ADEPT - Abnormal Doppler Enteral Prescription Trial

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered	
30/09/2004		[X] Protocol	
Registration date	Overall study status	[] Statistical analysis plan	
30/09/2004	Completed	[X] Results	
Last Edited 14/02/2014	Condition category Neonatal Diseases	[] Individual participant data	

Plain English summary of protocol

Not provided at time of registration

Study website http://www.action.org.uk/research_projects/grant/257/

Contact information

Type(s) Scientific

Contact name Dr Alison Leaf

Contact details

Consultant Neonatologist Southmead Hospital Bristol United Kingdom **BS10 5NB** +44 (0)117 9596141 alison.leaf@nbt.nhs.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Randomised controlled trial of early versus late initiation of milk feeds for infants with absent or reversed end diastolic flow velocities (AREDFV) or cerebral redistribution

Acronym

ADEPT

Study objectives

The aim is to evaluate the effects of an 'early' enteral feeding regimen, starting milk feeds on day 2 after birth (between 24 and 48 hours of age) compared to one of 'late' introduction of enteral feeds, starting feeds on day 6 after birth (between 120 - 144 hours of age) in a group of babies identified as being at high risk for necrotising enterocolitis (NEC) and milk intolerance by antenatal Doppler studies.

Added 23/11/2007:

Please note that due to an extension in funding from Action Medical Research the anticipated end date of this trial has been extended to 31/12/2008. The previous end date of this trial was 05 /03/2008.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Oxfordshire Research Ethics Committee (REC) C gave approval on the 27th September 2005 (ref: 05/Q1606/121)

Study design Randomised controlled trial

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s) Hospital

Study type(s) Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Nutrition

Interventions

Feeding of preterm infants after absent or reversed end-diastolic flow velocities (AREDFV). Babies will be randomly allocated to an 'early' or 'late' enteral feeding regimen. These will start milk feeds on day 2 and day 6 after birth, respectively.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

- 1. Age in days at which full enteral feeding sustained for 72 hours was reached
- 2. Necrotising enterocolitis, stage I, II or III

Secondary outcome measures

- 1. Death before hospital discharge
- 2. Duration of hospital stay
- 3. Duration of intensive and high dependency care
- 4. Duration of parenteral nutrition

5. Change in Z score for weight and head circumference from birth to 36 weeks postmenstrual age and from birth to discharge

- 6. In continuous supplemental oxygen at 36 weeks post-menstrual age
- 7. Confirmed bacterial sepsis
- 8. Gastrointestinal perforation
- 9. Gastrointestinal surgery
- 10. Cholestasis (defined as greater than 25 µmol/l conjugated fraction of serum bilirubin)
- 11. Patent ductus arteriosus requiring pharmacological or surgical treatment
- 12. Type of milk at discharge
- 13. On oxygen therapy at discharge

This information is collected prior to the baby being discharged home.

Overall study start date 01/09/2005

Completion date 31/12/2008

Eligibility

Key inclusion criteria

Infants admitted to participating neonatal units and satisfying all of the following criteria may be recruited into the study:

- 1. Gestational age up to and including 34 weeks + 6 days
- 2. Antenatal ultrasound showing either:

2.1. Absent or reversed end diastolic flow velocities on at least 50% of the Doppler waveforms from the umbilical artery on at least one occasion during pregnancy, or

2.2. Cerebral redistribution, defined as occurring when both the umbilical artery pulsatility index is greater than the 95th centile and the middle cerebral artery pulsatility index is less that the 5th centile for gestational age
3. Small for gestational age

4. Postnatal age 20 - 48 hours

Participant type(s)

Patient

Age group

Neonate

Sex

Both

Target number of participants 400 babies

Key exclusion criteria

Infants will be excluded if any of the following factors are present:

- 1. Major congenital abnormality including known chromosomal abnormality
- 2. Twin-twin transfusion
- 3. Intra-uterine transfusion or exchange transfusion
- 4. Rhesus iso-immunisation
- 5. Significant multi-organ failure prior to trial entry
- 6. Inotropic drug support prior to trial entry
- 7. Already received any enteral feeding

Date of first enrolment

01/09/2005

Date of final enrolment 31/12/2008

I. . . . **. . .** . . .

Locations

Countries of recruitment England

United Kingdom

Study participating centre Consultant Neonatologist Bristol United Kingdom BS10 5NB

Sponsor information

Organisation University of Oxford (UK)

Sponsor details

University Offices Wellington Square Oxford England United Kingdom OX1 2JD +44 (0)1865 270000 research.services@admin.ox.ac.uk

Sponsor type University/education

Website http://www.ox.ac.uk

ROR https://ror.org/052gg0110

Funder(s)

Funder type Charity

Funder Name Action Medical Research (UK)

Alternative Name(s) actionmedres, action medical research for children, AMR

Funding Body Type Private sector organisation

Funding Body Subtype Trusts, charities, foundations (both public and private)

Location United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	02/10/2009		Yes	No
Results article	results	01/05/2012		Yes	No
Results article	results	01/01/2014		Yes	No