

# Perioperative glutamine administration: a potential therapy for preventing post-operative immune hypo-responsiveness

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| <b>Submission date</b><br>27/04/2005   | <b>Recruitment status</b><br>No longer recruiting | <input checked="" type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>15/06/2005 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input type="checkbox"/> Results                       |
| <b>Last Edited</b><br>25/05/2016       | <b>Condition category</b><br>Surgery              | <input type="checkbox"/> Individual participant data<br><input type="checkbox"/> Record updated in last year |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
04 SG 25

## Study information

**Scientific Title**

Perioperative glutamine administration: a potential therapy for preventing post-operative immune hypo-responsiveness

### **Study objectives**

Intravenous administration of glutamine before, during and after major operations counteracts the immune hypo-responsiveness that follows major surgery.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

Post-operative immune hypoparesis in children undergoing major surgery

### **Interventions**

Perioperative intravenous glutamine infusion versus isonitrogenous infusion

### **Intervention Type**

Drug

### **Phase**

Not Specified

### **Drug/device/biological/vaccine name(s)**

Glutamine

### **Primary outcome(s)**

HLA DR expression by monocytes, and exvivo production of tumour necrosis factor (TNF) alpha following lipopolysaccharide stimulation

### **Key secondary outcome(s)**

Since glutamine has been shown to influence phagocytic activity we will measure postoperative changes in  $\beta 2$  integrin expression and activation, internalization and killing of bacteria and respiratory burst, and circulating pro- and anti-inflammatory cytokines. The endocrine/metabolic response to surgery will be assessed by measuring plasma insulin, cortisol, catecholamines, glucose, lactate and free-radical production (malondialdehyde, nitrate/nitrite). In addition the following clinical variables will be recorded: operative complications (e.g. bleeding, intestinal perforation); early postoperative complications (e.g. wound infection, abscess formation, leakage of intestinal anastomosis, evidence of systemic inflammatory response syndrome [SIRS],

positive blood culture, bronchopneumonia, urinary tract infection); duration of mechanical ventilation; length of stay in intensive care unit; duration of inotropic requirement; time to full enteral feeding and duration of hospital stay.

**Completion date**

31/08/2007

## Eligibility

**Key inclusion criteria**

96 Children undergoing major surgery at Great Ormond Street Hospital, London. Patients included will be minimised into the following groups of operations  
thoracotomy for oesophageal or lung surgery: Nissen fundoplication; laparotomy for intestinal obstruction; colectomy

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Sex**

All

**Key exclusion criteria**

Patients with pre-existing infection, multi-organ dysfunction syndrome, congenital immune deficiency and congenital or acquired severe liver dysfunction (Child's C) will be excluded.

**Date of first enrolment**

01/08/2005

**Date of final enrolment**

31/08/2007

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Surgery Unit**  
London  
United Kingdom  
WC1N 3EH

## **Sponsor information**

**Organisation**  
The Institute of Child Health (UK)

**ROR**  
<https://ror.org/02jx3x895>

## **Funder(s)**

**Funder type**  
Charity

**Funder Name**  
Sports Aiding Medical Research for Kids (SPARKS) (UK)

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration