Is the use of bupivacaine hydrochloride 0.5% an effective treatment for the relief of chronic plantar fascial pain?

| Submission date 29/09/2006 | Recruitment status No longer recruiting | Prospectively registered Protocol |
|-------------------------------------|---|--|
| Registration date 29/09/2006 | Overall study status Completed | Statistical analysis plan Results |
| Last Edited 06/03/2015 | Condition category Musculoskeletal Diseases | Individual participant data Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s) Scientific

Contact name Mr KM Porter

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers N0265105806

Study information

Scientific Title

Is the use of bupivacaine hydrochloride 0.5% an effective treatment for the relief of chronic plantar fascial pain?

Study objectives

Injection(s) of bupivacaine hydrochloride 0.5% is an effective treatment for patients with chronic plantar fascial pain.

Ethics approval required Old ethics approval format

Ethics approval(s) Not provided at time of registration

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Not specified

Study type(s) Treatment

Participant information sheet

Health condition(s) or problem(s) studied Musculoskeletal Diseases: Plantar fasciitis

Interventions

It is proposed that 80 subjects presenting with heel Pain that have been referred for Podiatric assessment and intervention will be recruited to the study.

Those patients who are diagnosed with plantar fasciitis according to a recognised criteria, and who consent to the study, will have their pain intensity assessed using a Visual Analogue Scale (VAS).

The patients will then be randomized into experimental and control groups. The recruits will then receive the proposed treatment regime and will have their VAS assessed at each visit.

The researcher will remain blind to the recruits VAS score and both the researcher and subject will be blind to the injected agent. The use of local anesthetic injections as a therapeutic intervention is normal practice within the Podiatry department.

Intervention Type Drug

Phase Not Applicable

Drug/device/biological/vaccine name(s) Bupivacaine hydrochloride

Primary outcome measure Not provided at time of registration

Secondary outcome measures Not provided at time of registration

Overall study start date 26/02/2002

Completion date 26/02/2008

Eligibility

Key inclusion criteria

The cohort of patients will be recruited from appropriate referrals received from General Practitioners within Primary Care, and Consultants within the UHB Trust for Podiatric assessment and intervention.

Volunteers will be provided with information sheets and informed consent required in writing will be obtained prior to the study. Volunteers will be made aware that their withdrawal form the study at any stage will not adversely affect their future treatment.

Inclusion criteria: Patients over 18 years of age with pain over the medial aspect of the heel, and who fulfill the criteria set down by Saxelby et al (1997).

The Podiatry Department has access to interpreters if there are issues relating to language problems.

Participant type(s) Patient

Age group Adult

Lower age limit 18 Years

Sex Both

Target number of participants 80

Key exclusion criteria

1. Patients with a known sensitivity to local anesthetics

- 2. Patents with liver disease
- 3. Patients with kidney disease
- 4. Patients with broken skin/skin lesions/infection around the injection site
- 5. Pregnant women
- 6. Patients on anticoagulation therapy

Date of first enrolment 26/02/2002

Date of final enrolment 26/02/2008

Locations

Countries of recruitment England

United Kingdom

Study participating centre Selly Oak Hospital Birmingham United Kingdom B29 6JD

Sponsor information

Organisation Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type Hospital/treatment centre

Funder Name University Hospital Birmingham NHS Trust

Funder Name NHS R&D Support Funding

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary Not provided at time of registration