

Placement Budgets for supported employment - improving competitive employment for people with mental illness

Submission date 16/11/2011	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
Registration date 30/11/2011	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 06/08/2019	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

People with severe mental illness should have access to competitive employment in order to improve their chances of social integration. At present the most successful approach is supported employment, where a job coach helps patients to find competitive employment as soon as possible, corresponding to their wishes, and continues to support them, so that jobs can be held down as long as possible. Studies have found that the goal of taking up employment within 2 months is rarely achieved. The aim of this study is to find out whether limiting the number of working hours the job coach spends finding a job for each patient (the placement budget) leads to a faster take up of competitive employment. If this is true, the job coach could invest more working hours supporting the patient on the job and his/her employer.

Who can participate?

Patients of working age (18-60) undergoing treatment in one of the six participating outpatient psychiatric clinics, who have been unemployed for 12 months and are looking for competitive employment.

What does the study involve?

Participants are randomly allocated to one of three set placement budgets (either 25, 40 or 55 hours with the job coach). They are supported by a job coach for a maximum of 2 years. As part of this process an interview lasting about one hour takes place upon entering the study and every six months thereafter, regardless of whether the participant is still in the job coaching or not. The questioning of the participants therefore stretches over a period of 3 years.

What are the possible benefits and risks of participating?

Not provided at time of registration.

Where is the study run from?

Six outpatient psychiatric clinics in the Canton of Zurich (Switzerland).

When is the study starting and how long is it expected to run for?
June 2010 to May 2014.

Who is funding the study?
The Zurich Program for Sustainable Development of Mental Health Services (ZInEP).

Who is the main contact?
Dr Carlos Nordt

Study website
<http://www.zinep.ch/en/content/supported-employment>

Contact information

Type(s)
Scientific

Contact name
Dr Carlos Nordt

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8032

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title
Placement Budgets for supported employment - improving competitive employment for people with mental illness: a randomized controlled trial

Study objectives
1. The more limited the amount of working hours of a job coach to find a job (limited placement budget) the faster a placement in the open, competitive employment. If this is true, the job coach could invest more working hours to support the patient on the job and his/her employer.

2. Reveal factors for fast job placement and long-term job tenure. Primary issues are motivation, stigmatization, social network and social support, quality of life, job satisfaction, financial situation, and health conditions. Neuro-cognitive tests will be conducted to control confounding variables.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Zurich Cantonal Ethics Committee (CEC), Division 3 (Kantonale Ethik-Kommission Zürich (KEK) Abteilung 3), 30/09/2009, ref E-51/2009

Study design

Multicentre randomized controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Mental illness

Interventions

Supported Employment according to the IPS (Individual Placement and Support) model, randomizing the patients to three different placement budgets of 25h, 40h, or 55h working hours of the job coaches. Supported Employment lasts two years for those who find a job. The intervention ends if the placement budgets run out for those who didnt find a competitive employment.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Time between study inclusion and first competitive employment that lasted 3 months or longer

Secondary outcome measures

1. Motivation
2. Stigmatization

3. Social network and social support

4. Quality of life

5. Job satisfaction

6. Financial situation

7. Health conditions

Measured at baseline (t0) and every six months thereafter (t1-t6)

Overall study start date

01/06/2010

Completion date

31/05/2014

Eligibility

Key inclusion criteria

1. Current treatment in one of the six participating outpatient psychiatric clinics

2. Twelve months unemployment and no program of vocational integration over the last three months

3. Motivation to work in competitive employment

4. Working age (18-60 years)

5. Resident in the canton of Zurich

6. Willing and capable of giving informed consent

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Upper age limit

60 Years

Sex

Both

Target number of participants

100

Total final enrolment

116

Key exclusion criteria

1. Severe organic illness (ICD-10, F0)

1. Insufficient knowledge of German

Date of first enrolment

01/06/2010

Date of final enrolment

31/05/2014

Locations

Countries of recruitment

Switzerland

Study participating centre

Psychiatric University Hospital Zurich

Zurich

Switzerland

8032

Sponsor information

Organisation

Department of Health Canton Zurich (Gesundheitsdirektion Kanton Zürich) (Switzerland)

Sponsor details

Obstgartenstr. 19-21

Zurich

Switzerland

8090

Sponsor type

Government

ROR

<https://ror.org/038jmw351>

Funder(s)

Funder type

Government

Funder Name

Department of Health Canton Zurich (Gesundheitsdirektion Kanton Zürich) (Switzerland)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	04/10/2012		Yes	No
Results article	results	19/07/2019	06/08/2019	Yes	No