# Exploratory trial of the WISE approach in primary care

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>	
29/04/2010		Protocol	
Registration date	Overall study status	Statistical analysis plan	
29/04/2010	Completed	[X] Results	
Last Edited	Condition category	[] Individual participant data	
25/07/2013	Other		

## Plain English summary of protocol

Not provided at time of registration

# Contact information

#### Type(s)

Scientific

#### Contact name

Miss Anne Kennedy

#### Contact details

Oxford Road Manchester United Kingdom M13 9PL

# Additional identifiers

Protocol serial number

4407

# Study information

#### Scientific Title

Improving outcomes in chronic conditions through effective self-management: exploratory trial of the WISE model in primary care

#### **Acronym**

**WISE** 

#### **Study objectives**

To test and refine a self care support training intervention for primary care.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Oldham LREC approved on the 15th January 2008 (ref: 07/H1011/96)

#### Study design

Non-randomised interventional and observational process of care qualitative study

#### Primary study design

Observational

#### Study type(s)

Diagnostic

#### Health condition(s) or problem(s) studied

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

#### **Interventions**

Two practices to take part in the training. The impact of the training to be assessed by:

- 1. Observations during the training sessions
- 2. Interviews following the training with clinicians and administrative staff
- 3. Four pre- and four post-training recordings of consultations per clinician
- 4. Qualitative interviews with patients:
- 4.1. 20 'think aloud' interviews to explore how patients use a new assessment tool developed for the WISE approach
- 4.2. 25 in depth interviews with patients exploring issues related to self care

Study entry: registration only

# Intervention Type

Other

#### **Phase**

Phase II

## Primary outcome(s)

Training is robust and effective for routine delivery in primary care

# Key secondary outcome(s))

No secondary outcome measures

# Completion date

31/03/2009

# Eligibility

#### Key inclusion criteria

- 1. Diagnosis of diabetes, chronic obstructive pulmonary disease (COPD) or irritable bowel syndrome (IBS)
- 2. Either sex, no age limit

## Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

All

#### Key exclusion criteria

- 1. Patients in the palliative care stage of condition
- 2. Those receiving management from a specialist nurse rather than primarily practice nurse or GP
- 3. Mental health problems such as those which reduce capacity to consent and participate

#### Date of first enrolment

01/05/2008

#### Date of final enrolment

31/03/2009

# Locations

#### Countries of recruitment

United Kingdom

England

## Study participating centre Oxford Road

Manchester United Kingdom M13 9PL

# Sponsor information

#### Organisation

University of Manchester (UK)

#### ROR

https://ror.org/027m9bs27

# Funder(s)

# Funder type

Government

#### Funder Name

National Primary Care Research and Development Centre (NPCRDC) (UK) (ref: R01135)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created Date add	ed Peer reviewed	? Patient-facing?
Results article	results	29/01/2010	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/20	25 No	Yes