Musculoskeletal Diseases

# Chemonucleolysis or manipulation for lumbar disc herniation?

Submission date 23/01/2004	<b>Recruitment status</b> No longer recruiting
Registration date 23/01/2004	<b>Overall study status</b> Completed
Last Edited	Condition category

[] Prospectively registered

[] Protocol

[] Statistical analysis plan

[X] Results

[] Individual participant data

### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

22/02/2008

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers ND0020 T367 Burton R&D

# Study information

#### Scientific Title

#### **Study objectives**

The purpose of this study is to compare the effects of two treatment modalities available for lumbar disc herniation. The principle aim of the project is to ascertain which, if either, treatment is superior in terms of reducing symptoms/disability, and the relative cost effectiveness/patient satisfaction. The treatments to be studied are chemonucleolysis and osteopathic manipulation. Despite the choice of a well defined low back pathology for this trial, it may be that some 'types' of patient respond better to one or other of the treatments; strenuous attempts will be made to identify any such categories. The benefits to the NHS will be the determination of the more cost-effective treatment for this condition. Should the result favour manipulation, there will be the potential for reduction both of therapeutic costs and of orthopaedic waiting lists.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

Study setting(s) Hospital

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Lumbar disc herniation

Interventions 1. Chemonucleolysis 2. Osteopathic manipulation

Intervention Type Other

Phase

Not Specified

#### Primary outcome measure

Symptoms/disability and the relative cost effectiveness/patient satisfaction.
 Pain (back and leg) and disability

Secondary outcome measures Therapeutic failure

**Overall study start date** 02/01/1994

**Completion date** 31/12/1998

# Eligibility

**Key inclusion criteria** Patients with lumbar disc herniation

**Participant type(s)** Patient

Age group Not Specified

**Sex** Not Specified

**Target number of participants** 40

**Key exclusion criteria** Not provided at time of registration

**Date of first enrolment** 02/01/1994

Date of final enrolment 31/12/1998

# Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre Spinal Research Unit** Huddersfield United Kingdom HD1 2SP

## Sponsor information

**Organisation** NHS R&D Regional Programme Register - Department of Health (UK)

#### **Sponsor details** The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL

+44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

Website http://www.doh.gov.uk

# Funder(s)

**Funder type** Government

**Funder Name** NHS Executive Northern and Yorkshire (UK)

# **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

**IPD sharing plan summary** Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	Results	01/06/2000		Yes	No