# The effects of a nurse run clinic on the quality of life of children with atopic eczema and the impact of the disease on their families

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>		
23/01/2004	No longer recruiting	Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
04/02/2010	Skin and Connective Tissue Diseases			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr David Chinn

#### Contact details

Centre for Primary and Community Care University of Sunderland Benedict Building St George's Way Sunderland United Kingdom SR2 7BW +44 (0)191 515 3840

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Study objectives

To evaluate the effect of a primary care nurse-led clinic (the intervention) on the quality of life (QoL) of children aged up to 16 years with atopic eczema. Secondary objective: to assess the impact of the intervention on the QoL of the family of these children.

#### Null hypotheses to be tested:

- 1. There is no effect on change in quality of life at 4 weeks (or 12 weeks) from a short intervention by a trained nurse in children aged 6 months to 16 years who present with atopic eczema
- 2. There is no effect on change in the family impact at 4 weeks (or 12 weeks) from a short intervention by a trained nurse in children aged 6 months-16 years who present with atopic eczema

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Quality of life

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Skin and connective tissue diseases

#### **Interventions**

- 1. Primary care nurse-led clinic
- 2. Standard care

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Quality of life will be assessed using validated instruments:

- 1. Family Impact Questionnaire (FIQ).
- 2. Infant Eczema Life Quality Index questionnaire (IELQI) for children aged 6 months to 4 years.
- 3. Children's Dermatology Life Quality Index Questionnaire (CDLQI) for children aged 4-16.
- 4. Change in the Family Dermatitis Index (FDI), Infants Eczema Life Quality Index (IELQI) and Children's Dermatology Life Quality Index (CDLQI) recorded at baseline and at 4 weeks and 12 weeks post-intervention.

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

04/01/1999

#### Completion date

08/01/2000

# **Eligibility**

#### Key inclusion criteria

- 1. Age 6 months up to 16th birthday
- 2. Diagnosis of atopic eczema made using British Association of Dermatology guidelines
- 3. New cases and patients requesting repeat prescription for medication issued for a diagnosis of atopic eczema.

#### Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

6 Months

#### Upper age limit

16 Years

#### Sex

Both

#### Target number of participants

235 (added 21/01/10; see publication)

#### Key exclusion criteria

1. Poorly controlled asthma defined as patient receiving oral steroids or having a change in dose of medication in the 4 weeks prior to recruitment (children with stable asthma will be included).

2. Children from the same family of a child who has already participated in the trial (to eliminate the risk of contamination of intervention and control groups).

# Date of first enrolment

04/01/1999

#### Date of final enrolment

08/01/2000

# Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Centre for Primary and Community Care
Sunderland
United Kingdom
SR2 7BW

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

# Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

# Funder type

Government

#### Funder Name

NHS Executive Northern and Yorkshire (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2002		Yes	No