# A prospective, controlled randomised study investigating functional outcome, with early and late physiotherapy, on patients following a fractured proximal humerus.

Submission date	Recruitment status  No longer recruiting	Prospectively registered		
23/01/2004		☐ Protocol		
Registration date 23/01/2004	Overall study status Completed	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 09/12/2008	Condition category Injury, Occupational Diseases, Poisoning	Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration

### Contact information

#### Type(s)

Scientific

#### Contact name

Mr D Stanley

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

#### Secondary identifying numbers

RBF 98X42

# Study information

#### Scientific Title

#### **Study objectives**

To examine the functional outcome of patients sustaining a fractured proximal humerus, following early and late physiotherapy.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

**Not Specified** 

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Injury, occupational diseases, poisoning: Musculoskeletal injury

#### **Interventions**

- 1.. Physiotherapy within one week of their interviews
- 2. Physiotherapy at three weeks following their injury.

Both groups will receive treatment by senior physiotherapists who will be following a physiotherapy protocol for treatment and home exercises. Functional outcome measurements will be taken at three intervals.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Outcome measure: SF-36 and C-MSA (Constant-Murley shoulder assessment)

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/10/1998

#### Completion date

30/04/2001

# **Eligibility**

#### Key inclusion criteria

120 patients sustaining fractured proximal humerus

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

120

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/10/1998

#### Date of final enrolment

30/04/2001

# Locations

#### Countries of recruitment

England

**United Kingdom** 

#### Study participating centre

#### Orthopaedics

Sheffield United Kingdom S5 7AU

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

#### Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

#### Funder type

Government

#### **Funder Name**

NHS Executive Trent (UK)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2003		Yes	No
Results article	2 -year follow-up results	01/03/2007		Yes	No