

# Reshaping breast care services - a role for dietitians?

<b>Submission date</b> 06/03/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 24/04/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 10/07/2017	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
8.0

# Study information

## Scientific Title

Reshaping breast care services - a role for dietitians?

## Study objectives

1. Of all postmenopausal women diagnosed with breast cancer and offered the intervention 50% will enrol on a group healthy eating program.
2. Difference in change of overall diet quality scores will be 10 points higher for women in the 'healthy eating' group compared to women in usual care.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Southampton & South West Hampshire Research Ethics Committee (B), 27/12/2006, ref: 06/Q1704/144

## Study design

Mixed methods

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Quality of life

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Breast cancer

## Interventions

A group 'healthy eating' program of 4 x 2 hour sessions over a six-month period vs usual care

## Intervention Type

Behavioural

## Primary outcome measure

Number of women who enrol in the group healthy eating program

## Secondary outcome measures

1. Overall diet quality score
2. Weight

**Overall study start date**

01/04/2007

**Completion date**

31/05/2008

## Eligibility

**Key inclusion criteria**

All postmenopausal women diagnosed with breast cancer

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

400

**Key exclusion criteria**

All premenopausal women diagnosed with breast cancer

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

31/05/2008

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Southampton General Hospital

Southampton

United Kingdom

SO16 6YD

# Sponsor information

## Organisation

Southampton University NHS Hospitals Trust (UK)

## Sponsor details

Tremona Road  
Southampton  
England  
United Kingdom  
SO16 6YD

## Sponsor type

Hospital/treatment centre

## ROR

<https://ror.org/0485axj58>

# Funder(s)

## Funder type

Government

## Funder Name

UK Department of Health, National Coordinating Centre for Research Capacity Development  
(Ref: PAS/RDA/01/05/2005)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration