# Is there any advantage using water as a lubricant when performing flexible nasendoscopy

Submission date	Recruitment status	[_] Prospectivel
29/09/2006	No longer recruiting	[] Protocol
<b>Registration date</b> 29/09/2006	Overall study status	Statistical an
	Completed	[X] Results [] Individual pa
Last Edited 06/04/2009	Condition category Surgery	

### Plain English summary of protocol

Not provided at time of registration

### Contact information

Type(s) Scientific

Contact name Mr Niranjan Raghava

#### **Contact details**

**ENT Department** Gloucestershire Royal Hospital (GRH) Gloucester United Kingdom GL1 3NN

### Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N0106163114

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### Study information

#### Scientific Title

**Study objectives** To establish what type of lubrication is most beneficial when performing nasendoscopy.

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Single blind prospective randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Surgery: Nasendoscopy

#### Interventions

Group A: water as lubricant Group B: petroleum jelly as lubricant

#### Intervention Type

Procedure/Surgery

**Phase** Not Specified

#### Primary outcome measure

- 1. Visual analogue score (VAS) of patient discomfort
- 2. VAS of picture quality information gained by the doctor
- 3. VAS of the ease of passage of the nasendoscope

#### Secondary outcome measures

Not provided at time of registration

Overall study start date 01/06/2005

Completion date 01/12/2005

## Eligibility

**Key inclusion criteria** Patients requiring nasendoscopy

**Participant type(s)** Patient

**Age group** Adult

**Sex** Not Specified

**Target number of participants** 150 - 75 in each group.

#### Key exclusion criteria

Patients unable to consent
Allergic to lubricant
Unable to complete VAS
Patients who require local anaesthetic

Date of first enrolment 01/06/2005

Date of final enrolment 01/12/2005

### Locations

**Countries of recruitment** England

United Kingdom

Study participating centre

**ENT Department** Gloucester United Kingdom GL1 3NN

### Sponsor information

**Organisation** Record Provided by the NHSTCT Register - 2006 Update - Department of Health

**Sponsor details** The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

### Sponsor type

Government

Website http://www.dh.gov.uk/Home/fs/en

### Funder(s)

**Funder type** Government

**Funder Name** Gloucestershire R&D Consortium (UK)

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2006		Yes	No