Effectiveness of peri-operative pregabalin as coadjuvant analgesic for cosmetic liposuction

Submission date	Recruitment status	Prospectively registered
07/02/2011	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
10/03/2011	Completed	Results
Last Edited	Condition category	Individual participant data
10/03/2011	Surgery	[] Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Pregabalin as co-adjuvant analgesic for pain management after cosmetic liposuction: a randomised, double-blind and placebo-controlled clinical trial of effectiveness

Study objectives

Null hypothesis:

Adding pregabalin to a conventional analgesic scheme does not decrease the pain intensity with movement, analgesic request, opioid-related side effects (nausea, vomiting, somnolence) or time elapsed for returning to regular activities in patients undergoing cosmetic liposuction.

Alternate hypothesis:

Adding pregabalin to a conventional analgesic scheme decreases the pain intensity with movement, analgesic request, opioid-related side effects (nausea, vomiting, somnolence), or time elapsed for returning to regular activities in patients undergoing cosmetic liposuction.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Bioethics Committee of the IPS Universitaria (Universidad de Antioquia) (Comité de Bioética de la IPS Universitaria) (Universidad de Antioquia) approved on the 6th March 2006

Study design

Interventional randomised placebo-controlled double-blind parallel multicentre trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Post-operative pain

Interventions

Interventional arm:

Blinded capsules of pregabalin 75 mg. The patients started to take the medication the night before the surgery and continued the prescription twice daily (BID) up to the fourth day after surgery. They also had access to a prescription by the surgeon that included a weak opioid + acetaminophen and ibuprofen 200 mg as the circumstances arises (prn)

Control arm:

Blinded capsules of placebo (physically identical to pregabalin capsules). The patients started to take the placebos the night before the surgery and continued the prescription BID up to the fourth day after surgery. They also had access to a prescription by the surgeon that included a weak opioid + acetaminophen and ibuprofen 200 mg prn.

Intervention Type

Drug

Phase

Phase IV

Drug/device/biological/vaccine name(s)

Pregabalin

Primary outcome(s)

Numerical Rating Scale of Pain Intensity at rest and movement-induced at days 1, 2 3 and 4 after surgery

Key secondary outcome(s))

- 1. Post-operative (days 1, 2 3 and 4) morphine-equivalent request
- 2. Incidence of nausea, vomiting and sedation at the same time-points

Completion date

01/09/2007

Eligibility

Key inclusion criteria

- 1. Women aged 18 70 years
- 2. American Society of Anesthesiologists physical status score I II
- 3. Scheduled for ambulatory cosmetic liposuction alone, liposuction and augmentation mammaplasty or liposuction and abdominoplasty under general anaesthesia

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

Female

Key exclusion criteria

- 1. Known allergy to any of the medications to be used (pregabalin, ibuprofen, tramadol or codeine)
- 2. Psychiatric illness
- 3. Chronic use (greater than 3 months) of steroids
- 4. Hypertension
- 5. Diabetes
- 6. Potential participants who were non-spanish speakers

Date of first enrolment

01/06/2006

Date of final enrolment

01/09/2007

Locations

Countries of recruitment

Canada

Colombia

Study participating centre 76 Stuart Street Kingston Canada K7L2V7

Sponsor information

Organisation

IPS University (IPS Universitaria) (Colombia) - Surgical Ambulatory Unit

Funder(s)

Funder type

University/education

Funder Name

IPS University (IPS Universitaria) (Colombia)- Surgical Ambulatory Unit, Department of Anaesthesia

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration