# The effect of a disease-specific supplement on the postprandial plasma glucose response in type 2 diabetic patients at baseline and after 6 and 12 weeks of supplementation

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
07/06/2006	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
07/06/2006	Completed	[X] Results
Last Edited	Condition category	Individual participant data
08/01/2021	Nutritional, Metabolic, Endocrine	

## Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

#### Secondary identifying numbers

100015, NL597, NTR653

# Study information

#### Scientific Title

The effect of a disease-specific supplement on the postprandial plasma glucose response in type 2 diabetic patients at baseline and after 6 and 12 weeks of supplementation

#### Acronym

DiaDrink trial

#### Study objectives

Usage of disease-specific sip feed will improve glucose control in diabetic patients.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomized controlled trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

# Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Diabetes Mellitus type II (DM type II)

#### **Interventions**

Duration intervention: 12 weeks

Intervention group: disease-specific sip feed. Control group: isocaloric standard sip feed.

#### Intervention Type

Other

#### Phase

#### **Not Specified**

#### Primary outcome measure

Postprandial glucose response.

#### Secondary outcome measures

- 1. Glycaemic control before and after 6 and 12 weeks of supplementation
- 2. Fasting plasma lipid profile before and after 6 and 12 weeks of supplementation

#### Overall study start date

15/12/2005

#### Completion date

01/09/2006

# Eligibility

#### Key inclusion criteria

- 1. Diagnosis type 2 diabetes
- 2. Age >18
- 3. HbA1c between 6.5% 8.5%
- 4. Anti-diabetic therapy: metformin and/or sulfonylureas
- 5. In need of nutritional support
- 6. Capable of using oral drink feed supplementation
- 7. On a stable and controlled anti-diabetic regime for at least one month
- 8. Signed informed consent

## Participant type(s)

Patient

## Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

## Target number of participants

34

#### Total final enrolment

40

#### Key exclusion criteria

- 1. Pregnant or lactating woman or woman planning to become pregnant
- 2. Usage of a disease-specific nutritional supplement within past four weeks
- 5. Concomitant therapy with systemic glucocorticoids, insulin or anti-diabetic medication other than metformin or sulfonylureas

- 6. Any acute gastrointestinal disease within two weeks prior to study entry
- 7. Gastrectomy, gastroparesis or other gastric emptying abnormalities
- 8. Acute severe heart failure, end stage liver failure or renal failure requiring dialysis
- 9. Patients receiving enteral nutrition
- 10. Patients with galactosaemia, fructosaemia or patients requiring a fibre-free diet
- 11. Drug or alcohol abuse
- 12. Participation in other trials within 4 weeks of study entry

#### Date of first enrolment

15/12/2005

#### Date of final enrolment

01/09/2006

# Locations

#### Countries of recruitment

Netherlands

# Study participating centre Numico Research B.V.

Wageningen Netherlands 6700 CA

# Sponsor information

### Organisation

Numico Research B.V. (The Netherlands)

#### Sponsor details

P.O. Box 7005 Wageningen Netherlands 6700 CA

#### Sponsor type

University/education

#### **ROR**

https://ror.org/00aj77a24

# Funder(s)

# Funder type

Industry

#### Funder Name

Numico Research B.V.

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2008	08/01/2021	Yes	No