# Efficacy of magnesium and sotalol in prevention of Atrial fibrillation (AF) following cardiac surgery

Submission date	Recruitment status	Prospectively regis
30/09/2004	No longer recruiting	[] Protocol
Registration date	Overall study status	[] Statistical analysis p
30/09/2004	Completed	[] Results
Last Edited	Condition category	Individual participa
01/04/2020	Circulatory System	[] Record updated in

### Plain English summary of protocol

Not provided at time of registration

### Contact information

Type(s) Scientific

Contact name Mr M Kudovala

### **Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N0054131771

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- last year

### Study information

#### Scientific Title

Efficacy of magnesium and sotalol in prevention of Atrial fibrillation (AF) following cardiac surgery

#### **Study objectives**

We aim to study the efficacy of this combination of sotalol and magnesium in more clinically common patient groups like patients undergoing valve surgery, impaired left ventricular (LV) function and borderline respiratory function which makes it more useful to our patient population and hence our practice. This study will be unique from previous studies in that it looks at more patients who are in-line with our day to day practice and also analyses the heretofore most efficient and least complicating change in cardiac surgery and ensure shorter hospital stay and better patient care. The economic implications of 25% of patients treated for atrial fibrillation and good proportion going on to have lifelong treatment with or without warfarin is quite obvious.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised double-blind controlled study

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

Participant information sheet

### Health condition(s) or problem(s) studied

Cardiovascular: Atrial fibrillation (AF)

#### Interventions

2 groups - a control group given placebo and a study group given sotalol with magnesium.

Preoperative assessment of electrocardiogram (ECG), serum potassium and magnesium levels. ECG repeated on postoperative days, 1, 2, 4, 7 and 6 weeks. QTc noted for the ECGs. Serum potassium and magnesium are measured every day for seven days. Drugs administered: Sotalol 80 mg twice daily started on first postoperative day and continued for five days and decreased to 40 mg twice daily for the next six weeks and then terminated. If the patients heart rate slows down to less than 50 beats per minute when on a 80 mg dose then the dose is decreased to 40 mg twice daily even if its earlier than five days. Magnesium 4 g intravenously first dose given when patient arrives in intensive therapy unit (ITU), second dose of 4 g is given post operatively 24:00 hrs on the night of procedure in the intensive care. This is followed by magnesium sulphate 4 g intravenously twice daily for the next two days.

#### Intervention Type

Drug

**Phase** Not Applicable

#### Drug/device/biological/vaccine name(s)

Magnesium and sotalol

#### Primary outcome measure

 To monitor the frequency of atrial fibrillation following pre-operative treatment with sotalol and magnesium and to determine its efficacy in a large group of cardiac surgery patients.
The prevention of Atrial Fibrillation in patients undergoing Cardiac Surgery

#### Secondary outcome measures

Not provided at time of registration

Overall study start date 01/12/2003

**Completion date** 01/05/2004

# Eligibility

#### Key inclusion criteria

Therapeutic research: All patients admitted for cardiac surgery in The Cardiothoracic centre are potential participants. All the details of the study are explained to the patients and a patient information sheet is given to them. Following this, a proper consent is obtained.

#### Participant type(s)

Patient

Age group Not Specified

**Sex** Not Specified

#### Target number of participants

98 patients per group needed to detect a reduction in AF rate to 10% at 90% power, therefore 200 patients (100 per group) will be recruited.

#### Key exclusion criteria

1. Patients who are in another trial that might have a bearing or influence in outcome in this study

2. Patients undergoing aortic procedure, preoperative atrial fibrillation or second or third degree heart block and patients with preoperative creatinine value of more than 200.

Date of first enrolment 01/12/2003

**Date of final enrolment** 01/05/2004

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Liverpool NHS Trust** Liverpool United Kingdom L14 3PE

### Sponsor information

**Organisation** Department of Health

**Sponsor details** Richmond House 79 Whitehall London United Kingdom SW1A 2NL

**Sponsor type** Government

Website http://www.dh.gov.uk/Home/fs/en

# Funder(s)

**Funder type** Hospital/treatment centre

**Funder Name** The Cardiothoracic Centre Liverpool NHS Trust (UK)

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration