Secondary Prevention of Acute Coronary
Events. Reduction Of Cholesterol to Key
European Targets: an open-label comparative
investigation of efficacy, tolerance and health
in 2,072 patients randomised to rosuvastatin or
'standard' simvastatin therapy following
hospital admission for new definition
myocardial infarction

Submission date	<b>Recruitment status</b> No longer recruiting	Prospectively registered		
25/02/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
03/06/2005	Completed	[X] Results		
<b>Last Edited</b> 08/08/2011	<b>Condition category</b> Circulatory System	[] Individual participant data		

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Alistair Hall

#### Contact details

The BHF Heart Research Centre G Floor Jubilee Building Leeds General Infirmary Leeds United Kingdom LS1 3EX

# Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

Scientific Title

#### Acronym

SPACE ROCKET

#### **Study objectives**

The aim of the SPACE ROCKET trial is to compare the clinical effectiveness of rosuvastatin 10 mg with simvastatin 40 mg on the surrogate endpoints of cholesterol lowering and tolerance, together with their ability to achieve key European cholesterol targets, in patients admitted to hospital for new definition myocardial infarction. The trial has been designed as an open-label, multi-centre, randomised, controlled, parallel group trial with equal randomisation of 2,072 patients. Consenting patients admitted to hospital for new definition myocardial infarction will be allocated to receive either rosuvastatin 10 mg or 'standard' treatment with simvastatin 40 mg for three months.

## Ethics approval required

Old ethics approval format

# Ethics approval(s)

Not provided at time of registration

# Study design

Randomised controlled trial

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

New definition myocardial infarction

#### **Interventions**

Patients will be randomised to receive either:

- 1. Simvastatin 40 mg, OR
- 2. Rosuvastatin 10 mg

Please note that the anticipated end date of this trial was extended to the 31st March 2007 following an extension to the funding.

#### Intervention Type

Drug

#### **Phase**

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Rosuvastatin, simvastatin

#### Primary outcome measure

Achievement of European lipid targets (Low-Density Lipoprotein [LDL] cholesterol less than 2.5 mmol/l or Total Cholesterol [TC] less than 4.5 mmol/l) at three months.

#### Secondary outcome measures

- 1. Patient tolerance:
- 1.1. Withdrawal from therapy at three months
- 1.2. Self-reported side-effects at three months
- 2. Efficacy:
- 2.1. Comparison of lipid parameters: TC, LDL cholesterol, High-Density Lipoprotein (HDL) cholesterol and triglycerides at three months
- 2.2. Achievement of National Cholesterol Education Program (NCEP) Adult Treatment Panel (ATP) III (LDL cholesterol less than 100 mg/dl or 2.6 mmol/l) at three months
- 2.3. Achievement of National Service Framework (NSF) targets (LDL cholesterol less than 3.0 mmol/l or TC less than 5.0 mmol/l) at three months
- 2.4. Achievement of new UK Joint Society targets (LDL cholesterol less than 2.0 mmol/l or TC less than 4.0 mmol/l) at three months
- 3. Safety:
- 3.1. Serious Adverse Events (up to and including three-month follow-up)
- 3.2. Biochemical markers: Creatine Linase (CK), Alanine aminotransferase (ALT), creatinine and proteinuria
- 4. Tertiary endpoints:
- 4.1. Cardiovascular events
- 4.2. Total mortality as monitored at three months
- 4.3. Total mortality as monitored indefinitely via Office of National Statistics (extending beyond three-month trial follow-up)

#### Overall study start date

01/04/2005

# Completion date

# **Eligibility**

#### Key inclusion criteria

Patients with the following characteristics are eligible for this trial:

- 1. Within two weeks of new definition Myocardial Infarction (MI) defined as a typical rise of biochemical markers of myocardial necrosis with one or more of the following:
- 1.1. ischaemic symptoms
- 1.2. development of pathological Q waves on the Electrocardiogram (ECG)
- 1.3. ECG changes indicative of ischaemia (ST segment elevation or depression)
- 1.4. coronary artery intervention (e.g. primary coronary angioplasty)
- 2. Requiring secondary prevention with a statin in the opinion of the attending clinician
- 3. Patient must have given written informed consent prior to any trial-specific procedures

## Participant type(s)

Patient

#### Age group

Adult

#### Sex

Both

## Target number of participants

2072

#### Key exclusion criteria

Patients with the following characteristics are ineligible for this trial, at the discretion of the attending medical team:

- 1. Not suitable for statin therapy as determined by the attending clinician
- 2. Previous statin intolerance
- 3. Known contra-indication for statin use:
- 3.1. hypersensitivity to the product
- 3.2. active liver disease including unexplained, persistent elevations of serum transaminases and any serum transaminase elevation exceeding three times the Upper Limit of Normal (ULN)
- 3.3. severe renal impairment
- 3.4. myopathy
- 3.5. concomitant cyclosporin
- 3.6. existing polymyositis or dermatomyositis
- 3.7. pre-disposing factors for myopathy/rhabdomyolysis, which include: moderate renal impairment, hypothyroidism, personal or family history of hereditary muscular disorders, alcohol abuse, situations where an increase in plasma levels may occur, concomitant use of fibrates
- 4. Already receiving simvastatin 80 mg or atorvastatin 80 mg at time of admission
- 5. Randomised to the trial during previous admission
- 6. Aged under 18 years at the time of recruitment
- 7. Women of childbearing potential not using an effective method of contraception
- 8. Women who are pregnant or breast-feeding
- 9. Participation in another pharmacotherapeutic study within the prior 30 days or currently receiving an experimental pharmacological agent
- 10. Taking drugs associated with rhabdomyolysis in combination with statins (i.e. strong

cytochrome P450-3A4 inhibitors such as erythromycin) or other concomitant drugs with special warnings or precautions (as per Summary of Product Characteristics [SPC] for both drugs), for example: fibrates, gemfibrozil, cyclosporin, nicotinic acid, azole antifungals, protease inhibitors, macrolide antibiotics, amiodarone, verapamil, diltiazem or nefazodone

11. Proteinuria ++/+++

12. Excess alcohol consumption (greater than 50 units per week)

#### Date of first enrolment

01/04/2005

#### Date of final enrolment

30/04/2006

# Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
The BHF Heart Research Centre G Floor
Leeds
United Kingdom
LS1 3EX

# Sponsor information

#### Organisation

University of Leeds (UK)

#### Sponsor details

Research Office Room 7.11 Level 7 Worsley Building University of Leeds Leeds England United Kingdom LS2 9NL

#### Sponsor type

University/education

#### ROR

# Funder(s)

# Funder type

Industry

#### **Funder Name**

AstraZeneca (UK)

# Alternative Name(s)

AstraZeneca PLC, Pearl Therapeutics

#### **Funding Body Type**

Government organisation

# **Funding Body Subtype**

For-profit companies (industry)

#### Location

**United Kingdom** 

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2009		Yes	No
Results article	results of GEOSTAT-1 sub-study	01/06/2010		Yes	No