# Efficacy and tolerance of tazarotene cream in lamellar ichthyosis (LI): a dose-finding study

Submission date	Recruitment status	Prospectively registered
24/01/2008	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
14/02/2008	Completed	Results
Last Edited	Condition category	Individual participant data
14/08/2009	Other	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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# Additional identifiers

### Protocol serial number

R00002 CR 2 01 (ORF)

# Study information

Scientific Title

#### Study objectives

The short term efficacy and safety of the tazarotene cream at two different dosages need to be assessed and compared in (lamellar ichthyosis) LI patients, using an intra-individual design (left

/right comparison of tazarotene 0.1% versus tazarotene 0.05% versus vehicle), as a pre-requisite of the phase III pivotal study.

As of 14/08/2009, this record has been updated to include an extended anticipated end date; the initial anticipated end date was 31/12/2008.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

France:

1. Ethics committee for protection of biomedical research subjects (Comite de Protection des Personnes), Ile de France II (for all four centres), approved on 11 December 2007

#### Germany:

Approval obtained from the following ethics committees on 22 November 2007:

- 1. Ethics committee of the Ludwig-Maximilians University (LMU) Munich, Faculty of Medicine
- 2. Ethics committee of the Hamburg Clinic
- 3. Ethics committee of the Westfalen-Lippe Clinic and the Faculty of Medicine, University of Münster (WWU Münster)
- 4. Ethics Committee of the Georg-August University Goettingen, Faculty of Medicine
- 5. Berlin State Health and Social Ethics Committee (Landesamt Für Gesundheit Und Soziales, Geschäftsstelle Der Ethik-Kommission Des Landes Berlin)
- 6. Ethics Committee of the Heinreich-Heine University Düsseldorf, Faculty of Medicine

#### Study design

Period I (4 weeks): Randomised double-blind vehicle-controlled right/left comparison Period II (8 weeks): Double-blind comparative treatment-free follow-up

#### Primary study design

Interventional

#### Study type(s)

Screening

#### Health condition(s) or problem(s) studied

Non Erythrodermic Autosomic Recessive Lamellar Ichthyosis (NEARLI)

#### **Interventions**

Study treatments:

Tazarotene cream 0.1% or 0.05% and vehicle.

#### Dose:

Period I (4 weeks): Patients will apply one of the two active test products and the vehicle on the lesions (except on face, scalp, neck and genital areas), on two randomly allocated sides (left side and right side of the body) once daily for 4 weeks (e.g., every evening). This will be associated with the daily application of a standard moisturiser (e.g., in the morning; including face and neck). An adjusted dosage to local tolerance of test products will be performed (no test product application on irritated areas on days when they are observed).

Period II (8 weeks): No application of the test products for 8 weeks; application of the standard moisturiser only.

Mode of administration:

Topical

#### Intervention Type

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Tazarotene

#### Primary outcome(s)

Assessment of scaling and roughness by the investigator at each of the 10 visits (at screening, baseline, then on days 7, 14, 21, 28 [end of treatment, Period I], 42, 56, 70 and 84 [end of treatment-free follow-up, Period II]).

#### Key secondary outcome(s))

- 1. Assessment of the relapse/rebound by the investigator during Period II
- 2. Time-course severity of each sign (scaling and roughness) during Periods I and II
- 3. Separate assessment of the overall clinical severity of the lesions on palms and soles for each test side of the body at baseline and end of Period I
- 4. Assessment of the severity of scaling at baseline and end of Period I
- 5. Instrumental assessment of scaling on the two forearms using the D-squame technique, at baseline and end of Period I
- 6. Global local tolerance at end of Period I
- 7. Overall acceptability by the patients at end of Period I
- 8. Routine blood laboratory tests (hematology, chemistry) at baseline and at end of Period I
- 9. Plasma monitoring of tazarotenic acid at baseline and at end of Period I
- 10. Compliance
- 11. Physical examination
- 12. Adverse events

#### Completion date

20/04/2009

# **Eligibility**

#### Key inclusion criteria

- 1. Patients of both sexes of at least 8 years of age
- 2. Patients with a documented diagnosis of LI based on clinical signs and, if possible, pedigree analysis
- 3. Patients with both scaling and roughness of moderate to severe intensity on each side of the body
- 4. Patients or patient's parents/guardians able to understand and follow the study procedures
- 5. Written informed consent from the patients or parents/quardians
- 6. Patients or patients' parents/guardians affiliated to a healthcare security system

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Other

#### Sex

All

#### Key exclusion criteria

- 1. Patients under 8 years of age
- 2. Pregnant women, lactating mothers or women of childbearing potential with no reliable medical contraception (combined oral contraceptive, intra-uterine contraceptive device) and unwilling to use condoms, up to 8 weeks after the last test product application
- 3. Women of childbearing potential with a positive systemic pregnancy test at baseline
- 4. Patients with congenital ichthyoses other than LI
- 5. Patients with an erythrodermic component of LI (EARLI)
- 6. Patients with LI of mild severity on at least one side of the body
- 7. Patients with lesional superinfection
- 8. Patients with skin or systemic disease likely to interfere with the study or the evaluation parameters
- 9. Patients with a known contact allergy to one of the ingredients contained in the test products 10. Patients with sunburn, or excessive pruritus, burning, skin redness or peeling, not fully recovered
- 11. Patients treated with topicals (e.g., vitamin A analogues, vitamin D analogues) within 14 days prior to baseline
- 12. Patients treated with keratolytics (e.g., urea, hydroxy-acids) or moisturizers other than the standard moisturizer within 7 days prior to baseline
- 13. Patients treated with concomitant dermatological medications and cosmetics that have a strong drying effect within 7 days prior to baseline
- 14. Patients treated with oral retinoids during the preceding 28 days, or with oral vitamin A supplementation (more than 3000 IU per day) during the preceding 7 days of baseline
- 15. Patients treated with drugs known to be photosensitizers (e.g., thiazides, tetracyclines, quinolones, phenothiazines, sulfonamides, hydrochlorates, chlorpromazine, psoralen, amiodarone, tar) within 2 weeks prior to baseline
- 16. Patients treated with UV therapy or patients medically exposed to UV within 4 weeks prior to baseline
- 17. Patients having significant sun exposure due to their occupation
- 18. Patients with inherent sensitivity to sunlight
- 19. Patients who participated in a study within the 3 months prior to study entry
- 20. Patients living with a family member who is currently under test treatment, i.e. Period I of the study (from baseline to day 28)
- 21. Patients or patients' parents/guardians who are unable to understand and/or to follow the study procedures and patient instructions
- 22. Patients or patients' parents/quardians who are unwilling to give written informed consent

#### Date of first enrolment

01/09/2007

# Date of final enrolment 20/04/2009

#### Locations

Countries of recruitment

France

Germany

Study participating centre 4 Rue Marie Curie Ramonville St Agne France 31521

# Sponsor information

Organisation

Orfagen (France)

# Funder(s)

Funder type

Industry

**Funder Name** 

Orfagen (France)

# **Results and Publications**

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type

**Details**