# Comparison of neurofeedback and computerised attention skills training in children with attention-deficit/hyperactivity disorder (ADHD)

Recruitment status	Prospectively registered	
No longer recruiting	☐ Protocol	
Overall study status Completed	Statistical analysis plan	
	[X] Results	
Condition category  Mental and Behavioural Disorders	[] Individual participant data	
	No longer recruiting  Overall study status  Completed	

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Gunther Moll

#### Contact details

University of Erlangen Child & Adolescent Psychiatry Schwabachanlage 6+10 Erlangen Germany D91054 +49 (0)913 1853 9122 Gunther.Moll@uk-erlangen.de

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

#### Secondary identifying numbers

MO-726/2

# Study information

#### Scientific Title

Neurofeedback in children with attention-deficit/hyperactivity disorder: clinical efficacy and neurophysiological mechanisms

#### Acronym

Neurofeedback - ADHD

#### **Study objectives**

- 1. Neurofeedback training is more effective than a computerised attention training in children with attention-deficit/hyperactivity disorder (ADHD)
- 2. Neurophysiological mechanisms of a successful neurofeedback training can be revealed (distinct patterns for different neurofeedback protocols)

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the Ethics Committee of the University of Erlangen on the 29th April 2004 (ref: 3135).

#### Study design

Randomised, controlled, multicentre clinical trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Attention-deficit/hyperactivity disorder (ADHD)

#### **Interventions**

Experimental intervention: neurofeedback training (comprising so-called theta/beta training and training of slow cortical potentials)

Control intervention: computerised attention skill training

Children are randomly assigned to one of the two trainings. Both trainings consist of two blocks of 18 sessions (double sessions of about 50 minutes each, separated by a short break), two to three double sessions a week. There is an intermission of about two to three weeks between the two blocks. In the training, the children develop strategies for focusing their attention and are instructed on how to practice these strategies at home and in school.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Changes from baseline to end of training in ADHD symptoms (German ADHD rating scale[FBB-HKS]).

#### Secondary outcome measures

Behavioural level (parent and teacher ratings):

- 1. Positive and negative attributes using the Strength and Difficulties Questionnaire (SDQ-D)
- 2. Oppositional behaviour and delinquent and physical agression (FBB-SSSV)
- 3. Behaviour problems of the child in specific home situations (HSQ-D); including homework (HPC-D)

#### Neurophysiological level:

4. Brain electrical activity measures (electroencephalogram [EEG], event-related potentials) at rest and during computerised attention tasks

All measures are assessed at baseline, between the two training blocks and at the end of training. Behavioural measures will additionally be assessed at the six-month follow-up.

# Overall study start date

01/05/2005

#### Completion date

30/09/2008

# Eligibility

#### Key inclusion criteria

- 1. Aged 8 12 years
- 2. Gender: both
- 3. Attention-deficit/hyperactivity disorder (ADHD) (Diagnostic and Statistical Manual of Mental Disorders Fourth Edition [DSM IV] criteria: combined type or predominantly inattentive)
- 4. Children with the following associated disorders are allowed to participate:
- 4.1. Conduct disorders

- 4.2. Tic disorders
- 4.3. Emotional disorders
- 4.4. Dyslexia

#### Participant type(s)

**Patient** 

#### Age group

Child

#### Lower age limit

8 Years

#### Upper age limit

12 Years

#### Sex

Both

#### Target number of participants

120

#### Key exclusion criteria

- 1. Comorbid disorders other than those mentioned in the inclusion criteria
- 2. Gross neurological or other organic disorders
- 3. Pharmacological treatment or other psychotherapies
- 4. Intelligence quotient (IQ) less than 80

#### Date of first enrolment

01/05/2005

#### Date of final enrolment

30/09/2008

# Locations

#### Countries of recruitment

Germany

# Study participating centre University of Erlangen

Erlangen Germany D91054

# Sponsor information

#### Organisation

University of Erlangen (Germany)

#### Sponsor details

c/o Prof. Dr. Gunther Moll Child and Adolescent Psychiatry Schwabachanlage 6+10 Erlangen Germany D 91054

#### Sponsor type

University/education

#### Website

http://www.klinikum.uni-erlangen.de

#### **ROR**

https://ror.org/00f7hpc57

# Funder(s)

#### Funder type

Research organisation

#### **Funder Name**

German Research Council (Deutsche Forschungsgemeinschaft [DFG]) (Germany)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	main results	01/07/2009		Yes	No

Results article	results on EEG effects	01/11/2009	Yes	No
Results article	result	01/05/2011	Yes	No