# Effects of Botulinum injections on the development of arm and hand function in children with unilateral spastic cerebral palsy

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
26/10/2013	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
26/11/2013	Completed	Results
Last Edited	Condition category	Individual participant data
08/01/2014	Nervous System Diseases	Record updated in last year

#### Plain English summary of protocol

Background and study aims

Children with unilateral spastic cerebral palsy often have impaired hand function. This study aims to find out if Botulinum toxin injections, training of hand function and use of a night splint gives a better improvement than training of hand function and use of a night splint alone.

#### Who can participate?

Children with unilateral spastic cerebral palsy living in western Sweden.

#### What does the study involve?

Children will be randomly allocated to one of two groups. One group will be treated with Botulinum toxin injections in the upper limb twice in one year, will use a night splint and will receive two 8-week intensive periods of occupational therapy in one year. The other group will receive occupational therapy. Investigations will take place before the start of the study and at 3, 6, 9 and 12 months after the start of the study.

#### What are the possible benefits and risks of participating?

A benefit would be the close follow-up and focus on hand function. Possible risks would be adverse effects from Botulinum toxin in those allocated to receive injections.

#### Where is the study run from?

The study is run from The Regional Rehabilitation Centre for Children and Adolescents at the Queen Silvia Childrens Hospital, Sweden.

When is the study starting and how long is it expected to run for? The study started in October 2004 and ran until August 2011.

#### Who is funding the study?

The study is funded by several research foundations and The Health & Medical Care Committee of the Regional Executive Board, Region Västra Götaland and Göteborg & Södra Bohuslän, Sweden.

Who is the main contact? Git Lidman, Occupational therapist, Queen Silvia Children's Hospital git.lidman@vgregion.se

#### Contact information

#### Type(s)

Scientific

#### Contact name

Dr Kate Himmelmann

#### Contact details

Box 210 62 Göteborg Sweden SE 41804

#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

#### Secondary identifying numbers

151:109/01 (Medical Products Agency Sweden)

### Study information

#### Scientific Title

Effects of Botulinum injections and occupational therapy on arm and hand function in children with unilateral spastic cerebral palsy compared to occupational therapy alone

#### **Study objectives**

Botulinum toxin and occupational therapy increase hand function more than occupational therapy alone.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Medical Faculty University of Gothenburg,11 January 2001, ref: Ö 177-00

#### Study design

Randomized controlled trial

#### Primary study design

#### Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Unilateral spastic cerebral palsy

#### **Interventions**

Upper limb Botulinum toxin injections twice in one year Night splint

Occupational therapy: two 8-week intensive periods in one year

Twenty children (median age of 3 years 1 month) were randomly assigned to one of two groups of ten children each.

- 1. BoNT-A+OT group: Botulinum toxin injections in the upper limb twice in one year plus night splint plus two 8-week intensive periods of occupational therapy in one year
- 2. OT group: occupational therapy alone

All assessments performed by two occupational therapists who were aware of the child's intervention but were blinded to the previous measurements. A third occupational therapist scored the Assisting Hand Assessment (AHA) test, blinded to group allocation and order of assessments. Both groups had two 8-week blocks of therapy. This involved the implementation of a home program and a weekly session with an occupational therapist, intended to help the parents maintain and adjust the therapy. A static circular night splint was individually made.

Education and guidelines to the parents for the home program including: bimanual therapy (1h /day), splint (8h/night), manual stretching of the injected muscles and implementation of the goals in daily life (once/day), and a log book for documentation of treatment.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Range of motion (ROM) (active and passive) in the joints of the upper limb at baseline, 3, 6, 9 and 12 months
- 2. Assisting Hand Assessment (AHA) (capacity of hand activity) at baseline, 3, 6, 9 and 12 months
- 3. Canadian Occupation Performance Measure (COPM) (performance of hand activity) at

baseline, 3, 6, 9 and 12 months

4. Covering all domains of ICF (International Classification of Functioning, Disability and Health) regarding the affected upper limb in children with unilateral spastic cerebral palsy

In the group randomized to Botulinum toxin injections at baseline and 6 months, the assessments were also made at 1 and 7 months, to capture the maximum effect of the injections.

#### Secondary outcome measures

Range of movement (ROM), Assisting Hand Assessment (AHA), and Canadian Occupational Performance Measure (COPM) are performed, as well as documentation of hand surgery and Botulinum toxin treatment at 24, 26 48 and 60 months.

#### Overall study start date

25/10/2004

#### Completion date

20/08/2011

# Eligibility

#### Key inclusion criteria

- 1. Unilateral spastic cerebral palsy with spasticity in the upper limb, typically in the pronator, thumb muscles and elbow flexors
- 2. Age 18 months to 10 years
- 3. Living in Västra Götaland

#### Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

18 Months

#### Upper age limit

10 Years

#### Sex

Both

#### Target number of participants

20

#### Key exclusion criteria

- 1. Intellectual disability interfering with the intervention program
- 2. Upper limb dystonia
- 3. Previous upper limb surgery or Botulinum toxin injections

#### Date of first enrolment

# Date of final enrolment 20/08/2011

#### Locations

#### Countries of recruitment

Sweden

SE 41804

# **Study participating centre Box 210 62**Göteborg Sweden

# Sponsor information

#### Organisation

Queen Silvia Children's Hospital (Sweden)

#### Sponsor details

c/o Dr Kate Himmelmann Regional Rehabilitation Centre for Children and Adolescents Box 210 62 Göteborg Sweden SE 41804

#### Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/00yqpgp96

# Funder(s)

#### Funder type

Government

#### **Funder Name**

The Health & Medical Care Committee of the Regional Executive Board, Region Västra Götaland and Göteborg & Södra Bohuslän (Sweden)

#### Funder Name

The Norrbacka-Eugenia and Folke Bernadotte Foundations (Sweden)

#### Funder Name

The Sunnerdahl and Petter Silfverskiöld Foundations (Sweden)

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration