# ADEPT - Abnormal Doppler Enteral Prescription Trial

Submission date 30/09/2004	Recruitment status No longer recruiting	[X] Prospectively registered		
		[X] Protocol		
Registration date 30/09/2004	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
14/02/2014	Neonatal Diseases			

#### Plain English summary of protocol

Not provided at time of registration

#### Study website

http://www.action.org.uk/research\_projects/grant/257/

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Alison Leaf

#### Contact details

Consultant Neonatologist Southmead Hospital Bristol United Kingdom BS10 5NB +44 (0)117 9596141 alison.leaf@nbt.nhs.uk

# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

Randomised controlled trial of early versus late initiation of milk feeds for infants with absent or reversed end diastolic flow velocities (AREDFV) or cerebral redistribution

#### Acronym

**ADEPT** 

#### **Study objectives**

The aim is to evaluate the effects of an 'early' enteral feeding regimen, starting milk feeds on day 2 after birth (between 24 and 48 hours of age) compared to one of 'late' introduction of enteral feeds, starting feeds on day 6 after birth (between 120 - 144 hours of age) in a group of babies identified as being at high risk for necrotising enterocolitis (NEC) and milk intolerance by antenatal Doppler studies.

#### Added 23/11/2007:

Please note that due to an extension in funding from Action Medical Research the anticipated end date of this trial has been extended to 31/12/2008. The previous end date of this trial was 05/03/2008.

#### Ethics approval required

Old ethics approval format

# Ethics approval(s)

Oxfordshire Research Ethics Committee (REC) C gave approval on the 27th September 2005 (ref: 05/Q1606/121)

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

#### Nutrition

#### **Interventions**

Feeding of preterm infants after absent or reversed end-diastolic flow velocities (AREDFV). Babies will be randomly allocated to an 'early' or 'late' enteral feeding regimen. These will start milk feeds on day 2 and day 6 after birth, respectively.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

- 1. Age in days at which full enteral feeding sustained for 72 hours was reached
- 2. Necrotising enterocolitis, stage I, II or III

#### Secondary outcome measures

- 1. Death before hospital discharge
- 2. Duration of hospital stay
- 3. Duration of intensive and high dependency care
- 4. Duration of parenteral nutrition
- 5. Change in Z score for weight and head circumference from birth to 36 weeks postmenstrual age and from birth to discharge
- 6. In continuous supplemental oxygen at 36 weeks post-menstrual age
- 7. Confirmed bacterial sepsis
- 8. Gastrointestinal perforation
- 9. Gastrointestinal surgery
- 10. Cholestasis (defined as greater than 25 µmol/l conjugated fraction of serum bilirubin)
- 11. Patent ductus arteriosus requiring pharmacological or surgical treatment
- 12. Type of milk at discharge
- 13. On oxygen therapy at discharge

This information is collected prior to the baby being discharged home.

### Overall study start date

01/09/2005

#### Completion date

31/12/2008

# **Eligibility**

#### Key inclusion criteria

Infants admitted to participating neonatal units and satisfying all of the following criteria may be recruited into the study:

- 1. Gestational age up to and including 34 weeks + 6 days
- 2. Antenatal ultrasound showing either:
- 2.1. Absent or reversed end diastolic flow velocities on at least 50% of the Doppler waveforms from the umbilical artery on at least one occasion during pregnancy, or

- 2.2. Cerebral redistribution, defined as occurring when both the umbilical artery pulsatility index is greater than the 95th centile and the middle cerebral artery pulsatility index is less that the 5th centile for gestational age
- 3. Small for gestational age
- 4. Postnatal age 20 48 hours

#### Participant type(s)

**Patient** 

#### Age group

Neonate

#### Sex

Both

## Target number of participants

400 babies

#### Key exclusion criteria

Infants will be excluded if any of the following factors are present:

- 1. Major congenital abnormality including known chromosomal abnormality
- 2. Twin-twin transfusion
- 3. Intra-uterine transfusion or exchange transfusion
- 4. Rhesus iso-immunisation
- 5. Significant multi-organ failure prior to trial entry
- 6. Inotropic drug support prior to trial entry
- 7. Already received any enteral feeding

## Date of first enrolment

01/09/2005

#### Date of final enrolment

31/12/2008

# Locations

#### Countries of recruitment

England

**United Kingdom** 

## Study participating centre Consultant Neonatologist

Bristol United Kingdom BS10 5NB

# Sponsor information

#### Organisation

University of Oxford (UK)

#### Sponsor details

University Offices
Wellington Square
Oxford
England
United Kingdom
OX1 2JD
+44 (0)1865 270000
research.services@admin.ox.ac.uk

#### Sponsor type

University/education

#### Website

http://www.ox.ac.uk

#### **ROR**

https://ror.org/052gg0110

# Funder(s)

#### Funder type

Charity

#### **Funder Name**

Action Medical Research (UK)

## Alternative Name(s)

actionmedres, action medical research for children, AMR

#### **Funding Body Type**

Private sector organisation

# **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	02/10/2009		Yes	No
Results article	results	01/05/2012		Yes	No
Results article	results	01/01/2014		Yes	No