

# BRonchiectasis Information and Education Feasibility study

<b>Submission date</b> 25/07/2014	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 25/07/2014	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 16/04/2020	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

There is currently little patient information about bronchiectasis, a long-term lung disease. We found in a previous study that patients and their families wanted more information, which could help to improve their understanding and self-management. A new information package has been developed by healthcare professionals working with patients and their families. During this study, this information package will be evaluated and refined and the feasibility of carrying out a clinical study to find out its effect on understanding and health outcomes will be assessed.

### Who can participate?

Adults who have a diagnosis of bronchiectasis and attend a specialist or general clinic at the Newcastle upon Tyne Hospitals NHS Trust, UK.

### What does the study involve?

Those who consent to take part in the study will be randomly assigned to either receive the new patient information resource or to receive usual care. Those who receive the information package will receive a booklet and the login details for the website. They will be able to use this as much as they wish for the 3 months that they take part in the study. Should they have family members/a spouse who is interested we would also encourage them to use the resource. Participants will have three study visits over 3 months: the initial visit, a follow-up visit at 2-4 weeks (with this as an optional telephone visit rather than in person), and a final end of study visit at 3 months. Each visit should last less than 1 hour and will involve completion of quality of life, symptom, knowledge and evaluation questionnaires. At visits 1 and 3 lung function tests will also be performed. Each month participants will be asked to complete a short postal questionnaire about their symptoms and use of information. Some participants will also be invited to focus groups to discuss their experience at the end of the study. In addition, up to 10 additional carers will be invited to these groups if they have used the information pack and wish to give their views. Those who are allocated to the usual care group will be offered use of the information package once they have completed the study.

### What are the possible benefits and risks of participating?

We cannot promise the study will help you. The information we get from this study may help improve the understanding of patients needs, and help us develop better information resources

for patients with bronchiectasis. There are no likely risks to taking part in this study. Participants will be asked to attend three study visits in total, each lasting less than 1 hour, over the 3-month period of their involvement in the study. Also, patients will be given the option of completing the 2nd (middle) visit over the telephone to reduce the burden of travel should they wish. Some participants will also be invited to take part in a focus group but this will be entirely optional.

Where is the study run from?

The Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for?

The study started in June 2014 and is expected to end in September 2016. Participants are involved for a 3-month period only.

Who is funding the study?

The National Institute for Health Research (NIHR), UK

Who is the main contact?

Dr Katy Hester

Katy.hester@ncl.ac.uk

## Contact information

### Type(s)

Scientific

### Contact name

Dr Katy Hester

### Contact details

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## Additional identifiers

### Protocol serial number

16655

## Study information

### Scientific Title

BRonchiectasis Information and Education: Feasibility study and evaluation of a novel resource

### Acronym

BRIEF

**Study objectives**

This is a feasibility study to determine if it would be possible to conduct a large trial to assess whether provision of a patient-focussed information and education resource can improve patient understanding, self-management and health outcomes in bronchiectasis.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Sunderland REC, 27/05/2014, ref. 14/NE/0119

**Study design**

Randomised; Interventional; Design type: Treatment

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Topic: Respiratory disorders; Subtopic: Respiratory (all Subtopics); Disease: Respiratory

**Interventions**

30 participants will be recruited to both the intervention and control groups. 10 additional carer participants will be recruited to the focus groups at the end of recruitment  
Patient information package: a novel information resource in the form of a website (or PDF) and a booklet will be used as the intervention

Study Entry : Single Randomisation only

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Feasibility of conducting a definitive RCT; Timepoint(s): End of study

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/09/2016

**Eligibility**

Key inclusion criteria

1. Participant has capacity to provide written informed consent
2. Aged 18 years or over
3. Clinical and radiological diagnosis of bronchiectasis
4. English speaking
5. Internet access (direct personal access or access via family/friend/local library etc)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

62

**Key exclusion criteria**

1. Cognitive impairment
2. Non-English speaking
3. Complete lack of internet access
4. Aged <18 years
5. Participation in the preceding BRIE study

**Date of first enrolment**

02/06/2014

**Date of final enrolment**

30/09/2016

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Freeman Road**  
Newcastle upon Tyne  
United Kingdom  
NE7 7DN

## Sponsor information

### Organisation

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

### ROR

<https://ror.org/05p40t847>

## Funder(s)

### Funder type

Government

### Funder Name

NIHR Doctoral Research Fellowship (UK); Grant Codes: NIHR-DRF-2012-05-149

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	15/04/2020	16/04/2020	Yes	No
<a href="#">Protocol article</a>	protocol	23/04/2016		Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes