

# What is the ideal dose of protein substitute in Phenylketonuria (PKU)?

**Submission date**  
12/09/2003

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
12/09/2003

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
12/01/2010

**Condition category**  
Nutritional, Metabolic, Endocrine

☐ Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Anita MacDonald

**Contact details**  
Birmingham Children's Hospital  
Dietetics Department  
Steelhouse Lane  
Birmingham  
United Kingdom  
B4 6NH  
+44 (0)121 333 8024  
[anita.macdonald@bhamchildrens.wmids.nhs.uk](mailto:anita.macdonald@bhamchildrens.wmids.nhs.uk)

## Additional identifiers

**Protocol serial number**  
N0045113499

## Study information

**Scientific Title**

**Study objectives**

Dose a lower dose of protein substitute achieve the same or better level of blood phenylalanine control when compared to the higher dosage recommended by the MRC Working Group on PKU?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised cross over prospective study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Nutritional, Metabolic, Endocrine: Phenylketonuria (PKU)

**Interventions**

Protocol A: 2 g/kg/day of protein equivalent

Protocol B: 1.2 g/kg/day protein equivalent

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

A change in blood phenylalanine levels on a lower dose of protein substitute.

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

30/04/2003

**Eligibility****Key inclusion criteria**

25 subjects with well controlled PKU aged between 2-10 years of age.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

2 years

**Upper age limit**

10 years

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/05/2002

**Date of final enrolment**

30/04/2003

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Birmingham Children's Hospital**

Birmingham

United Kingdom

B4 6NH

## **Sponsor information**

**Organisation**

Department of Health (UK)

## **Funder(s)**

**Funder type**  
Government

**Funder Name**  
Birmingham Children's Hospital NHS Trust (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2006		Yes	No