

# Interleukin-1 receptor antagonist in severe traumatic brain injury

**Submission date**

09/09/2008

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

24/11/2008

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

11/05/2016

**Condition category**

Injury, Occupational Diseases, Poisoning

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Mr Peter Hutchinson

**Contact details**

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Cambridge  
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CB2 0QQ

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

IL1ra 02 v04

## Study information

**Scientific Title**

A single centre phase II study of interleukin-1 receptor antagonist in the treatment of severe traumatic brain injury

**Study objectives**

Interleukin-1 receptor antagonist (IL-1ra) is safe, will cross the blood brain barrier and attenuate the cerebral inflammatory response to traumatic brain injury.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Cambridge Local Research Ethics Committee 2 (LREC 2), June 2008, ref: 06/Q0108/64

**Study design**

Open label randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Traumatic brain injury

**Interventions**

Participants are randomised to receive 5 days of 100 mg IL-1ra (Kineret) subcutaneously once a day or a placebo.

Clinical follow-up at 6 months.

**Intervention Type**

Drug

**Phase**

Phase II

**Drug/device/biological/vaccine name(s)**

Interleukin-1 receptor antagonist

**Primary outcome measure**

Safety: based on adverse events, follow-up assessment of outcome at 6 months.

**Secondary outcome measures**

1. IL-1ra, IL-1alpha, IL-1beta, IL-6, IL-8 in serum and by cerebral microdialysis, measured by 4-hourly serum markers twice daily
2. Cerebral lactate, pyruvate, glucose, glutamate, glycerol by cerebral microdialysis, measured by 4-hourly serum markers twice daily
3. Clinical follow-up at 6 months, Glasgow Outcome Scale (GOS) and 36-item Short Form Health Survey (SF-36)

**Overall study start date**

15/09/2008

**Completion date**

15/09/2009

**Eligibility****Key inclusion criteria**

1. Severe traumatic brain injury
2. Aged 16 - 65 years, either sex
3. Abnormal computed tomography (CT) scan requiring sedation, paralysis, ventilation and multi-modality monitoring as part of clinical care

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

26

**Key exclusion criteria**

1. Head injury unlikely to survive 5 days, e.g. bilaterally fixed dilated pupils
2. Follow up not possible
3. Not suitable for insertion of cranial access device, e.g. bleeding diathesis
4. Immunosuppression
5. Severe renal insufficiency
6. Pregnancy/nursing mothers
7. Known hypersensitivity to E. Coli derived products
8. Administration of live vaccine

**Date of first enrolment**

15/09/2008

**Date of final enrolment**

15/09/2009

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Level 4 A block, box 167

Cambridge

United Kingdom

CB2 0QQ

## **Sponsor information**

**Organisation**

Cambridge University Hospitals NHS Foundation Trust (UK)

**Sponsor details**

Research and Development

Addenbrookes Hospital

Hills Road

Cambridge

England

United Kingdom

CB2 0QQ

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.addenbrookes.org.uk/>

**ROR**

<https://ror.org/04v54gj93>

## **Funder(s)**

**Funder type**

Charity

**Funder Name**

Academy of Medical Sciences (UK)

**Alternative Name(s)**

The Academy of Medical Sciences

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/05/2014		Yes	No