

# BiRmingham Early Detection In untREated psyChosis Trial

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 30/06/2009	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0138126546

# Study information

## Scientific Title

## Acronym

REDIRECT

## Study objectives

The Redirect Trial is a stratified-cluster randomised controlled trial to evaluate the effect of a multifaceted, evidence-based educational intervention to assist general practitioners (GPs) to recognise first episode psychosis (FEP) in young people. We hypothesised that training GPs to recognise FEP would increase referrals to specialist secondary care services and improve clinical outcomes in young people with FEP.

Can duration of untreated psychosis (DUP) be reduced by a primary care training programme in early recognition of psychosis and adherence to guidelines?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Stratified-cluster randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Psychosis

## Interventions

The study is a cluster randomisation trial with consenting GP practices randomly allocated to early detection training or 'detection as usual'.

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Rate of patient referral
2. Assessment of the difference in the number of referrals of young people with FEP to secondary care services between study groups

**Secondary outcome measures**

1. Use of the Mental Health Act
2. GP consultation rate
3. Duration of untreated psychosis
4. Time to recovery

**Overall study start date**

01/01/2003

**Completion date**

31/12/2006

**Eligibility****Key inclusion criteria**

160 new patients in 78 GP practices (39 intervention, 39 control) over a 2 year period.

**Participant type(s)**

Patient

**Age group**

Other

**Sex**

Both

**Target number of participants**

160

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

31/12/2006

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Dept of Primary Care and General Practice**

Birmingham

United Kingdom

B15 2TT

## **Sponsor information**

**Organisation**

Department of Health

**Sponsor details**

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Midland Research Practices Consortium (MidReC) (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	08/03/2005		Yes	No
<a href="#">Results article</a>	results	01/06/2009		Yes	No