

# Treatment of permanent front teeth affected by hypomineralisation (white and yellow spots)

<b>Submission date</b> 17/02/2022	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 04/05/2022	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 04/05/2022	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Hypomineralisation is a condition that affects the outer layer (enamel) of the teeth and can cause creamy/white/yellow/brown spots, enamel breakdown and tooth hypersensitivity. Hypersensitivity impairs tooth brushing and increases the risk of tooth decay. Resin infiltration treatment can improve the appearance of the teeth. This study aims to evaluate the effectiveness of resin infiltration in permanent incisors (front teeth) with yellow and white spots that are affected by hypomineralization.

### Who can participate?

Children aged 6 to 16 years who have permanent incisors affected by hypomineralization with white and yellow spots

### What does the study involve?

Chosen teeth are randomly allocated into two groups for one or multiple cycles of resin infiltration treatment. All teeth are assessed immediately and at 3 months after treatment.

### What are the possible benefits and risks of participating?

There are no known risks to participants as any failed treatment will be redone using another method.

### Where is the study run from?

Tishreen University (Syria)

### When is the study starting and how long is it expected to run for?

January 2022 to July 2022

### Who is funding the study?

Tishreen University (Syria)

### Who is the main contact?

1. Dr Nabih Raslan, [raslan.nabih@tishren.edu.sy](mailto:raslan.nabih@tishren.edu.sy)
2. Mr Shams Alghawe, [shams123490@gmail.com](mailto:shams123490@gmail.com)

# Contact information

## Type(s)

Scientific

## Contact name

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# Additional identifiers

## Clinical Trials Information System (CTIS)

Nil known

## ClinicalTrials.gov (NCT)

Nil known

## Protocol serial number

2654

# Study information

## Scientific Title

Management of permanent incisor affected by hypomineralisation using resin infiltration

## Study objectives

Using icon etch (hcl) several times can improve cosmetic appearance more than using it once

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 21/05/2019, institutional review board of Tishreen University (Latakia, PO Box 2230, Syria; Tel: not available; dean.dentist@tishreen.edu.sy), ref: 2654

## Study design

Interventional double-blind two-arm randomized controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

**Health condition(s) or problem(s) studied**

Molar incisor hypomineralisation

**Interventions**

Participants are randomly allocated to either group A and group B using a random table. Group A is treated with Icon Etch for several cycles until a positive ethanol test is reached, not to exceed 3 cycles, whereas group B is treated with Icon Etch once. Participants are asked to attend a follow-up examination with clinical evaluation at 3 months post-treatment.

**Intervention Type**

Procedure/Surgery

**Primary outcome(s)**

1. Full or partial positive spot coverage measured using a coverage scale immediately after treatment
2. Parent's satisfaction measured using a Likert scale immediately after treatment

**Key secondary outcome(s)**

Lesion color measured using the easysshade Compact device before and immediately after treatment and after 3 months

**Completion date**

01/07/2022

## **Eligibility**

**Key inclusion criteria**

1. Children who have permanent incisor with opacities
2. Aged 6 to 16 years

**Participant type(s)**

Healthy volunteer

**Healthy volunteers allowed**

No

**Age group**

Child

**Lower age limit**

6 years

**Upper age limit**

16 years

**Sex**

All

**Key exclusion criteria**

1. Children with signs of fluorosis, tetracycline staining, amelogenesis imperfecta, or generalized enamel hypoplasia
2. Undergoing orthodontic treatment
3. Opacities confined to the incisors only
4. Absence of parental consent to participate

**Date of first enrolment**

20/02/2022

**Date of final enrolment**

20/05/2022

**Locations****Countries of recruitment**

Syria

**Study participating centre**

**Tishreen University**

Faculty of Dentistry

Latakia

Syria

00963

**Sponsor information****Organisation**

Tishreen University

**ROR**

<https://ror.org/04nqts970>

**Funder(s)****Funder type**

University/education

**Funder Name**

Tishreen University

# Results and Publications

## **Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study are/will be available upon request from Dr Nabih Raslan (raslan.nabih@tishreen.edu.sy), from 3 months after publication up to 3 years. Data will be available for researchers who provide a methodological sound proposal.

## **IPD sharing plan summary**

Available on request