

# The effects of bisphosphonates on disease activity and bone status in ankylosing spondylitis (BIAS)

<b>Submission date</b> 04/05/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/05/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 03/02/2014	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Study website

<http://www.arc.org.uk/research/grantdet.asp?Code=B0735>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

14585

# Study information

## Scientific Title

## Acronym

BIAS

## Study objectives

The bisphosphonates will not alter clinical outcome in ankylosing spondylitis

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Ankylosing Spondylitis (AS)

## Interventions

Placebo or Alendronate 70 mg weekly

## Intervention Type

Drug

## Phase

Not Specified

**Drug/device/biological/vaccine name(s)**

alendronate

**Primary outcome measure**

BAS-G

**Secondary outcome measures**

BASDAI, BASFI and BASRI, ESR, CRP, use of NSAIDs, bone density and vertebral deformity.

**Overall study start date**

01/08/2004

**Completion date**

31/08/2006

## Eligibility

**Key inclusion criteria**

Age > 21, stable dose of non-steroidal anti-inflammatory drug (NSAID) for last four weeks. Need to fulfil New York Criteria for AS.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

180

**Key exclusion criteria**

1. Systemic steroids for the last three months
2. Bisphosphonates in the last 12 months
3. Oesophageal disease or active peptic ulcer
4. Unable to give informed consent
5. Known Paget's Disease
6. Renal disease with creatinine >150 mmol/l, hypercalcaemia, osteomalacia, inflammatory bowel disease, known malignancy and reduced life expectancy <2 years

**Date of first enrolment**

01/08/2004

**Date of final enrolment**

31/08/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Dept of Rheumatology**

Bath

United Kingdom

BA1 1RL

## **Sponsor information**

**Organisation**

Royal National Hospital for Rheumatic Diseases (UK)

**Sponsor details**

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**Sponsor type**

Not defined

**ROR**

<https://ror.org/05va5gy74>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

Arthritis Research Campaign 14585

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration