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Exploratory trial of the WISE approach in primary care

Submission date	Recruitment status	[ ] Prospectively registered
29/04/2010	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
29/04/2010	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
25/07/2013	Other	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
4407

Study information

Scientific Title

Improving outcomes in chronic conditions through effective self-management: exploratory trial of the WISE model in primary care

Acronym
WISE

Study objectives
To test and refine a self care support training intervention for primary care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Oldham LREC approved on the 15th January 2008 (ref: 07/H1011/96)

Study design
Non-randomised interventional and observational process of care qualitative study

Primary study design
Observational

Secondary study design
Cohort study

Study setting(s)
GP practice

Study type(s)
Diagnostic

Participant information sheet
Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied
Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

Interventions
Two practices to take part in the training. The impact of the training to be assessed by:
1. Observations during the training sessions
2. Interviews following the training with clinicians and administrative staff
3. Four pre- and four post-training recordings of consultations per clinician
4. Qualitative interviews with patients:
4.1. 20 'think aloud' interviews to explore how patients use a new assessment tool developed for the WISE approach
4.2. 25 in depth interviews with patients exploring issues related to self care

Study entry: registration only

Intervention Type
Other

Phase
Phase II

Primary outcome measure
Training is robust and effective for routine delivery in primary care

Secondary outcome measures
No secondary outcome measures

Overall study start date
01/05/2008

Completion date
31/03/2009

Eligibility

Key inclusion criteria
1. Diagnosis of diabetes, chronic obstructive pulmonary disease (COPD) or irritable bowel syndrome (IBS)
2. Either sex, no age limit

Participant type(s)
Patient

Age group
Not Specified

Sex
Both

Target number of participants
Planned Sample Size: 173; UK Sample Size: 173

Key exclusion criteria
1. Patients in the palliative care stage of condition
2. Those receiving management from a specialist nurse rather than primarily practice nurse or GP
3. Mental health problems such as those which reduce capacity to consent and participate

Date of first enrolment
01/05/2008

Date of final enrolment
31/03/2009

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Oxford Road
Manchester
United Kingdom
M13 9PL

Sponsor information

Organisation
University of Manchester (UK)

Sponsor details
Research and Development office
2nd Floor Christie Building
Oxford Road
Manchester
England
United Kingdom
M13 9PL

Sponsor type
University/education

Website
http://www.manchester.ac.uk/

ROR
https://ror.org/027m9bs27

Funder(s)

Funder type
Government

Funder Name
National Primary Care Research and Development Centre (NPCRDC) (UK) (ref: R01135)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	29/01/2010		Yes	No