

Can cognitive therapy reduce emotional burden in depressed carers of people with Alzheimer's and improve the quality of life for caregiver /care-recipient dyads?

Submission date	Recruitment status	<input type="checkbox"/> Prospectively registered
02/08/2002	No longer recruiting	<input type="checkbox"/> Protocol
Registration date	Overall study status	<input type="checkbox"/> Statistical analysis plan
02/08/2002	Completed	<input type="checkbox"/> Results
Last Edited	Condition category	<input type="checkbox"/> Individual participant data
07/06/2017	Nervous System Diseases	<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Georgina Charlesworth

Contact details

Lecturer in Clinical & Hlth Psychology of Old Age
Centre for Behavioural & Social Science in Medicine
University College London
67-73 Charles Bell House
London
United Kingdom
W1W 7EJ
+44 (0)207 679 9334
g.charlesworth@ucl.ac.uk

Additional identifiers

Protocol serial number

QRD/99/01/01

Study information

Scientific Title

Can cognitive therapy reduce emotional burden in depressed carers of people with Alzheimer's and improve the quality of life for caregiver/care-recipient dyads?

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Depressed carers of people with Alzheimer's disease

Interventions

Cognitive behavioural therapy versus waiting list/normal care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/07/2001

Eligibility

Key inclusion criteria

Participants are all family members providing substantial care for a relative with a primary progressive dementia such as Alzheimer's disease or related conditions. The carers involved are all experiencing considerable difficulties with their own low mood or concern for the future to the extent that they could be classified as having a depressive disorder meeting Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) criteria.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Mixed

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/10/1998

Date of final enrolment

31/07/2001

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

University College London

London

United Kingdom

W1W 7EJ

Sponsor information

Organisation

Alzheimer's Society (UK)

ROR

<https://ror.org/0472gwq90>

Funder(s)

Funder type

Charity

Funder Name

Alzheimer's Society (UK)

Alternative Name(s)

alzheimerssoc

Funding Body Type

Private sector organisation

Funding Body Subtype

Associations and societies (private and public)

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes