

# A Simplified Goal-directed Protocol Improves Clinical Outcomes in Patients with Septic Shock: A Randomized Controlled Trial

**Submission date**  
24/11/2005

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
28/11/2005

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
15/05/2007

**Condition category**  
Infections and Infestations

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

### Scientific Title

### Study objectives

We sought to evaluate whether a goal-directed protocol, without measurement of central venous oxygen saturation (ScVO<sub>2</sub>), would improve survival in patients with septic shock.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

The institutional review board approved this study

### Study design

A Randomized Controlled Trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Septic shock

### Interventions

The patients with septic shock were randomly assigned to receive therapy with or without a written protocol utilizing central venous pressure, mean arterial pressure and urine output as therapeutic goals.

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

ICU and in-hospital mortality

**Secondary outcome measures**

Length of ICU stay, length of hospital stay, and duration of mechanical ventilation.

**Overall study start date**

01/07/2003

**Completion date**

28/02/2004

## **Eligibility**

**Key inclusion criteria**

Patients admitted to intensive care unit (ICU) with diagnosis of septic shock were included in this study.

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

224

**Key exclusion criteria**

Exclusion criteria included age less than 18 years, pregnancy, or the presence of an acute cerebral vascular event, acute coronary syndrome, acute pulmonary edema, status asthmaticus, cardiac dysrhythmias (as a primary diagnosis), active gastrointestinal hemorrhage, seizure, drug overdose, burn injury, trauma, a requirement for immediate surgery, uncured cancer, immunosuppression, do-not-resuscitate status, or patient or family refusal to participate.

**Date of first enrolment**

01/07/2003

**Date of final enrolment**

28/02/2004

## **Locations**

**Countries of recruitment**

Taiwan

**Study participating centre**

199 Tun Hwa N. Road

Taipei

Taiwan  
105

## Sponsor information

### Organisation

Chang Gung Memorial Hospital (Taiwan)

### Sponsor details

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### Sponsor type

Hospital/treatment centre

### ROR

<https://ror.org/02verss31>

## Funder(s)

### Funder type

Government

### Funder Name

NSC-92-2314-B-182A-069, National Science Council, Taiwan, R.O.C

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	01/12/2006		Yes	No