

# Anti-depressants for depression in Huntington's disease

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<b>Registration date</b> 02/10/2025	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 25/09/2025	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Huntington's Disease (HD) is a condition that causes problems with movement and thinking, which get worse over time. Many people with HD also experience depression, which affects their quality of life and ability to do everyday activities. Treating depression well could help people with HD and their families feel better and may reduce the need for expensive healthcare. However, depression in HD may be different from depression in people without HD, so it is not clear how well antidepressants work for people with HD. This study aims to find out if a larger trial of antidepressants for depression in HD is possible and what is the best way to measure depression in people with HD.

### Who can participate?

Adults who have Huntington's Disease and report mild or moderate symptoms of depression to their doctor may be able to take part.

### What does the study involve?

Participants are randomly assigned to receive either a common antidepressant (Sertraline) or a dummy pill (placebo) for 6 months. They have assessments of depression and other HD symptoms at the start of the study and again after 6 months. The study also collects blood and a small sample of the fluid around the brain (using a lumbar puncture) to see if antidepressant treatment changes certain substances linked to inflammation. The study also looks at how many people are willing to join and stay in the study, and which depression measures work best.

### What are the possible benefits and risks of participating?

Taking part may help researchers learn more about how to treat depression in HD, which could benefit participants and others in the future. Participants may or may not notice an improvement in their own symptoms. Risks include possible side effects from the medication, and discomfort or risks from blood tests and lumbar puncture. All procedures are explained and carried out by experienced staff.

### Where is the study run from?

Cardiff University (UK)

When is the study starting and how long is it expected to run for?  
The study is expected to start soon and runs for about 6 months for each participant.

Who is funding the study?  
Health and Care Research Wales (UK)

Who is the main contact?  
Duncan.Mclauchlan@wales.nhs.uk  
DEVISEHD@cardiff.ac.uk

## Contact information

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Scientific, Principal investigator

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# Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

## Integrated Research Application System (IRAS)

1010717

## ClinicalTrials.gov (NCT)

Nil known

## Protocol serial number

02-TC-24-024

# Study information

## Scientific Title

Developing EVIdence for AntidepreSsant ChoicE to Treat Depression in Huntington's Disease

## Acronym

DEVISE-HD

## Study objectives

The primary objective is to determine the feasibility of a blinded, placebo-controlled trial of antidepressants in people with HD

This feasibility trial has three five secondary objectives:

1. Determine the minimal clinically important difference (MCID), ceiling and floor effects for established measures of depression in HD, to inform outcome selection for a future efficacy trial
2. Determine potential effect sizes in outcome of interest to inform power calculations for a future efficacy trial
3. Determine if there are differences on clinical and fluid biomarkers of disease progression with antidepressant treatment
4. Determine the percentage of participants who are registered in ENROLL
5. Determine the percentage of participants who are registered in HDClarity

## Ethics approval required

Ethics approval required

## Ethics approval(s)

notYetSubmitted, Ethics committee name not provided (Address not provided, City not provided, Zip/postal code not provided; Telephone number not provided; Email not provided), ref: Reference number not provided

## Study design

Double-blind randomized controlled feasibility trial

## Primary study design

Interventional

**Study type(s)**

Treatment, Efficacy

**Health condition(s) or problem(s) studied**

Antidepressant treatment for depression in individuals with a confirmed genetic diagnosis of Huntington's Disease.

**Interventions**

Randomisation will take place online through a bespoke system built for the trial to maintain the blind.

Participants will be randomised to receive either 50mg of sertraline or Placebo daily for 6 months. Participants will take the IMP orally. Total follow up duration is 6 months for both arms.

**Intervention Type**

Drug

**Phase**

Phase IV

**Drug/device/biological/vaccine name(s)**

Sertraline

**Primary outcome(s)**

Feasibility outcomes measured at 6 months post recruitment:

1. Recruitment
2. Retention
3. Data completeness
4. Medication adherence

**Key secondary outcome(s)**

1. Depression severity is measured using the Montgomery Asberg Depression Rating Scale (MADRS) at baseline, 8 weeks, and 6 months post randomisation
2. Depressive symptoms are measured using the Beck Depression Inventory-II (BDI-II) at baseline, 8 weeks, and 6 months post randomisation
3. Depressive symptoms are measured using the Patient Health Questionnaire-9 (PHQ-9) at baseline, 8 weeks, and 6 months post randomisation
4. Problem behaviours are measured using the Problem Behaviour Assessment at baseline, 8 weeks, and 6 months post randomisation
5. Suicidal ideation and behaviour are measured using the Columbia Suicide Severity Rating Scale (C-SSRS) at baseline, 8 weeks, and 6 months post randomisation
6. Disability is measured using the WHO Disability Assessment Schedule 2.0 (WHODAS 2.0) at baseline, 8 weeks, and 6 months post randomisation
7. Perceived social support is measured using the MOS Social Support Survey at baseline, 8 weeks, and 6 months post randomisation
8. Clinical progression of Huntington's Disease is measured using the critical Unified Huntington's Disease Rating Scale (cUHDRS) at baseline and 6 months
9. Motor function is measured using the motor assessment component of the cUHDRS at baseline and 6 months
10. Functional ability is measured using the functional assessment component of the cUHDRS at baseline and 6 months
11. Cognitive function, including association between visual association and memory/thought

processing and cognitive inhibition, is measured using the cognitive assessment components of the cUHDS at baseline and 6 months

**Completion date**

31/05/2027

## Eligibility

**Key inclusion criteria**

1. Adult participants (age  $\geq 18$ ), with a confirmed positive genetic test of HD
2. Presenting with a new episode of depression, defined by patient report of low mood and PBAs depressed mood item (i.e. not experiencing depressive symptoms for at least 4 months before the new episode)
3. Presenting with depressive symptomatology defined by patient report of low mood and PBAs depressed mood item score  $>1$  for both severity and frequency

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

100 years

**Sex**

All

**Key exclusion criteria**

1. Currently taking an antidepressant medication or have taken antidepressants in the last six months (for any indication)
2. A previous reaction and/or contraindication to sertraline, and/or Sertraline found to be ineffective
3. Any brain illness/injury, other than HD that, or medication in the opinion of the principal investigator, is likely to contribute to depressive symptoms
4. Any participant with severe depression (PBAs severity  $>3$ ) or suicidal ideation (due to higher risk of deterioration and suicide in this group).
5. Not able to give informed consent

**Date of first enrolment**

01/02/2026

**Date of final enrolment**

31/10/2026

# Locations

## Countries of recruitment

United Kingdom

England

Wales

## Study participating centre

### Cardiff and Vale NHS Trust

Cardigan House

University Hospital of Wales

Heath Park

Cardiff

United Kingdom

CF14 4XW

## Study participating centre

### Birmingham and Solihull Mental Health NHS Foundation Trust

The Uffculme Centre

52 Queensbridge Road

Moseley

Birmingham

United Kingdom

B13 8QY

## Study participating centre

### Betsi Cadwaladr University Lhb Colwyn Bay Office

Princes Park

Princes Drive

Colwyn Bay

United Kingdom

LL29 8PL

# Sponsor information

## Organisation

Cardiff University

ROR

## Funder(s)

### Funder type

Government

### Funder Name

Health and Care Research Wales

### Alternative Name(s)

Health & Care Research Wales, Health Care Research Wales, Ymchwil lechyd a Gofal Cymru, HCRW

### Funding Body Type

Government organisation

### Funding Body Subtype

Research institutes and centers

### Location

United Kingdom

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study will be available upon request from the trial manager by emailing [DEVISEHD@cardiff.ac.uk](mailto:DEVISEHD@cardiff.ac.uk)

### IPD sharing plan summary

Available on request

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes