

# Can cognitive therapy reduce emotional burden in depressed carers of people with Alzheimer's and improve the quality of life for caregiver /care-recipient dyads?

<b>Submission date</b> 02/08/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 02/08/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 07/06/2017	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

QRD/99/01/01

# Study information

## Scientific Title

Can cognitive therapy reduce emotional burden in depressed carers of people with Alzheimer's and improve the quality of life for caregiver/care-recipient dyads?

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Depressed carers of people with Alzheimer's disease

## Interventions

Cognitive behavioural therapy versus waiting list/normal care

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome(s)

Not provided at time of registration

## Key secondary outcome(s)

Not provided at time of registration

## Completion date

31/07/2001

## Eligibility

### Key inclusion criteria

Participants are all family members providing substantial care for a relative with a primary progressive dementia such as Alzheimer's disease or related conditions. The carers involved are all experiencing considerable difficulties with their own low mood or concern for the future to the extent that they could be classified as having a depressive disorder meeting Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) criteria.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Mixed

**Sex**

All

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/10/1998

**Date of final enrolment**

31/07/2001

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

University College London

London

United Kingdom

W1W 7EJ

**Sponsor information****Organisation**

Alzheimer's Society (UK)

**ROR**

<https://ror.org/0472gwq90>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

Alzheimer's Society (UK)

**Alternative Name(s)**

alzheimerssoc

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Associations and societies (private and public)

**Location**

United Kingdom

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration