# Risk of bacteremia in banding versus sclerotherapy of esophageal varices

<b>Submission date</b> 05/09/2014	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 22/09/2014	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 16/10/2019	<b>Condition category</b> Infections and Infestations	Individual participant data

#### Plain English summary of protocol

Background and study aims

Esophageal varices (EV) is a condition where the blood vessels in the esophagus are extremely dilated (widened). Banding is a treatment that uses elastic bands to tie the blood vessels in order to stop bleeding. The other treatment available for this condition is sclerotherapy, where a medicine is injected which will cause the blood vessels to shrink. Esophageal variceal banding may be less likely to cause bacteremia (occurrence of bacteria in the blood) than sclerotherapy. We do not know how frequently bacteremia occurs after banding or sclerotherapy. We conducted this study to compare the frequency of bacteremia after banding and sclerotherapy.

#### Who can participate?

Patients with liver disease admitted for upper gastrointestinal bleeding or those who came for variceal therapy who have had previous treatment for EV.

#### What does the study involve?

Those who came as an outpatient for elective sclerotherapy or banding were given their preferred treatment. New patients with upper GI bleeding were checked by endoscopy before any treatment. Those who required treatment were randomly allocated to either undergo either banding or sclerotherapy. Those who did not need treatment were considered as the control group. Blood samples of all patients were analysed at 5 and 30 minutes to check for bacteremia.

What are the possible benefits and risks of participating? There were no financial benefits of participating in this study. Patients received treatment for esophageal varices. There were no obvious risks.

Where is the study run from? Thomason General Hospital in El Paso, Texas, USA.

When is the study starting and how long is it expected to run for? July 1995 to April 1997.

Who is funding the study? Investigator initiated and funded (USA). Who is the main contact? Marc J Zuckerman, MD Marc.Zuckerman@ttuhsc.edu

## **Contact information**

**Type(s)** Scientific

**Contact name** Prof Marc Zuckerman

**Contact details** Division of Gastroenterology Texas Tech University Health Sciences Center 4800 Alberta Avenue El Paso United States of America 79905

## Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N/A

## Study information

#### Scientific Title

A prospective randomized study on the risk of bacteremia in banding versus sclerotherapy of esophageal varices

#### Study objectives

After endoscopic variceal ligation (EVL) was introduced, we designed this prospective randomized study to compare the rate of bacteremia after endoscopic esophageal variceal ligation with that of sclerotherapy.

### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Texas Tech University Health Sciences Center Institutional Review Board, 03/16/1993

Study design

Prospective randomized study in single center done before to register retrospective clinical study

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

Study setting(s) Hospital

**Study type(s)** Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Bacteremia in patients with liver disease admitted for UGI bleeding

#### Interventions

All patients were screened using endoscopy. Outpatients for vacricela therapy to undergo: banding or sclerotherapy.

Patients with upper GI bleeding were randomised to:

1. Banding

2. Sclerotherapy

Blood cultures were obtained before, 5 and 30 minutes after endoscopy to check for bacteremia.

Intervention Type

Other

**Phase** Not Applicable

#### Primary outcome measure

Blood cultures were drawn via separate venous punctures of the forearm before endoscopy (BCX1), at 5 minutes (BCX2), and 30 minutes (BCX3) after the endoscopy.

#### Secondary outcome measures

Continuous data were described using mean and standard deviation (SD) while categorical data were described frequency and proportion. Baseline characteristics were compared among groups. Continuous data were compared using one-way analysis of variance (ANOVA), while categorical data were compared using Fishers exact test.

#### Overall study start date

01/07/1995

## Completion date

01/04/1997

# Eligibility

#### Key inclusion criteria

Patients with liver disease admitted for UGI bleeding or for outpatient elective variceal therapy with previous EVS and EVL at Thomason General Hospital in El Paso, Texas, from July 1995 to April 1997

Participant type(s)

Patient

**Age group** Adult

**Sex** Both

**Target number of participants** 94

**Total final enrolment** 94

**Key exclusion criteria** Patients were excluded if they had received any antibiotics in the last 2 weeks before inclusion in the study

Date of first enrolment 01/07/1995

Date of final enrolment 01/04/1997

## Locations

**Countries of recruitment** United States of America

**Study participating centre Division of Gastroenterology** El Paso United States of America 79905

## Sponsor information

**Organisation** Texas Tech University Health Sciences Center (USA)

**Sponsor details** 4800 Alberta Avenue El Paso United States of America 79905

**Sponsor type** University/education

ROR https://ror.org/033ztpr93

## Funder(s)

**Funder type** Other

**Funder Name** Investigator initiated and funded (USA)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	02/05/2016	16/10/2019	Yes	No