

# Proposal for pilot randomised controlled trial of pelvic floor exercises for premature ejaculation

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 31/03/2011	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0620154903

## Study information

**Scientific Title**

**Study objectives**

Exploring the effectiveness of pelvic floor exercises for premature ejaculation.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Pilot randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Premature ejaculation (PE)

**Interventions**

Treatment group of men with premature ejaculation (PE) receiving pelvic floor exercises and relaxation advice and a non-treatment control group of men with PE receiving only relaxation advice.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

1. Subjects in both groups to be evaluated for PE initially, and at 3 months by completing a questionnaire.
2. Subjective & objective physiotherapy assessment to include digital anal measurements by clinician.
3. Assessment by Ros Wills, a physiotherapist who is blinded to the subject grouping.

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

28/02/2007

**Reason abandoned (if study stopped)**

Lack of recruitment

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Male

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

18/10/2004

**Date of final enrolment**

28/02/2007

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Old Hill Farm

Barnstaple

United Kingdom

EX32 0HR

**Sponsor information****Organisation**

Department of Health

**Funder(s)****Funder type**

Government

**Funder Name**

Exeter Primary Care Trust (UK)

**Funder Name**

Own account

**Funder Name**

NHS R&D Support Funding

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration