The efficacy of playing a virtual reality (VR) game in modulating pain for children with acute burn injuries: A randomised controlled trial

Submission date	Recruitment status	Prospectively registered		
23/02/2005	No longer recruiting	☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/02/2005	Completed	[X] Results		
Last Edited 13/10/2009	Condition category Injury, Occupational Diseases, Poisoning	☐ Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

Study information

Scientific Title

Acronym

VR for pain relief

Study objectives

The efficacy of playing a virtual reality (VR) game in modulating pain for children with acute burn injuries

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Paediatric burns

Interventions

The test administrations of routine pharmacological analgesia or routine pharmacological analgesia coupled with virtual reality were randomly assigned to each half of the burns dressing change (removal of existing burns dressings or application of fresh dressings) following a coin toss determining the sequence. The child and parents were given a standard explanation about the VR administration and the VR game. If required, subjects were allowed a short preview to assist them to understand how to play the game.

Intervention Type

Other

Phase

Primary outcome measure

The subjects were asked to score their average pain experience at the end of each phase of the dressing change procedure (VR and pharmacological analgesics, and pharmacological analgesics only). Pain was scored using a modified self-report Faces pain scale. The scale depicts increasing levels of pain and is offered in combination with a visual analogue scale of 0-10, associated with each picture representing a level of pain. Parents/carers and nurses were also interviewed by the data collector at these times, using open ended questions to obtain views regarding the child's anxiety and perception of pain, and utility of VR in a clinical setting.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/2004

Completion date

31/12/2004

Eligibility

Key inclusion criteria

All children admitted to one specific ward (Newlands Ward), Women's and Children's Hospital, aged between 5 and 18 years, having burns to more than three percent of their body surface area, and requiring dressing changes, were eligible for inclusion in the study.

Participant type(s)

Patient

Age group

Child

Sex

Both

Target number of participants

9

Key exclusion criteria

Children with burns to their hands, face or head, past history of epilepsy and reduced intellectual capacity were not included, as they would have been unable to appropriately use the VR equipment.

Date of first enrolment

01/01/2004

Date of final enrolment

31/12/2004

Locations

Countries of recruitment

Australia

Study participating centre Centre for Allied Health Evidence Adelaide Australia 5000

Sponsor information

Organisation

Women's and Children's Hospital (Australia)

Sponsor details

c/o Tony Sparnon Adelaide Australia 5000 drews@wch.sa.gov.au

Sponsor type

Hospital/treatment centre

Website

http://www.wch.sa.gov.au/

ROR

https://ror.org/03kwrfk72

Funder(s)

Funder type

University/education

Funder Name

University of South Australia (Australia)

Alternative Name(s)

UniversitySA, UniSA

Funding Body Type

Government organisation

Funding Body Subtype

Universities (academic only)

Location

Australia

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	03/03/2005		Yes	No