# Effectiveness of a participatory approach on the use of four ergonomic measures reducing musculoskeletal disorders among construction workers compared with no intervention

Submission date 20/12/2005	Recruitment status  No longer recruiting	Prospectively registered
		☐ Protocol
Registration date	Overall study status	Statistical analysis plan
20/12/2005	Completed	☐ Results
Last Edited	Condition category	Individual participant data
20/10/2008	Injury, Occupational Diseases, Poisoning	Record updated in last year

### Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr H F van der Molen

#### Contact details

Academic Medical Centre (AMC)
Coronel Institute for Occupational and Environmental Health
P.O. Box 26600
Meibergdreef 9
Amsterdam
Netherlands
1100 DD

# Additional identifiers

Protocol serial number

**NTR330** 

# Study information

#### Scientific Title

#### Study objectives

It has been hypothesised that, because participatory ergonomics (PE) implementation strategies intervene at all phases of behavioural change for the various stakeholders, they may be successful in increasing the use of ergonomic measures at worksites. A PE implementation strategy is defined as the involvement of people in planning and controlling a significant amount of their own work activities with sufficient knowledge and power to influence processes and outcomes to achieve desirable goals.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Cluster randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

**Not Specified** 

## Health condition(s) or problem(s) studied

Work-related disorders, musculoskeletal disorders (MSDs)

#### **Interventions**

- 1. A six-step participatory approach aimed at behavioural change among employers and employees within companies guided by an experienced ergonomics consultant during 6 months. Employers, work planners, foremen and representatives of bricklayers and bricklayers assistants structured and organised the approach and process through a steering group within each company.
- 2. No intervention

#### Intervention Type

Other

#### Phase

Not Specified

#### Primary outcome(s)

Use of ergonomic measures (doing), assessed by means of worksite observations and questionnaires at baseline and after six months.

## Key secondary outcome(s))

Behavioural change phases among employers (awareness, accessibility, understanding, wanting, intention and ability) and behavioural change phases among employees (awareness, wanting and

ability). The behavioural change phases of the workers and the employers were determined by questionnaires and interviews respectively. Performance indicators for the PE implementation strategy were assessed through observations by researchers during the implementation process and through questionnaires completed by workers.

## Completion date

01/01/2005

# **Eligibility**

### Key inclusion criteria

Almost no use (less than 10% of the working time) of one ergonomic measure (adjusting the height of bricklaying materials).

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

None (employers and employees were the participants).

#### Date of first enrolment

01/01/2003

#### Date of final enrolment

01/01/2005

# **Locations**

#### Countries of recruitment

Netherlands

# Study participating centre Academic Medical Centre (AMC)

Amsterdam Netherlands 1100 DD

# Sponsor information

#### Organisation

Academic Medical Centre (AMC) (The Netherlands)

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

## Funder type

Research organisation

#### **Funder Name**

WERKGOED (Bouwend Nederland, FNV Bouw, Hout- en Bouw bond CNV, Ministerie van Sociale Zaken en Werkgelegenheid) (The Netherlands)

#### **Funder Name**

Arbouw (The Netherlands)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration