

# Reshaping breast care services - a role for dietitians?

<b>Submission date</b> 06/03/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 24/04/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 10/07/2017	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
8.0

## Study information

**Scientific Title**  
Reshaping breast care services - a role for dietitians?

**Study objectives**

1. Of all postmenopausal women diagnosed with breast cancer and offered the intervention 50% will enrol on a group healthy eating program.
2. Difference in change of overall diet quality scores will be 10 points higher for women in the 'healthy eating' group compared to women in usual care.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Southampton & South West Hampshire Research Ethics Committee (B), 27/12/2006, ref: 06/Q1704/144

**Study design**

Mixed methods

**Primary study design**

Intentional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Breast cancer

**Interventions**

A group 'healthy eating' program of 4 x 2 hour sessions over a six-month period vs usual care

**Intervention Type**

Behavioural

**Primary outcome(s)**

Number of women who enrol in the group healthy eating program

**Key secondary outcome(s)**

1. Overall diet quality score
2. Weight

**Completion date**

31/05/2008

**Eligibility****Key inclusion criteria**

All postmenopausal women diagnosed with breast cancer

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

All premenopausal women diagnosed with breast cancer

**Date of first enrolment**

01/04/2007

**Date of final enrolment**

31/05/2008

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Southampton General Hospital**

Southampton

United Kingdom

SO16 6YD

**Sponsor information****Organisation**

Southampton University NHS Hospitals Trust (UK)

**ROR**

<https://ror.org/0485axj58>

**Funder(s)****Funder type**

Government

**Funder Name**

UK Department of Health, National Coordinating Centre for Research Capacity Development  
(Ref: PAS/RDA/01/05/2005)

**Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration