# Fatty Acid Induced Oxidative Stress: its role in preventing hypoglycemia

Submission date	Recruitment status	Prospectively registered
09/01/2006	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
09/01/2006	Completed	Results
Last Edited	Condition category	Individual participant data
01/09/2009	Other	Record updated in last year

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

**NTR517** 

# Study information

#### Scientific Title

#### Acronym

FIOS: Fatty acid Induced Oxidative Stress

## **Study objectives**

Elevated levels of Free Fatty Acids during fasting induce oxidative stress and cause insulin resistance to maintain euglycemia.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Non-randomised open label placebo controlled crossover group trial

#### Primary study design

Interventional

#### Secondary study design

Non randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Other

#### Participant information sheet

#### Health condition(s) or problem(s) studied

No condition, healthy person

#### Interventions

Subjects will undergo a period of fasting and are assigned to receive either acipimox (inhibitor lipilysis) 250 mg 4dd or placebo. Hereafter insulin sensitivity will be measured using stable isotope technique. Furthermore regulating hormones and lipids will be measured. Muscle specimens (v. lateralis) will be obtained for determination of intramyocellular lipids and transcription factors.

#### Intervention Type

Drug

#### Phase

# Drug/device/biological/vaccine name(s)

acipimox

#### Primary outcome measure

Insulin resistance, Free fatty acids and oxidative stress with and without acipimox.

## Secondary outcome measures

Other measures of glucosehomeostasis: glucoregulatory hormones, (adipo)cytokines.

#### Overall study start date

01/01/2006

#### Completion date

01/03/2006

# **Eligibility**

# Key inclusion criteria

- 1. 6 healthy men
- 2. 18-38 years
- 3. Body mass index (BMI) 20-25
- 4. Stable weight during the last 3 months

# Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Upper age limit

38 Years

#### Sex

Male

# Target number of participants

6

# Key exclusion criteria

- 1. Diabetes
- 2. Diabetes first degree relatives
- 3. Hypercholesterolemia
- 4. High intensity sport activities
- 5. Positive oral glucose tolerance testing

# Date of first enrolment

01/01/2006

#### Date of final enrolment

01/03/2006

# Locations

#### Countries of recruitment

Netherlands

# Study participating centre Academic Medical Center

Amsterdam Netherlands 1100 DD

# Sponsor information

#### Organisation

Academic Medical Centre (AMC) (Netherlands)

# Sponsor details

Department of Endocrinology and Metabolism P.O. Box 22660 Amsterdam Netherlands 1100 DD

# Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/03t4gr691

# Funder(s)

# Funder type

Hospital/treatment centre

#### **Funder Name**

Academic Medical Centre (AMC) (Netherlands), Department of Endocrinology and Metabolism

# **Results and Publications**

**Publication and dissemination plan**Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration