# Randomised trial of treatment of chronic suppurative otitis media (CSOM) in Kenyan children

Submission date	Recruitment status	[X] Prospectively registered
25/11/2008	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
17/12/2008	Completed	Results
Last Edited	Condition category	Individual participant data
16/05/2022	Ear, Nose and Throat	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Ian Mackenzie

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Treatment of chronic suppurative otitis media (CSOM) in Kenyan children: a double blind, two-group comparative randomised placebo controlled trial

#### Acronym

COMIGS

## **Study objectives**

The addition of oral zinc sulphate supplements (20 mg elemental zinc/day) to current best treatment (aural antibiotics instilled after ear cleaning) is more effective than current best treatment alone in time to resolution of chronic suppurative otitis media (CSOM) in children.

# Ethics approval required

Old ethics approval format

## Ethics approval(s)

Pending as of 25/11/2008:

- 1. University of Nairobi Ethics Committee: submitted 18/11/2008
- 2. Liverpool School of Tropical Medicine Ethics Committee: submitted 20/11/2008

## Study design

Double blind, two-group comparative randomised placebo controlled trial

## Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Chronic suppurative otitis media (CSOM)

#### **Interventions**

- 1. Six weeks of weekly oral zinc sulphate supplement (20 mg) together with 10 days of aural ciprofloxacin 0.3% ear drops
- 2. Six weeks of weekly oral placebo together with 10 days of aural ciprofloxacin 0.3% ear drops

# Intervention Type

#### Supplement

#### Phase

**Not Specified** 

# Drug/device/biological/vaccine name(s)

Zinc sulphate supplement, ciprofloxacin

## Primary outcome measure

Healing of the tympanic membrane at 42 days with no evidence of perforation on otoscopy, tympanometry or the Rinne Test has changed from negative to positive.

## Secondary outcome measures

- 1. Resolution of aural discharge
- 2. Any change of 10 decibels or more over the speech frequencies
- 3. Safety profiles of the two treatments

Children will be reviewed at 6, 10 and 16 weeks.

## Overall study start date

01/02/2009

# Completion date

01/02/2010

# Eligibility

# Key inclusion criteria

- 1. Aged 5 years or older, either sex
- 2. Presence of purulent aural discharge for 14 days or longer
- 3. Presense of pus in the external ear canal on otoscopy
- 4. Perforation of the tympanic membrane

# Participant type(s)

**Patient** 

# Age group

Child

# Lower age limit

5 Years

#### Sex

Both

# Target number of participants

432 school age children (5 years and older)

# Key exclusion criteria

- 1. Treated for ear infection or received antibiotics for any other disease in the previous 2 weeks
- 2. Other ear problems, e.g. pre-exiting ear disease or anatomical abnormalities
- 3. Foreign body or ear wax that is not able to be removed
- 4. Known allergy to study drugs

# Date of first enrolment

01/02/2009

## Date of final enrolment

01/02/2010

# Locations

#### Countries of recruitment

England

Kenya

United Kingdom

Study participating centre
Liverpool School of Tropical Medicine
Liverpool
United Kingdom
L3 5QA

# Sponsor information

#### Organisation

Liverpool School of Tropical Medicine (UK)

#### Sponsor details

Pembroke Place Liverpool England United Kingdom L3 5QA +44 (0)151 705 3144 macken34@liv.ac.uk

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.liv.ac.uk/lstm

#### ROR

https://ror.org/03svjbs84

# Funder(s)

# Funder type

Charity

#### Funder Name

Thrasher Research Fund (USA)

## Alternative Name(s)

**TRF** 

# Funding Body Type

Private sector organisation

#### **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

United States of America

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

Not provided at time of registration