

# Exploratory trial of the WISE approach in primary care

<b>Submission date</b> 29/04/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 29/04/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 25/07/2013	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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**Contact details**  
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## Additional identifiers

**Protocol serial number**  
4407

## Study information

**Scientific Title**  
Improving outcomes in chronic conditions through effective self-management: exploratory trial of the WISE model in primary care

**Acronym**  
WISE

**Study objectives**

To test and refine a self care support training intervention for primary care.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Oldham LREC approved on the 15th January 2008 (ref: 07/H1011/96)

**Study design**

Non-randomised interventional and observational process of care qualitative study

**Primary study design**

Observational

**Study type(s)**

Diagnostic

**Health condition(s) or problem(s) studied**

Topic: Primary Care Research Network for England; Subtopic: Not Assigned; Disease: All Diseases

**Interventions**

Two practices to take part in the training. The impact of the training to be assessed by:

1. Observations during the training sessions
2. Interviews following the training with clinicians and administrative staff
3. Four pre- and four post-training recordings of consultations per clinician
4. Qualitative interviews with patients:
  - 4.1. 20 'think aloud' interviews to explore how patients use a new assessment tool developed for the WISE approach
  - 4.2. 25 in depth interviews with patients exploring issues related to self care

Study entry: registration only

**Intervention Type**

Other

**Phase**

Phase II

**Primary outcome(s)**

Training is robust and effective for routine delivery in primary care

**Key secondary outcome(s)**

No secondary outcome measures

**Completion date**

31/03/2009

**Eligibility**

**Key inclusion criteria**

1. Diagnosis of diabetes, chronic obstructive pulmonary disease (COPD) or irritable bowel syndrome (IBS)
2. Either sex, no age limit

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

All

**Key exclusion criteria**

1. Patients in the palliative care stage of condition
2. Those receiving management from a specialist nurse rather than primarily practice nurse or GP
3. Mental health problems such as those which reduce capacity to consent and participate

**Date of first enrolment**

01/05/2008

**Date of final enrolment**

31/03/2009

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Oxford Road

Manchester

United Kingdom

M13 9PL

**Sponsor information****Organisation**

University of Manchester (UK)

ROR

<https://ror.org/027m9bs27>

## Funder(s)

**Funder type**

Government

**Funder Name**

National Primary Care Research and Development Centre (NPCRDC) (UK) (ref: R01135)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	29/01/2010		Yes	No