# The use of albumin to prevent exchange blood transfusions and improve outcome in neonates with severe hyperbilirubinaemia

Submission date	Recruitment status No longer recruiting	Prospectively registered		
13/04/2007		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
16/04/2007	Completed	[X] Results		
<b>Last Edited</b> 27/09/2019	Condition category Neonatal Diseases	[] Individual participant data		
	Neonatal Discases			

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Michael Mwaniki

#### Contact details

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## Additional identifiers

## Protocol serial number

KEMRI SCC 1016

# Study information

#### Scientific Title

The use of albumin to prevent exchange blood transfusions and improve outcome in neonates with severe hyperbilirubinaemia

#### **Study objectives**

- 1. To determine if albumin can prevent exchange blood transfusions in neonates with severe hyperbilirubinaemia
- 2. To determine if albumin improves the outcome of neonates with severe hyperbilirubinaemia

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Reviewed and approved by the Kenyan Nathional Ethics Review Committee on the 22nd Mwrch 2006 (ref: KEMRI SCC Protocol No 1016).

#### Study design

Randomised controlled trial of 20% albumin versus normal maintence fluids in neonates with severe hyperbilirubinaemia (total plasma bilirubin greater than 250 µmols/l).

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Neonates with severe hyperbilirubinaemia

#### **Interventions**

The intervention is 20% Albumin which is compared to normal maintenance fluid. The study participants are randomised into two arms namely those who receive the study drug(20% neonatal albumin in the first two hours) and those who just get routine internationally accepted management for jaundice from the start. After the first two hours the rest of the clinical management is the same. All the children are managed in the ward at the discretion of clinically qualified staff till discharge, thus the inpatient period will vary according to the severity of jaundice and any other co-morbidity.

At discharge general and neurological assessment is done by discharging clinicians for each child and then the discharge Event Related Potentials (ERPs) are performed. After discharge the children return to routine health care system. In case of any severe illness requiring hospitalisation the study team is informed.

Follow up assessments are planned at 12, 24, 36 months of age. These assessments consist of a general exam with anthropometric measurement and neurodevelopmental exam. Also at each point of exam after discharge, age and sex matched control (who never had jaundice or any severe illness that may lead to neurological impairment) will be used for comparison.

#### **Intervention Type**

Drug

#### **Phase**

**Not Specified** 

Drug/device/biological/vaccine name(s)

#### Albumin

#### Primary outcome(s)

- 1. Number of exchange blood transfusions
- 2. Mortality

Children will be discharged from the study after the 36 months of age.

#### Key secondary outcome(s))

1. Neurological sequelae on discharge and at 12, 24 & 36 months of age.

Children will be discharged from the study after the 36 months of age.

#### Completion date

30/05/2008

# **Eligibility**

#### Key inclusion criteria

- 1. Age 0 to 30 days
- 2. Bilirubin levels greater than 250 µmols/l
- 3. Neonates whose guardians consent to the study

#### Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

Neonate

#### Sex

All

#### Total final enrolment

118

#### Key exclusion criteria

- 1. Neonates with gross congenital abnormalities not compatible with life, such as neural tube defects
- 2. Clinical evidence of kernicterus
- 3. Severely ill neonates likely to die e.g., neonates with severe respiratory distress
- 4. Suspected obstructive jaundice e.g., biliary atresia

#### Date of first enrolment

01/06/2006

#### Date of final enrolment

30/05/2008

## Locations

#### Countries of recruitment

Kenya

Study participating centre PO Box 480

Kilifi Kenya 80108

# Sponsor information

## Organisation

Kenya Medical Research Institute (KEMRI) (Kenya)

#### **ROR**

https://ror.org/04r1cxt79

# Funder(s)

## Funder type

Charity

#### **Funder Name**

Kenya Medical Research Institute (KEMRI) (Kenya)

#### **Funder Name**

Wellcome Trust (grant ref: 077092)

Alternative Name(s)

## **Funding Body Type**

Private sector organisation

#### **Funding Body Subtype**

International organizations

#### Location

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	23/09/2019	27/09/2019	Yes	No