# Fatty Acid Induced Oxidative Stress: its role in preventing hypoglycemia

Submission date	nission dateRecruitment status1/2006No longer recruiting	Prospectively registered
09/01/2000		
Registration date	Overall study status	Statistical analysis plan
09/01/2006	Completed	[_] Results
Last Edited	Condition category	Individual participant data
01/09/2009	Other	[] Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## **Contact information**

**Type(s)** Scientific

**Contact name** Dr M.R. Soeters

## **Contact details**

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers NTR517

# Study information

Scientific Title

**Acronym** FIOS: Fatty acid Induced Oxidative Stress

**Study objectives** Elevated levels of Free Fatty Acids during fasting induce oxidative stress and cause insulin resistance to maintain euglycemia.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Non-randomised open label placebo controlled crossover group trial

**Primary study design** Interventional

**Secondary study design** Non randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Other

Participant information sheet

Health condition(s) or problem(s) studied No condition, healthy person

#### Interventions

Subjects will undergo a period of fasting and are assigned to receive either acipimox (inhibitor lipilysis) 250 mg 4dd or placebo. Hereafter insulin sensitivity will be measured using stable isotope technique. Furthermore regulating hormones and lipids will be measured. Muscle specimens (v. lateralis) will be obtained for determination of intramyocellular lipids and transcription factors.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s) acipimox

**Primary outcome measure** Insulin resistance, Free fatty acids and oxidative stress with and without acipimox.

#### Secondary outcome measures

Other measures of glucosehomeostasis: glucoregulatory hormones, (adipo)cytokines.

Overall study start date 01/01/2006

**Completion date** 01/03/2006

# Eligibility

### Key inclusion criteria

- 1.6 healthy men
- 2. 18-38 years
- 3. Body mass index (BMI) 20-25
- 4. Stable weight during the last 3 months

**Participant type(s)** Patient

**Age group** Adult

**Lower age limit** 18 Years

**Upper age limit** 38 Years

**Sex** Male

Target number of participants

6

#### Key exclusion criteria

- 1. Diabetes
- 2. Diabetes first degree relatives
- 3. Hypercholesterolemia
- 4. High intensity sport activities
- 5. Positive oral glucose tolerance testing

Date of first enrolment 01/01/2006

Date of final enrolment 01/03/2006

## Locations

**Countries of recruitment** Netherlands

**Study participating centre Academic Medical Center** Amsterdam Netherlands 1100 DD

## Sponsor information

**Organisation** Academic Medical Centre (AMC) (Netherlands)

**Sponsor details** Department of Endocrinology and Metabolism P.O. Box 22660 Amsterdam Netherlands 1100 DD

**Sponsor type** Hospital/treatment centre

ROR https://ror.org/03t4gr691

# Funder(s)

**Funder type** Hospital/treatment centre

#### Funder Name Academic Medical Centre (AMC) (Netherlands). Department of F

Academic Medical Centre (AMC) (Netherlands), Department of Endocrinology and Metabolism

## **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration