

# Perioperative glutamine administration: a potential therapy for preventing post-operative immune hypo-responsiveness

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<b>Registration date</b> 15/06/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 25/05/2016	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
04 SG 25

# Study information

## Scientific Title

Perioperative glutamine administration: a potential therapy for preventing post-operative immune hypo-responsiveness

## Study objectives

Intravenous administration of glutamine before, during and after major operations counteracts the immune hypo-responsiveness that follows major surgery.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Post-operative immune hypoparesis in children undergoing major surgery

## Interventions

Perioperative intravenous glutamine infusion versus isonitrogenous infusion

## Intervention Type

Drug

## Phase

Not Specified

## Drug/device/biological/vaccine name(s)

Glutamine

## Primary outcome measure

HLA DR expression by monocytes, and exvivo production of tumour necrosis factor (TNF) alpha following lipopolysaccharide stimulation

### **Secondary outcome measures**

Since glutamine has been shown to influence phagocytic activity we will measure postoperative changes in  $\beta 2$  integrin expression and activation, internalization and killing of bacteria and respiratory burst, and circulating pro- and anti-inflammatory cytokines. The endocrine/metabolic response to surgery will be assessed by measuring plasma insulin, cortisol, catecholamines, glucose, lactate and free-radical production (malondialdehyde, nitrate/nitrite). In addition the following clinical variables will be recorded: operative complications (e.g. bleeding, intestinal perforation); early postoperative complications (e.g. wound infection, abscess formation, leakage of intestinal anastomosis, evidence of systemic inflammatory response syndrome [SIRS], positive blood culture, bronchopneumonia, urinary tract infection); duration of mechanical ventilation; length of stay in intensive care unit; duration of inotropic requirement; time to full enteral feeding and duration of hospital stay.

### **Overall study start date**

01/08/2005

### **Completion date**

31/08/2007

## **Eligibility**

### **Key inclusion criteria**

96 Children undergoing major surgery at Great Ormond Street Hospital, London. Patients included will be minimised into the following groups of operations  
thoracotomy for oesophageal or lung surgery: Nissen fundoplication; laparotomy for intestinal obstruction; colectomy

### **Participant type(s)**

Patient

### **Age group**

Child

### **Sex**

Both

### **Target number of participants**

96

### **Key exclusion criteria**

Patients with pre-existing infection, multi-organ dysfunction syndrome, congenital immune deficiency and congenital or acquired severe liver dysfunction (Child's C) will be excluded.

### **Date of first enrolment**

01/08/2005

### **Date of final enrolment**

31/08/2007

## Locations

### Countries of recruitment

England

United Kingdom

### Study participating centre

#### Surgery Unit

London

United Kingdom

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## Sponsor information

### Organisation

The Institute of Child Health (UK)

### Sponsor details

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### Sponsor type

Research organisation

### ROR

<https://ror.org/02jx3x895>

## Funder(s)

### Funder type

Charity

### Funder Name

Sports Aiding Medical Research for Kids (SPARKS) (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration