

# Palliative care for patients with irresectable or recurrent cancer of the upper gastrointestinal tract: a randomized study

<b>Submission date</b> 19/07/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 19/07/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 08/01/2021	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

## Secondary identifying numbers

MEC-2005-176, NL628, NTR687

# Study information

## Scientific Title

Palliative care for patients with irresectable or recurrent cancer of the upper gastrointestinal tract: a randomized study

## Acronym

PACT study.

## Study objectives

Does nurse-led follow-up at home lead to improved quality of life and satisfaction and a reduction in costs compared to medical follow-up at the outpatient clinic, without compromising the medical condition of patients?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled, parallel group trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Quality of life

## Participant information sheet

## Health condition(s) or problem(s) studied

Esophageal, pancreatic or hepatobiliary cancer

## Interventions

Nurse-led follow-up at home at two-weekly and later monthly intervals until month 13 or death versus medical follow-up at the outpatient clinic at one month and thereafter every two months until month 13 or death

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Quality of life questionnaires

**Secondary outcome measures**

Patient satisfaction (questionnaire) costs

**Overall study start date**

01/06/2006

**Completion date**

01/01/2009

## Eligibility

**Key inclusion criteria**

1. Patients with irresectabel or recurrent esophageal cancer, pancreatic cancer or hepatobiliary cancer, for whom no curative treatment options are available
2. Informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

150

**Key exclusion criteria**

1. Not able to understand or read the Dutch language
2. Undergoing treatment with chemotherapy or radiotherapy or a combination

**Date of first enrolment**

01/06/2006

**Date of final enrolment**

01/01/2009

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**  
Erasmus MC - University Medical Center Rotterdam  
Rotterdam  
Netherlands  
3000 CA

## Sponsor information

**Organisation**  
Health Care Research Program Erasmus MC 2003 (The Netherlands)

**Sponsor details**  
Erasmus MC - University Medical Center Rotterdam  
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**Sponsor type**  
University/education

## Funder(s)

**Funder type**  
University/education

**Funder Name**  
Erasmus Medical Center

**Alternative Name(s)**  
Erasmus Medical Center, Erasmus MC, Erasmus Universitair Medisch Centrum, Erasmus University Medical Center, Universitair Medisch Centrum Rotterdam, Erasmus Universitair Medisch Centrum Rotterdam, EMC

**Funding Body Type**  
Government organisation

**Funding Body Subtype**  
Universities (academic only)

**Location**

Netherlands

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2014	08/01/2021	Yes	No