Oral versus vaginal misoprostol for medical management of early foetal demise

Submission date	Recruitment status No longer recruiting	Prospectively registered		
26/02/2009		☐ Protocol		
Registration date 21/04/2009	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	Individual participant data		
24/10/2019	Pregnancy and Childbirth			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Elaine Gouk

Contact details

University Hospital of North Tees Hardwick Road Stockton-on-Tees, Cleveland United Kingdom TS19 8PE

Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

A randomised controlled trial of oral versus vaginal misoprostol for medical management of early foetal demise

Study objectives

When used in conjunction with oral mifepristone (200 mg), a single dose of vaginal misoprostol (800 micrograms) has a higher success rate in treating early foetal demise than an oral regimen of misoprostol (600/400/400 micrograms).

Ethics approval required

Old ethics approval format

Ethics approval(s)

South Tees Hospital Trust Ethics Committee, 23/09/1997, ref: 97/69

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Medical management of miscarriage

Interventions

In both groups, oral mifeprostone (200 mg) was given and then the misoprotol administered 48 hours later. The vaginal regimen was given once only. If no products were passed/seen, even on vaginal speculum examination, this could be repeated the next day. The oral regime (600/400 /400 micrograms) was given at two hourly intervals. Again, if the miscarriage had not completed, this could be reviewed the next day.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Mifepristone, misoprostol

Primary outcome(s)

Clinically diagnosed completion of miscarriage

Key secondary outcome(s))

- 1. Parity, assessed at initial presentation
- 2. Anembryonic/embryonic early foetal demise assessed at time of ultrasound scan and miscarriage diagnosis
- 3. Side effects (pain, diarrhoea, vomiting), assessed during treatment and inpatient stay
- 4. Analgesia use

Completion date

30/12/2000

Eligibility

Key inclusion criteria

Women with an ultrasound diagnosis of (singleton) early foetal demise, with no medical contraindications or known allergy to misoprostol or mifepristone.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

- 1. Heavy smokers (of >20 cigarettes day)
- 2. Aged >35 years
- 3. Severe asthma
- 4. Cardiovascular disease, hypertension (blood pressure [BP] >160/100 mmHg)
- 5. Chronic adrenal, renal or hepatic failure
- 6. Porphyria or haemorrhagic disorders
- 7. Long term corticosteroid
- 8. Anticoagulant or non-steroidal anti-inflammatory drug (NSAID) therapy
- 9. Known allergy to mifepristone or misoprostol

Date of first enrolment

01/01/1997

Date of final enrolment

30/12/2000

Locations

Countries of recruitment

United Kingdom

England

Study participating centre
University Hospital of North Tees
Stockton-on-Tees, Cleveland

United Kingdom TS19 8PE

Sponsor information

Organisation

South Tees Hospitals NHS Trust (UK)

ROR

https://ror.org/02js17r36

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

The James Cook University Hospital (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/10/2009	24/10/2019	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes