# Is the use of bupivacaine hydrochloride 0.5% an effective treatment for the relief of chronic plantar fascial pain?

Submission date	Recruitment status	Prospectively registered
29/09/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Completed	Results
Last Edited	Condition category	Individual participant data
06/03/2015	Musculoskeletal Diseases	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Mr KM Porter

#### Contact details

Trauma Selly Oak Hospital Birmingham United Kingdom B29 6JD

# Additional identifiers

Protocol serial number

N0265105806

# Study information

#### Scientific Title

Is the use of bupivacaine hydrochloride 0.5% an effective treatment for the relief of chronic plantar fascial pain?

## **Study objectives**

Injection(s) of bupivacaine hydrochloride 0.5% is an effective treatment for patients with chronic plantar fascial pain.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Plantar fasciitis

#### **Interventions**

It is proposed that 80 subjects presenting with heel Pain that have been referred for Podiatric assessment and intervention will be recruited to the study.

Those patients who are diagnosed with plantar fasciitis according to a recognised criteria, and who consent to the study, will have their pain intensity assessed using a Visual Analogue Scale (VAS).

The patients will then be randomized into experimental and control groups. The recruits will then receive the proposed treatment regime and will have their VAS assessed at each visit.

The researcher will remain blind to the recruits VAS score and both the researcher and subject will be blind to the injected agent. The use of local anesthetic injections as a therapeutic intervention is normal practice within the Podiatry department.

## Intervention Type

Drug

## Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

Bupivacaine hydrochloride

## Primary outcome(s)

Not provided at time of registration

## Key secondary outcome(s))

Not provided at time of registration

## Completion date

26/02/2008

# **Eligibility**

## Key inclusion criteria

The cohort of patients will be recruited from appropriate referrals received from General Practitioners within Primary Care, and Consultants within the UHB Trust for Podiatric assessment and intervention.

Volunteers will be provided with information sheets and informed consent required in writing will be obtained prior to the study. Volunteers will be made aware that their withdrawal form the study at any stage will not adversely affect their future treatment.

Inclusion criteria: Patients over 18 years of age with pain over the medial aspect of the heel, and who fulfill the criteria set down by Saxelby et al (1997).

The Podiatry Department has access to interpreters if there are issues relating to language problems.

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

#### Sex

Αll

## Key exclusion criteria

- 1. Patients with a known sensitivity to local anesthetics
- 2. Patents with liver disease
- 3. Patients with kidney disease
- 4. Patients with broken skin/skin lesions/infection around the injection site
- 5. Pregnant women
- 6. Patients on anticoagulation therapy

## Date of first enrolment

26/02/2002

## Date of final enrolment

26/02/2008

# Locations

### Countries of recruitment

**United Kingdom** 

England

Study participating centre Selly Oak Hospital Birmingham United Kingdom B29 6JD

# Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

# Funder(s)

## Funder type

Hospital/treatment centre

## **Funder Name**

University Hospital Birmingham NHS Trust

## **Funder Name**

NHS R&D Support Funding

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration