# Radiotherapy (intensity-modulated radiation therapy [IMRT]), Erbitux® And CHemotherapy for unresectable carcinomas of head and neck

Submission date	Recruitment status	[X] Prospectively registered		
23/04/2008	No longer recruiting	[X] Protocol		
Registration date	Overall study status	Statistical analysis plan		
26/06/2008	Completed  Condition category	Results		
Last Edited		Individual participant data		
02/11/2022	Cancer	Record updated in last yea		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

Type(s)

Scientific

#### Contact name

Dr Marc Münter

#### Contact details

Im Neuenheimer Feld 400 Heidelberg Germany 69120

Marc.Muenter@med.uni-heidelberg.de

# Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Radiotherapy (intensity-modulated radiation therapy [IMRT]), Erbitux® And CHemotherapy for unresectable carcinomas of head and neck

#### Acronym

**REACH** 

## **Study objectives**

Exploratory approach: investigation on efficacy and safety of a combination of radiotherapy, Erbitux® and chemotherapy.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Added 13/01/2010: Ethics Committee of the Medical Faculty, University Hospital Heidelberg, approved on the 27th April 2009.

#### Study design

Single treatment group, open, multi-centre design

#### Primary study design

Interventional

## Secondary study design

Non randomised controlled trial

#### Study setting(s)

Hospital

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Unresectable carcinomas of head and neck

#### **Interventions**

This is a single-arm trial. Treatment is a combination of:

1. Intensity-modulated radiotherapy, 1.8 Gy/day. Schedule of administration: study days 8 - 12, 15 - 19, 22 - 26, 29 - 33, 36 - 40 and 43 - 45 from study day 29 onwards; an additional concomitant boost will be given (1.5 Gy/day 29 - 33, 36 - 40 and 43 - 45)

2. Chemotherapy - carboplatin 70 mg/m^2 of body surface and 5-fluorouracil (5-FU) 600 mg/m^2

on study days 8 - 12 and 36 - 40

3. Cetuximab (Erbitux®): 400 mg/m<sup>2</sup> of body surface on study day 1 and 250 mg/m<sup>2</sup> on study days 8, 15, 22, 29, 36, 43

Total duration of treatment 45 days; total duration of follow-up: up to 60 months.

#### Intervention Type

Drug

#### Phase

Not Specified

## Drug/device/biological/vaccine name(s)

Erbitux®, chemotherapy (carboplatin, 5-fluorouracil [5-FU])

## Primary outcome measure

Local-regional control.

All outcome measures will be determined at the same time during the study (follow-up visits):

1st follow-up: six weeks after completion of the treatment, i.e. after day 45

2nd follow-up: three months after 1st follow-up

3rd follow-up: three months after 2nd follow-up

4th and further follow-ups every six months for up to five years after trial beginning

## Secondary outcome measures

- 1. Disease-free survival
- 2. Progression-free survival
- 3. Overall survival
- 4. Acute radiation effects
- 5. Late radiation effects
- 6. Adverse events
- 7. Proteomics and genomics

All outcome measures will be determined at the same time during the study (follow-up visits):

1st follow-up: six weeks after completion of the treatment, i.e. after day 45

2nd follow-up: three months after 1st follow-up

3rd follow-up: three months after 2nd follow-up

4th and further follow-ups every six months for up to five years after trial beginning

#### Overall study start date

30/09/2008

#### Completion date

31/12/2014

# Eligibility

# Key inclusion criteria

- 1. Signed written informed consent
- 2. Aged 18 to 70 years, either sex
- 3. Life expectancy of at least six months

- 4. Ability of subject to understand character and individual consequences of clinical trial
- 5. Histologically confirmed locally advanced (stage III or IV), non-metastatic squamous cell carcinoma of the oro-, hypopharynx or larynx (T2-4, NX,M0)
- 6. Oral cavity or oro- or hypopharynx as the primary tumour site
- 7. At least one uni-measurable lesion according to the Response Evaluation Criteria In Solid Tumours (RECIST) criteria
- 8. Karnofsky Performances Status greater than 70%
- 9. Adequate bone marrow function:
- 9.1. Neutrophils greater than  $1.5 \times 10^9/L$
- 9.2. Platelets greater than  $100 \times 10^9/L$
- 9.3. Haemoglobin greater than 10.0 g/dL
- 10. Adequate liver function:
- 10.1. Bilirubin less than 2.0 g/dL
- 10.2. Serum glutamic oxaloacetic transaminase (SGOT), serum glutamic pyruvic transaminase (SGPT), alkaline phosphatase (AP), gamma-glutamyl transferase (gGT) less than 3 x upper limit of normal (ULN)
- 11. Adequate renal function: serum creatinine less than 1.5 mg/dL
- 12. Negative serum/urine beta-human chorionic gonadotropin (B-HCG) test in women of childbearing potential
- 13. Women of childbearing potential: willingness to use effective contraceptive method, defined as the concomitant use of either an intrauterine pessary (IUP) or contraceptive pill and in both cases, condoms for the treatment duration and two months thereafter. Women of non-childbearing potiential are those who are post-menopausal for at least one year or sterilised 14. Men of procreative potential: willingness for effective prevention of procreation, defined as a use of condoms and a use of an intrauterine pessary (IUP) or a contraceptive pill by his partner for the treatment duration and two months thereafter
- 15. Subjects consent to collect blood samples for proteomics and genomics analysis. If a patient does not consent, no blood samples for proteomics and genomics will be taken. Nonetheless, he /she may be enrolled in the study.

#### Participant type(s)

**Patient** 

## Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

## Target number of participants

60

#### Key exclusion criteria

- 1. Previous chemotherapy, radiotherapy or surgery for carcinoma of the head and neck
- 2. Nasopharyngeal carcinoma
- 3. Prior exposure to epidermal growth factor receptor (EGFR) pathway targeting therapy
- 4. Other serious illness or medical conditions:
- 4.1. Unstable cardiac disease despite treatment

- 4.2. Congestive heart failure New York Heart Association (NYHA) grade 3 and 4
- 4.3. Significant neurologic or psychiatric disorders including dementia or seizures
- 4.4. Active disseminated intravascular coagulation
- 4.5. Other serious underlying medical conditions which in the opinion of investigator could impair the ability of the patient to participate in the study
- 4.6. Symptomatic peripheral neuropathy Common Toxicity Criteria (CTC) grade 2 or higher
- 4.7. Ototoxicity CTC grade 2 or higher, except if due to trauma or mechanical impairment due to tumour mass
- 5. Participation in other interventional trials within the last 30 days
- 6. Surgery within the last 30 days
- 7. Known allergic/hypersensitivity reaction to any drugs scheduled for the study treatment
- 8. Women: pregnant or breast-feeding
- 9. Known drug abuse
- 10. Other previous malignancy within five years, with exception of a history of a previous, adequately treated, basal cell carcinoma of the skin or pre-invasive carcinoma of the cervix
- 11. Legal incapacity or limited legal capacity
- 12. Medical or psychological condition which in the opinion of the investigator would not permit the patient to complete the study or sign meaningful informed consent

#### Date of first enrolment

30/09/2008

#### Date of final enrolment

31/12/2014

# Locations

#### Countries of recruitment

Germany

# Study participating centre Im Neuenheimer Feld 400 Heidelberg Germany

69120

# Sponsor information

#### Organisation

University of Heidelberg (Germany)

#### Sponsor details

Im Neuenheimer Feld 672 Heidelberg Germany 69120 \_

Marc.Muenter@med.uni-heidelberg.de

## Sponsor type

University/education

#### Website

http://www.med.uni-heidelberg.de/index\_eng.html

#### **ROR**

https://ror.org/038t36y30

# Funder(s)

## Funder type

Industry

#### **Funder Name**

Merck KGaA

## Alternative Name(s)

Merck, Merck Group

# **Funding Body Type**

Government organisation

## **Funding Body Subtype**

For-profit companies (industry)

#### Location

Germany

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Interim results article	interim results	02/04/2012		Yes	No
Protocol article		26/11/2010	02/11/2022	Yes	No