit every three months or when the primary or secondary outcomes occur during the one year follow up.

#### Completion date

01/01/1998

# **Eligibility**

## Key inclusion criteria

- 1. Children less than 18 years old, either sex
- 2. Diagnosed with crohns disease before the age of 16 by means of clinical, radiological, endoscopic and histological data
- 3. Had to be in an active phase defined by:
- 3.1. A Harvey Bradshaw score (HB) greater than or equal to 5, and
- 3.2. An erythrocyte sedimentation rate (ESR) greater than or equal to 25 mm at hour one
- 4. All lesion localisations, except exclusive anorectal localisation, were included, providing patients lesion extension had been assessed within two years prior to inclusion

After flare-up treatment, inclusion criteria were as follows:

- 1. Patients in clinical remission within six months following flare-up treatment initiation at pre-inclusion
- 2. An HB score under 5
- 3. An ESR under 25 mm
- 4. Normal hepatic and renal functions

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

## Age group

Child

#### Upper age limit

18 years

#### Sex

All

#### Key exclusion criteria

- 1. Flare-up had been treated with mesalazine or had required immuno-suppressors
- 2. Patients with known hypersensitivity to salicylate
- 3. Patients whose flare-up had occurred at pre-inclusion when on a 5-aminosalicylic acid (5-ASA) dose greater than 50 mg/kg/day for over two months

## Date of first enrolment

01/01/1991

#### Date of final enrolment

01/01/1998

# Locations

#### Countries of recruitment

France

Switzerland

Study participating centre Hopital Robert Debré 48 Bd Sérurier

Paris France 75019

# Sponsor information

## Organisation

Ferring SA (France)

#### ROR

https://ror.org/03vrwsp35

# Funder(s)

#### Funder type

Industry

#### Funder Name

Ferring SA (France)

# **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration