# Propofol cardioplegia for Myocardial Protection Trial: ProMPT

Submission date 18/08/2009	<b>Recruitment status</b> No longer recruiting	[X] Prospectively registered		
		<pre>Protocol</pre>		
Registration date 11/11/2009	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 07/09/2018	<b>Condition category</b> Circulatory System	Individual participant data		

### Plain English summary of protocol

Background and study aims.

Propofol is a general anaethestic drug widely used in heart surgery. Propofol has been shown to protect the muscles of the heart against injury. During heart surgery a cardioplegia solution is infused into the heart's circulation, which causes the heart to stop beating so that the surgery can be performed. There is a vast amount of evidence that propofol protects against the damaging effects of placing the heart under a state of cardioplegic arrest during surgery, but there are still conflicting reports of its benefits. In this study we plan to investigate the protective action of propofol added to blood cardioplegia in patients undergoing isolated coronary artery bypass grafting (CABG) or aortic valve replacement surgery (AVR).

### Who can participate?

96 patients aged 18 to 80 undergoing CABG or AVR with cardiopulmonary bypass at the Bristol Heart Institute (BHI).

### What does the study involve?

Participants will be randomly allocated to one of two groups. During surgery one group will receive cardioplegia solution with propofol supplementation and the other group will receive a cardioplegia solution with placebo (dummy drug) supplementation. We will measure the markers of heart muscle stress and injury from biopsies (small pieces of tissue) taken from the heart. We will also look at markers of whole body stress and inflammation which can tell us about damage to the heart. After 3 months all patients will complete a health status questionnaire.

What are the possible benefits and risks of participating? If benefits are shown from this study we will improve outcomes for patients undergoing heart surgery and reduce hospital costs.

Where is the study run from? Bristol Heart Institute (UK).

When is the study starting and how long is it expected to run for? From February 2010 to September 2015.

Who is funding the study? National Institute for Health Research (NIHR) (UK).

Who is the main contact? Alan Bryan alan.bryan@uhbristol.nhs.uk

# **Contact information**

### Type(s)

Scientific

#### Contact name

Mr Alan Bryan

#### Contact details

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# Additional identifiers

Clinical Trials Information System (CTIS) 2009-015779-28

**Protocol serial number** CS/2008/3029

# Study information

### Scientific Title

A single-centre randomised controlled trial of propofol cardioplegia on blood and myocardial biomarkers of stress and injury in patients having isolated coronary artery bypass grafting (CABG) or aortic valve replacement (AVR) using cardiopulmonary bypass (CPB)

#### Acronym

**РгоМРТ** 

### Study objectives

The ProMPT trial aims to test the hypothesis that supplementation of the cardioplegic solution with propofol will be cardioprotective for patients undergoing isolated coronary artery bypass grafting (CABG) or aortic valve replacement surgery (AVR) with cardiopulmonary bypass (CPB).

On 01/02/2011 the overall trial start date was changed from 01/09/2009 to 15/02/2010 and the overall trial end date was changed from 28/02/2012 to 31/03/2012.

On 20/12/2012 the overall trial end date was changed from 31/03/2012 to 30/09/2012. Data analysis and report writing will continue until 30/09/2013.

On 01/10/2014 the overall trial end date for this trial was changed from 30/09/2012 to 30/09/2015. Data analysis and report writing will continue until 30/09/2015.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

16th November 2009 (West Midlands)

### Study design

Single-centre blinded placebo-controlled randomised controlled trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Cardiac disease/coronary surgery

#### Interventions

Eligible patients undergoing coronary artery bypass grafting (CABG) or aortic valve replacement (AVR) with cardiopulmonary bypass (CPB) and who consent to participate will be randomly allocated to either:

- 1. Control: cardioplegia with placebo (intralipid) supplementation. Warm blood cardioplegia will be used for CABG participants and cold blood cardioplegia for participants having AVR.
- 2. Intervention: cardioplegia with propofol supplementation (6 µg/ml). Warm blood cardioplegia will be used for participants having isolated CABG and cold blood cardioplegia for participants having AVR.

Method of administration will be through either antegrade or retrograde cardioplegia delivery according to local protocol. Several 'doses' may be given but this varies according to the length of surgery time. The duration of treatment is the time on cardiopulmonary bypass and a 3-month postal health status questionnaire follow-up will be completed for all patients.

### Intervention Type

Drug

#### Phase

Phase IV

### Drug/device/biological/vaccine name(s)

Propofol

### Primary outcome(s)

Current primary outcome measure(s) as of 01/02/2011:

The primary outcome will be myocardial injury, assessed by measuring myocardial Troponin T in serum from blood samples collected pre-operatively and at 1, 6, 12, 24 and 48 hours post chest closure.

Previous primary outcome measure(s):

Myocardial injury, assessed by measuring myocardial Troponin T in serum from blood samples collected pre-operatively and 1, 6, 12, 24 and 48 hours post cross-clamp release

### Key secondary outcome(s))

Current secondary outcome measure(s) as of 01/02/2011:

- 1. Myocardial ischaemic stress assessed using biopsies taken from left and right ventricles immediately prior to aortic cross-clamping and 10 minutes post chest closure. Gene expression and cellular changes associated with stress and injury signalling pathways will be measured from metabolite/RNA extracts.
- 2. Systemic metabolic stress, assessed by measuring lactate in blood samples collected preoperatively, 10 minutes after aortic chest closure and 1, 6, 12, 24 and 48 hours post chest closure. 3. Blood pH, measured using each sample collected for (b).
- 4. Renal function, assessed by measuring creatinine in serum from blood samples collected preoperatively and 1, 6, 12, 24 and 48 hours post chest closure.
- 5. The concentration of plasma propofol, measured in blood samples collected immediately before aortic cross-clamping, once during cardioplegia (after blood/cardioplegia mixing) and 10 minutes post cross-clamp release. Blood will be taken from the cardioplegia/bypass circuit.
- 6. Length of intensive care unit (ICU)/high dependency unit (HDU) stay.
- 7. Clinical outcomes and serious adverse events, i.e. serious post-operative complications (e.g. myocardial infarction, permanent stroke, renal failure defined as new need for haemodialysis) and death from any cause.
- 8. Patient health status, monitored using specialist questionnaires administered pre-operatively and 3 months post-operatively. CABG patients will be asked to complete the Coronary Revascularisation Outcome Questionnaire (CROQ) and AVR patients will be asked to complete the Minnesota Living with Heart Failure (MLHF) Questionnaire. The EQ-5D™ health questionnaire will also be administered to all patients.

### Previous secondary outcome measure(s):

- 1. Myocardial ischaemic stress assessed using biopsies taken from left and right ventricles immediately prior to aortic cross-clamping and 10 minutes after cross-clamp release. Gene expression and cellular changes associated with stress and injury signalling pathways will be measured from metabolite/RNA extracts.
- 2. Systemic oxidative stress assessed by measuring 8-Isoprostane in serum from blood samples collected pre-operatively and 1, 6, 12, 24 and 48 hours post cross-clamp release
- 3. Systemic metabolic stress assessed by measuring lactate in blood samples collected preoperatively, 10 minutes after aortic cross-clamp release and 1, 6, 12, 24 and 48 hours post crossclamp release
- 4. Blood pH measured using each sample collected for point 3 above
- 5. The inflammatory response characterised by measuring IL-6, IL-8, IL-10, C3a, C5a, and TNF1alpha in serum from blood samples collected pre-operatively and 1, 6, 12, 24 and 48 hours post cross-clamp release
- 6. Renal function assessed by measuring creatinine in serum from blood samples collected preoperatively and 1, 6, 12, 24 and 48 hours post cross-clamp release
- 7. Renal injury assessed by measuring Neutrophil Gelatinase Associated Lipocalin (NGAL) in

serum from blood samples collected pre-operatively and at 1, 6, 12, 24 and 48 hours post cross-clamp release

- 8. The concentration of circulating microparticles measured in plasma from blood samples collected pre-operatively and 1, 6, 12, 24 and 48 hours post cross-clamp release
- 9. The concentration of plasma propofol measured in plasma from blood samples collected immediately before aortic cross-clamping, once during cardioplegia (after blood/cardioplegia mixing) and 10 minutes after cross-clamp release. Blood will be taken from the cardioplegia /bypass circuit.
- 10. Length of intensive care unit (ICU)/high dependency unit (HDU) stay will be recorded
- 11. Clinical outcomes and serious adverse events, i.e. serious post-operative complications (e.g. myocardial infarction, permanent stroke, renal failure defined as new need for haemodialysis) and death from any cause will be recorded
- 12. Patient health status monitored using specialist questionnaires pre-operatively and 3 months post-operatively. CABG patients will be asked to complete the Coronary Revascularisation Outcome Questionnaire (CROQ) and AVR patients will be asked to complete the Minnesota Living with Heart Failure (MLHF) Questionnaire. The EQ-5D™ health questionnaire will also be administered to all patients pre-operatively and at 3 months post-operatively.

### Completion date

31/12/2016

# **Eligibility**

### Key inclusion criteria

Current inclusion criteria as of 01/02/2011:

- 1. Male or female
- 2. Age  $\geq$ 18 to  $\leq$ 80 years
- 3. Having elective or urgent CABG or AVR with CPB at the BHI
- 4. Able to give full informed consent for the study

#### Previous inclusion criteria:

- 1. Male or female
- 2. Aged greater than or equal to 16 years to less than or equal to 80 years
- 3. Having elective or urgent CABG or AVR with CPB at the Bristol Heart Institute (BHI)
- 4. Able to give full informed consent for the study

### Participant type(s)

Patient

### Healthy volunteers allowed

No

### Age group

Adult

### Lower age limit

18 years

### Sex

All

### Key exclusion criteria

Current inclusion criteria as of 01/02/2011:

- 1. Previous cardiac surgery
- 2. Combined CABG and AVR
- 3. Emergency or salvage operation
- 4. Chronic renal failure requiring dialysis
- 5. Current congestive heart failure
- 6. Left ventricular ejection fraction less than 30% (i.e. poor LV function)
- 7. Allergy to peanuts, eggs, egg products, soybeans or soy products
- 8. Already participating in another clinical (interventional) study

### Previous inclusion criteria:

2. Concomitant CABG/AVR procedure

### Date of first enrolment

15/02/2010

### Date of final enrolment

06/07/2012

# Locations

### Countries of recruitment

United Kingdom

England

# Study participating centre Bristol Heart Institute

Bristol United Kingdom BS2 8HW

# Sponsor information

### Organisation

University Hospitals Bristol NHS Foundation Trust (UK)

#### **ROR**

https://ror.org/04nm1cv11

# Funder(s)

## Funder type

### Funder Name

National Institute for Health Research (NIHR) (UK) - Biomedical Research Unit (ref: 2008/SS/BRU)

# **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type	<b>Details</b> results	Date created Date added Peer reviewed? Patient-facing?		
Results article		08/07/2014	Yes	No
Basic results			No	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2	.025 No	Yes