

A randomised comparative trial of group education and distance learning in the self-management of non-insulin dependent diabetes (NIDDMs)

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| Submission date 12/09/2003 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| Registration date 12/09/2003 | Overall study status Completed | <input type="checkbox"/> Protocol |
| Last Edited 31/03/2020 | Condition category Nutritional, Metabolic, Endocrine | <input type="checkbox"/> Statistical analysis plan |
| | | <input type="checkbox"/> Results |
| | | <input type="checkbox"/> Individual participant data |
| | | <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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United Kingdom
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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

M0010070456

Study information

Scientific Title

A randomised comparative trial of group education and distance learning in the self-management of non-insulin dependent diabetes (NIDDMS)

Study objectives

1. To develop and evaluate a distance learning package in the self-management of NIDDMS.
2. To compare group education and distance learning in this group.
3. To evaluate which patients benefit from which method.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

The package is to be written jointly with diabetes clinicians and educationalist then implemented and evaluated (after piloting) on randomly chosen group

Intervention Type

Behavioural

Primary outcome measure

Score of questionnaire measure lifestyle, confidence, emotional adjustment, weight concerns and diet barriers and medical outcomes

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/09/1999

Completion date

01/09/2003

Eligibility

Key inclusion criteria

50 patients with type two diabetes diagnosed in past 2 years within primary care in Bolton

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

50

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/09/1999

Date of final enrolment

01/09/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Bolton Diabetes Centre

Bolton

United Kingdom

BL1 4AL

Sponsor information

Organisation

Department of Health (UK)

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Bolton Hospitals NHS Trust (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration