

# A Universal Form for Treatment Options as an alternative to DNAR: Development and Evaluation

<b>Submission date</b> 19/05/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 19/05/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 03/04/2014	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
7932

## Study information

## **Scientific Title**

### **Acronym**

A Universal Form for Treatment Options: Development and evaluation

### **Study objectives**

Our main hypothesis is that introduction of universal form for treatment options (UFTO) will remove inequities in care resulting from current approaches to do not attempt resuscitation (DNAR) (patients with DNAR forms receive substandard treatment, while other patients have resuscitation inappropriately attempted on them), and improve experience of discussions surrounding resuscitation for patient, carer, family and clinical groups (hereafter referred to as "all groups").

Our project can be divided into the following aims:

#### **1. Finalisation of the UFTO:**

This form will be filled in on every patient (the DNAR is only completed on those NOT for resuscitation), stating which specific escalations (e.g., intensive care) are appropriate (the DNAR states that one treatment, resuscitation, should be withheld). We will then assess whether the UFTO alters qualitative and quantitative outcomes in comparison to the standard DNAR form.

#### **2. Quantitative aims:**

We hypothesise the UFTO will standardise the doctors' approach to DNAR, while allowing patients' individual choices to be respected.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

MREC approved (ref: 09/ho310/89)

### **Study design**

Multicentre observational process of care and treatment cohort study

### **Primary study design**

Observational

### **Secondary study design**

Cohort study

### **Study setting(s)**

Hospital

### **Study type(s)**

Treatment

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Topic: Generic Health Relevance and Cross Cutting Themes; Subtopic: Generic Health Relevance (all Subtopics); Disease: Health Services Research

### **Interventions**

The intervention is the use of the Universal Form of Treatment Options instead of the Current DNAR form.

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome measure**

Outreach services

### **Secondary outcome measures**

UFTO

### **Overall study start date**

01/11/2009

### **Completion date**

31/05/2012

## **Eligibility**

### **Key inclusion criteria**

Patients:

1. All patients admitted on weekdays
2. Assessed following the post take round, until which time usual care will have been administered

Nurses and doctors:

3. All nurses and doctors on the participating wards will be eligible for inclusion for being interviewed for the qualitative aspects of the study

Both:

4. Male and female, lower age limit of 18 years

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Planned sample size: 1080

**Key exclusion criteria**

1. Those under 18 years
2. Those for palliative care only

**Date of first enrolment**

01/11/2009

**Date of final enrolment**

31/05/2012

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Hinchingbrooke Park**

Huntingdon

United Kingdom

PE29 6NT

**Sponsor information****Organisation**

Cambridge University Hospitals NHS Foundation Trust (UK)

**Sponsor details**

Addenbrookes Hospital

Hills Road

Cambridge

England

United Kingdom

CB2 2QQ

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.cuh.org.uk/>

**ROR**

<https://ror.org/04v54gj93>

## Funder(s)

**Funder type**

Government

**Funder Name**

National Institute for Health Research (NIHR) (UK)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	04/09/2013		Yes	No