Does neuromuscular electrical stimulation of the proximal leg muscles improve leg muscle endurance, exercise endurance and activity levels in people with lung cancer?

Submission date	Recruitment status No longer recruiting	Prospectively registered		
29/09/2006		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
29/09/2006	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
17/08/2012	Cancer			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number N0192170447

Study information

Scientific Title

Study objectives

Does neuromuscular electrical stimulation (NMES) of the thigh muscles of people with lung cancer improve muscle endurance, exercise endurance and physical activity levels as assessed by exercise on a Cybex machine, the endurance shuttle walking test (ESWT) and an ActivPal monitor respectively?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Cancer: Lung

Interventions

A pilot study. Block randomisation to one of two groups.

Group 1: 4 weeks with NMES device

Group 2:- 4 weeks without device followed by 4 weeks with device

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/09/2007

Eligibility

Key inclusion criteria

16 people with non-small cell cancer and an East Oncology Group (EOG) performance status of 0 to 1 and who have lost less than 10% of their normal body weight.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

- 1. Pain or pathology limiting walking ability for the shuttle walking tests or limiting leg exercise on the cybex machine
- 2. History of ischaemic heart disease
- 3. Radiotherapy or chemotherapy in the previous 4 weeks as this may increase fatigue
- 4. Presence of a pacemaker because the NMES device delivers a small electrical current, it is possible that this will interfere with the functioning of the pacemaker

Date of first enrolment

02/11/2005

Date of final enrolment

30/09/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre
Hospital Palliative Care Team
Nottingham
United Kingdom
NG7 2UH

Sponsor information

Organisation

Funder(s)

Funder type

Government

Funder Name

Queen's Medical Centre University Hospital NHS Trust (UK)

Funder Name

Nottingham Healthcare Trust (UK)

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2009		Yes	No